

Thurrock: A place of opportunity, enterprise and excellence, where individuals, communities and businesses flourish

## **Children's Services Overview and Scrutiny Committee**

The meeting will be held at 7.00 pm on 12 December 2017

Committee Room 1, Civic Offices, New Road, Grays, Essex, RM17 6SL

#### Membership:

Councillors Bukky Okunade (Chair), Graham Snell (Vice-Chair), Gary Collins, David Potter, Joycelyn Redsell and Luke Spillman

Myra Potter, Parent Governor Representative Kim James, Chief Operating Officer, HealthWatch Thurrock Lynda Pritchard, Church of England Representative

#### **Substitutes:**

Councillors Tom Kelly, Jane Pothecary and Sue Sammons

#### **Agenda**

Open to Public and Press

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#### 1 Apologies for Absence

2 Minutes 5 - 16

To approve as a correct record the minutes of Children's Services Overview and Scrutiny Committee meeting held on 10 October 2017.

#### 3 Items of Urgent Business

To receive additional items that the Chair is of the opinion should be considered as a matter of urgency, in accordance with Section 100B (4) (b) of the Local Government Act 1972.

#### 4 Declaration of Interests

#### 5 Items Raised by Thurrock Local Safeguarding Children Board

This item is reserved to discuss any issues raised by the Thurrock Local Safeguarding Children Board.

#### 6 Youth Cabinet Update

#### 7 Emotional Wellbeing and Mental Health Service Presentation

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#### Exclusion of the Public and Press

Members are asked to consider whether the press and public should be excluded from the meeting during consideration of an agenda item on the grounds that it involves the likely disclosure of exempt information as specified in Part I of Schedule 12A of the Local Government Act 1972 or it being confidential for the purposes of Section 100A(2) of that Act.

In each case, Members are asked to decide whether, in all the circumstances, the public interest in maintaining the exemption (and discussing the matter in private) outweighs the public interest in disclosing the information.

Queries regarding this Agenda or notification of apologies:

Please contact Wendy Le, Democratic Services Officer by sending an email to Direct.Democracy@thurrock.gov.uk

Agenda published on: 4 December 2017



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Breaching those parts identified as a pecuniary interest is potentially a criminal offence

#### **Helpful Reminders for Members**

- Is your register of interests up to date?
- In particular have you declared to the Monitoring Officer all disclosable pecuniary interests?
- Have you checked the register to ensure that they have been recorded correctly?

#### When should you declare an interest at a meeting?

- What matters are being discussed at the meeting? (including Council, Cabinet, Committees, Subs, Joint Committees and Joint Subs); or
- If you are a Cabinet Member making decisions other than in Cabinet what matter is before you for single member decision?



#### Does the business to be transacted at the meeting

- relate to; or
- · likely to affect

any of your registered interests and in particular any of your Disclosable Pecuniary Interests?

Disclosable Pecuniary Interests shall include your interests or those of:

- your spouse or civil partner's
- a person you are living with as husband/ wife
- a person you are living with as if you were civil partners

where you are aware that this other person has the interest.

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#### **Pecuniary**

If the interest is not already in the register you must (unless the interest has been agreed by the Monitoring Officer to be sensitive) disclose the existence and nature of the interest to the meeting

If the Interest is not entered in the register and is not the subject of a pending notification you must within 28 days notify the Monitoring Officer of the interest for inclusion in the register

Unless you have received dispensation upon previous application from the Monitoring Officer, you must:

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- Not participate in any vote or further vote taken at the meeting; and
- leave the room while the item is being considered/voted

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Declare the nature and extent of your interest including enough detail to allow a member of the public to understand its nature

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**Vision: Thurrock**: A place of **opportunity**, **enterprise** and **excellence**, where **individuals**, **communities** and **businesses** flourish.

To achieve our vision, we have identified five strategic priorities:

- **1. Create** a great place for learning and opportunity
  - Ensure that every place of learning is rated "Good" or better
  - Raise levels of aspiration and attainment so that residents can take advantage of local job opportunities
  - Support families to give children the best possible start in life
- 2. Encourage and promote job creation and economic prosperity
  - Promote Thurrock and encourage inward investment to enable and sustain growth
  - Support business and develop the local skilled workforce they require
  - Work with partners to secure improved infrastructure and built environment
- 3. Build pride, responsibility and respect
  - Create welcoming, safe, and resilient communities which value fairness
  - Work in partnership with communities to help them take responsibility for shaping their quality of life
  - Empower residents through choice and independence to improve their health and well-being
- 4. Improve health and well-being
  - Ensure people stay healthy longer, adding years to life and life to years
  - Reduce inequalities in health and well-being and safeguard the most vulnerable people with timely intervention and care accessed closer to home
  - Enhance quality of life through improved housing, employment and opportunity
- **5. Promote** and protect our clean and green environment
  - Enhance access to Thurrock's river frontage, cultural assets and leisure opportunities
  - Promote Thurrock's natural environment and biodiversity
  - Inspire high quality design and standards in our buildings and public space

## Minutes of the Meeting of the Children's Services Overview and Scrutiny Committee held on 10 October 2017 at 7.00 pm

**Present:** Councillors Bukky Okunade (Chair), Graham Snell (Vice-Chair),

Gary Collins, David Potter, Joycelyn Redsell and

Angela Sheridan.

Myra Potter, Parent Governor Representative

Lynda Pritchard, Church of England Representative

**In attendance:** George Wright, Thurrock Youth Cabinet Representative

Adam O' Shea, Thurrock Youth Cabinet Representative Rory Patterson, Corporate Director of Children's Services Sheila Murphy, Assistant Director of Children's Services and

**Targeted Outcomes** 

Roger Edwardson, Interim Strategic Leader School

Improvement, Learning and Skills

Tina Martin, Statutory & Corporate Complaints Officer

Malcolm Taylor, Strategic Lead Inclusion / Principal Educational

**Psychologist** 

Iqbal Vaza, Strategic Lead, Performance Quality and Business

Intelligence

Charlotte Raper, Democratic Services Officer

Wendy Le, Democratic Services Officer

Before the start of the Meeting, all present were advised that the meeting may be filmed and was being recorded, with the audio recording to be made available on the Council's website.

#### 53. Minutes

The minutes of Children's Services Overview and Scrutiny Committee meeting held on 11 July 2017 were approved as a correct record.

#### 54. Items of Urgent Business

There were no items of urgent business.

#### 55. Declaration of Interests

The Parent Governor Representative (PGR), Myra Potter, declared a non-pecuniary interest that she worked at Palmer's College and had children who attended Gable Hall Academy and Little Thurrock Primary School.

#### 56. Items Raised by Thurrock Local Safeguarding Children Board

There were no representatives from the Thurrock Local Safeguarding Children Board in attendance so no update was provided. The Chair asked the Director of Children's Services (DCS), Rory Patterson, that a representative be present at the next meeting on 12 December 2017 to give an update.

#### 57. Youth Cabinet Update

The Youth Cabinet Representative (YCR), George Wright, stated that with October being democracy month, it was also the end of the 'Make Your Mark' consultation which was the national drive of the British Youth Parliament. It was a chance for 11 – 19 year olds to vote on issues that were important to them from a list of ten issues selected by them at a youth conference over the summer. This year had seen the best turnout for Thurrock yet with over 7,500 turnout to vote which was about 50% of the young people in the borough and a 100% increase from the previous year. The Youth Cabinet were in the process of counting up the most voted on topic for the year which would most likely be the Curriculum for Life or the funding for children's services based on previous years.

The results of the consultation would shape what the Youth Cabinet would be promoting over the coming months. The Curriculum for Life pledge had been stepped up which aimed to promote issues schools did not teach such as finance, sex and relationships. It would also help to shape the Youth Conference that was coming up on 8 December 2017 (to be confirmed) which the Youth Cabinet extended an invitation to all Members in which he hoped to see many of them attending. Schools and colleges would also be invited where students would attend workshops surrounding issues such as drugs, gang crime, Curriculum for Life and the number one issue in Thurrock once that had been confirmed through the consultation. There would be guest speakers which the Youth Cabinet were in the process of planning.

The Youth Cabinet was currently underrepresented in schools as they had lost some representatives from schools over the summer. To show more representation, they would need to go back into their own schools to acquire representatives.

Councillor Redsell noted that the same issues kept arising such as life skills and money issues. She queried whether schools were taking these issues on board. A lot of schools taught citizenship as a selective subject and the Curriculum for Life had been on the Youth Cabinet's agenda for the last three years. Schools had signed up to this pledge but it seemed they were not sticking to this pledge so the Youth Cabinet would need to go back to find out why. It could be down to resources or lack of interest but students should be learning life skills that were not gained from Google. The Youth Cabinet intended to find out what schools were providing.

Councillor Collins asked what the Curriculum for Life pledge included. This covered a broad range of topics and was not yet defined. It was left to the local Youth Cabinet to define and decide what topics to include e.g. finances,

life skills, University applications etc. Some schools offered this to all year groups and some would offer this to targeted year groups. The Youth Cabinet would need to first establish what issues schools were teaching before defining their Curriculum for Life and then the list could be expanded as the young people felt appropriate to.

Councillor Collins also questioned what had been done to incorporate life skills into subjects e.g. teaching life finances in maths. The YCR replied that some schools taught this life skill but it was approached from a Maths approach as opposed to a social approach. He went on to say that it would be wonderful if schools could tie in social skills with standard school subjects.

The PGR asked where the Youth Conference would take place. This would be at the Purfleet Opera House which would be the Youth Cabinet's fourth year there.

The Chair thanked the Youth Cabinet for their update. She asked who communicated the Youth Conference to the Council and public as the Council had not heard anything. This was usually communicated through invitations to the Mayor, local MPs and certain Directors. For this year, the Youth Cabinet hoped to invite more people from the Council through an open invitation which should get more people and young people involved.

#### 58. 2016/17 Annual Complaints and Representations Report

The Statutory & Corporate Complaints Manager (SCCM), Tina Martin, presented the report which highlighted the number of complaints and representations received in the year. There was a three stage process to complaints but the aim was to resolve these swiftly in the first stage. There had been 62 compliments in the reported year. The report also showed the key issues of these complaints and what the service departments could learn from them as it was important to enable the Council to improve services.

The Chair noted compliments had reduced from the previous reported year of 2015/16 and asked what could be done to increase the number of compliments. The SCCM felt there were more compliments but they were not being logged. She intended to speak with the service departments to remind them of the procedure to log compliments as well as complaints.

Councillor Collins referred to the 79% of responses on Members enquiries within the timeframe for the reported year of 2015/16 on page 24 of the agenda and questioned why the other 21% had not been responded to on time. He asked if that had been due to complexity or other reasons. The timeframe for this was shorter and it was not always possible to provide a comprehensive response within the timeframe given. To do so would compromise on the quality of the response. Councillor Collins went on to say it could sometimes take a while to sort through files and find the right answer which could be quite complex. He praised the work the service departments had done and encouraged them to keep up the good work.

Councillor Redsell echoed the Chair's earlier comments regarding the reduction of compliments and asked whether it could be down to people not phoning in to give the compliments. This was reliant on Officers and staff to send the compliments to the generic mailbox that had been set up specifically for compliments to enable them to be logged. The SCCM aimed to address this through a discussion with the service departments to ensure this was being done.

Councillor Redsell referred to the 94 completed complaints at stage one on page 21 of the agenda and noted that out of the 94, two got to stage two and one to stage three. She sought clarification on what happened to the other 91 remaining complaints in stage one. The SCCM explained that those at stage one were not upheld or resolved as the complainant was happy with the outcome. The service departments were also introducing alternative dispute resolution (ADR) whereby if the complainant decided they were not happy after all, a three way meeting would be set up to try to resolve the complaint before escalating to the next stage. This had been working well so far.

The Vice-Chair commented on the root causes of complaints on page 22 of the agenda which he could see a correlation on why people complained. He also commented on the striking amount of complaints that were not upheld on page 23 of the agenda and asked if these were due to high expectations from the Children's Services that would lead to complaints. There were a lot of raised expectations and the departments were not always able to give service users what they wanted. They needed to be clear on what could and could not be delivered. The SCCM felt the number of complaints that were not upheld was positive as it showed the service was providing a good service. From investigations, Officers found some complaints did not have much substance but the team would still provide the service. There were no failings, only raised expectations from service users.

The YCR referred to the increase in the delays in service compared to the previous year on page 22 of the agenda and questioned whether this was due to disgruntled or unhappy people that the Vice-Chair had eluded to in his earlier comments. The delays were related to fitting appointments in to meet with complainants. There were steps to take and people probably felt these took too long.

The Chair referred to one of the root causes on page 22 of the agenda which was staff conduct/attitude and queried what the process was on dealing with this. There were two routes the complaint could follow which was a discussion between the staff member and their line manager or a referral to Human Resources if the complaint was deemed to be very serious. The latter route would mean the complaint would be taken out of the complaints procedure as it would become a staff conduct issue. Most staff complaints were dealt by line managers. The Chair went on to comment that it was good to see a reduction in the number of complaints from the previous reported year of 2015/16. She stated the importance of good first impressions that front line staff should be making as it was a representation of the Council.

Echoing the Chair's comments, Councillor Redsell sought clarification on how often staff were trained in phone etiquette. She mentioned that she had a staff member answer the phone whilst eating which should not have happened. Furthermore, she was able to hear the conversation in the background. She felt it did not give a good impression of the Council and this was the first impression the people would have of the Council. The DCS agreed that the first point of contact was important but no formal training was given. Staff were expected to behave to a professional and respectful standard. There was training on treating people respectfully for social workers which was paramount.

The Church of England Representative (CER), Lynda Pritchard, thought the ADR was a good idea but was interested to know on the wording of the last sentence in the paragraph regarding ADR on page 26 of the agenda. She sought clarification on what meeting with complainants 'where possible' meant and whether it was the complainant or the Council that determined 'if escalation was appropriate' for the complaint. The Complaints Team would meet with complainants if possible as it was easier to talk face to face than in writing, but some complainants preferred to email instead. The SCCM would look at how the complaint could be resolved and whether the stage one process had answered all the issues of the complaint. The service departments would also advise complainants that they could go to the ombudsman if they felt their complaint had not been dealt with satisfactorily.

Before all Members agreed on the report's recommendations, Councillor Redsell pointed out that it was fine to note the report but she would like a follow up on certain issues that had been brought up such as staff training. It was agreed a follow up would be provided.

#### **RESOLVED:**

1) That the Children's Services Overview and Scrutiny Committee consider and note the report.

#### 59. Schools Performance

The report was presented by the Officer for Interim Strategic Leader School Improvement, Learning and Skills (ISLSILS), Roger Edwardson, which showed comparisons of expected standards of learning shown in charts and tables for the stages of Early Years Foundation, Year 1 Phonics, Key Stage 1, Key Stage 2 and Key Stage 4. These compared the results of Thurrock to the national average in which key stage 1's results for Thurrock was above the national average. Reading, Writing and Maths combined for the expected standards of key stage 2 showed Thurrock was in line with the national average but the graph under the Two Year trends section on page 35 of the agenda showed the Reading to Greater Depth Standard (GDS) data had a lower outcome than the national average.

The report was unable to show a comparison of Thurrock to the national average for GCSEs as the national data had not yet been released. The

Officer for ISLSILS planned to bring this data back to the Committee once it was released. On another note, out of the 23 children in care entered into GCSEs, eight had passed. The Officer for ISLSILS stated that raising achievement in all areas of education remained a key priority.

Councillor Redsell noted the key stage 1 graph for GDS on page 33 of the agenda revealed low outcomes for Thurrock. The Officer for ISLSILS agreed the outcomes were low and that Maths had been a challenge. Councillor Redsell went on to query the reading outcome and whether this was down to children not reading enough or on the computer too much. Reading was assessed through tests and the quality was not good. The test was probably done on computers.

Councillor Redsell also questioned if reading was better in boys or girls. The Officer for ISLSILS replied that girls did better in reading. Councillor Redsell went on to comment that it was not always down to schools to teach. It was also down to parents to teach their children by reading to them as it would help with spelling and grammar.

Councillor Sheridan mentioned that as the GCSE grading was now numbered as opposed to its previous alphabetised grading, it was probably more difficult to grade for teachers. She anticipated that next year's performance should be better as teachers should be more confident. She would be interested to hear back the progress on the 11 – 16 year olds. She went on to agree with Councillor Redsell's comments and thought boys tended to have a lack of concentration at first and later on, had better concentration. Regarding reading, she said children would tend to read more as they got older as they would be able to choose their own books to read. The Officer for ISLSILS agreed and felt that the change to end of year assessments only, had probably benefitted girls more than boys.

Referring to page 37 of the agenda, Councillor Collins noted that there had been some good pass rates for A Level results. He asked what percentage of the pass rate had been for Maths and Science. The Officer for ISLSILS did not have the percentage specific to Maths and Science to hand but he had figures for Science, Technology, English and Maths (STEM) which were high. He would send the figures specific figures of pass rates for Maths, English and Science to the Chair.

The PGR questioned whether the low figures in the GDS could be due to teachers being under pressure to get children to a 'secure' position and not concentrating on children who were 'secure plus' when working at a greater depth. The term greater depth was an Ofsted term which referred to children working to a higher level. The answer was not simple as this varied from school to school. Quarry Hill Primary School was one of the schools that had achieved almost 100% with nearly 70% achieving the expected level. Opportunities should be extended to all students but when there was a class of 30, the focus was generally in the middle of the class with little focus on the underachievers and the more able were not challenged enough.

The CER commented that they needed to be careful in attributing fault to tests as these were national tests. They should be looking at neighbouring boroughs to check who was doing better through sitting the same tests. The Officer for ISLSILS said that they had not yet received the figures for the Eastern region but would be getting them through soon. He was not blaming the tests but could see a shift in focus.

The YCR referred to the GCSE results chart on page 36 of the agenda and noted it showed a rise in pass rates for Thurrock over the compared years. This meant more young people could get into A Levels. He asked if the Council could do more to encourage young people to take A Levels. The Officer for ISLSILS replied that although most schools were now academies, there needed to be more focus on 16+ year olds in order to get them further.

Referring to appendix one of the report, Councillor Redsell questioned why there was data missing for Woodside and Treetops on some of the tables. The Officer for ISLSILS would send this data through once it was received from the schools.

The Chair questioned how the Progress 8 system mentioned on page 37 of the agenda in regards to GCSEs, was value added measure and how it could be ensured that performance was being monitored. The Officer for ISLSILS explained that the system had eight subjects and the department had a baseline for entry into year seven. Based on that baseline, they judged the performance against the GCSE performance to see if children had made progress or not. It was a better system than the attainment system as there was a different starting point for each individual child. Depending on where the child was in their baseline, they were able to demonstrate if they had progressed or not. It was quantified against zero, minus or plus figures.

The YCR sought clarification on how the Progress 8 system measured progress for students who were already at the highest grades upon entry. The Officer explained that if a pupil had the highest grades at GCSEs, then the progress would be positive.

With some data yet to be received, the Members felt that recommendation 1.1 should be amended.

#### **RESOLVED:**

- 1) That the Committee note the provisional outcomes of the summer 2017 tests and examinations.
- 2) That the Committee recognises that data can't be compared to previous years due to a change in curriculum and assessment methods.
- 60. Peer Review Special Educational Needs and Disabilities Support across the Local Area

The Officer for Strategic Lead Inclusion / Principal Educational Psychologist (SLI / PEP), Malcolm Taylor, provided an overview of the results of the Regional Peer Review of the current support offered for children and young people with Special Educational Needs and Disabilities (SEND). This was based on a team of colleagues from Cambridgeshire, Bedford Borough, Southend and Peterborough Local Authorities. A high level action plan summary with expected timeframes of completion was drawn up from the results which included:

- Developing a Governance Plan to be approved by SEND Strategic Board;
- Producing an overarching Local Area SEND plan with parents representative groups; and
- To actively recruit additional members as part of the Parent Carer Forum development plan.

Councillor Collins guestioned why there had been a change from 18 to 25 year olds. The Officer for SLI / PEP explained that the previous age had been 19 but only a small number of those people were attending a sixth form or a special school. Those who had left the special school or college had a LDA assessment which led to the identification that these were of a much lower level. So now that age would go up to 25 if the person was in receipt of educational training. Councillor Collins went on to query the type of training. This could include formal courses at local colleges, foundation skills courses or some might be programmes towards independence and any that would count as learning difficulties as they would be able to continue on the health care plans (HCP). There were some young people who had continued to stay in special schools up to the age of 18 and they would remain on the HCP. It was still early days but there were few specialist placement colleges that had a range of programmes suitable for young people including those with visual impairment and could offer support through a plan. Councillor Collins went on to ask what the cost impact was. There was an increase on high needs funding although it was separated amongst each specialty, the costs came out from one pot. More young people were accessing that support and the Officer for SLI / PEP would be reviewing the fund with the finance team to discuss the impact this had on the fund.

Councillor Redsell mentioned that as the Pupil Referral Unit in South Ockendon had been shut down, she sought clarification on whether this was still going to Tilbury. The Officer for SLI / PEP confirmed the Olive Alternative Provision Academy would be based on the old Jack Lobley site as planned. An official opening was yet to happen but pupils were already in the building working on a range of programmes and for a monitoring visit from Ofsted. The unit was now a secondary unit and no longer a primary Pupil Referral Unit as it had been before. This would be facilitated through other arrangements which the department was working on with other primary schools. Councillor Redsell asked if these plans would be brought back to the Committee's attention to which the Officer for SLI / PEP confirmed it would.

Councillor Redsell thought that there had always been three special needs schools. There were three, Treetops, Beacon Hill and now Olive Alternative Provision Academy which went up to the age of 19. The post 16 – 19 in Treetops and Beacon Hill was located in the main site of Treetops. Other resources were attached to primary and secondary schools which included hearing and visual impairment, learning difficulties and speech impairment etc.

Councillor Redsell said that she had received feedback from parents about overcrowding in Treetops and appeared to have out of borough people coming in as well. She had thought Treetops was for Thurrock only and sought clarification on this. The Officer for SLI / PEP stated that the top academies – Treetops and Beacon Hill, had attracted people from areas outside of the borough. He had spoken with Treetops and understood they had plans to become a free school. There were always requests from out of boroughs but no places were reserved. Councillor Redsell went on to ask whether Thurrock residents would get first priority for a place or not. The Officer for SLI / PEP confirmed they would not because an academy did not have the right to restrict places to local people due to British laws. Treetops could push back on requested placements but anyone from any area could request a placement and whether they got a place was dependent on their circumstances. Both Treetops and Beacon Hill were outstanding schools and due to their quality, they had been able to expand.

The Vice-Chair mentioned that there was a lot of clarification sought around the needs of SEND pupils. He asked whether the action plan outlined in appendix two was able to achieve this. Thurrock was working with Special Educational Needs Co-ordinators (SENCo) to look at criterias to move forward in HCPs. There needed to be clarity of understanding on what was expected and to give further advice which would be discussed in a meeting in November.

The Chair expressed concern on task number eight of the action plan as the timeframe given to complete the task was the end of October. It was confirmed that the SEND team had met with the Parent Carer Forum (CaPa) so they would be on target to complete the task. The Chair went on to ask what the percentage increase would be. Not enough information had been captured yet so they were using SENCos to do some direct work and were working with CaPa as well.

The CER noted that the first item on the action plan was three weeks away and queried whether it was within the remit of the committee to have an update. If the action plan was important, would it also be within the remit of the Committee to receive an update of the action plan. The Chair agreed the Committee should receive an update and asked if these could come back to the Committee at a later date. The Officer for SLI / PEP agreed to feedback.

#### **RESOLVED:**

## 1) That the Committee consider the recommendations of the Peer Review and the High Level Action Plan.

#### 61. Children's Social Care Performance

The DCS stated the importance of informing Members on the performance of Children's Services. He outlined the report which highlighted the high level of demand placed on Thurrock's statutory social care service for children. A badly run social care system would face the consequences of potentially being taken over by the Government and having to form a Trust. The service needed more permanent social workers to manage the volume of work to address the level of demand. The department was also focussing on recruiting more foster carers so that children could be looked after by Thurrock's own foster carers.

Councillor Redsell questioned the number of people leaving and coming into social care work. She followed on with another question regarding Children Looked After (CLA) from other local authorities (LA) in private homes within Thurrock. Other LAs could place their CLA in private homes within Thurrock but they were responsible for the CLA and had to notify us of the CLA in the private homes within Thurrock. This placed pressure on services within Thurrock as CLA would attend our schools, use the GPs etc. There had been no figures on staff turnover in social care but it should be low. The Children's Services department were doing well in recruiting and retaining staff as they were quite competitive in quality, training and safety. The DCS would be able to get the actual figures in staff turnover for social care.

Councillor Collins sought clarification on the number of unaccompanied asylum seekers mentioned in the report for CLA. There were 38 and this figure was a comparison out of 318. Councillor Collins went on to ask what the average ages were for missing children. The Assistant Director for Children's Services and Targeted Outcomes (ADCSTO), Sheila Murphy, said the average age was 15 – 16 but there were some 17 year olds who would go missing. Very few younger children tended to go missing. Councillor Collins further asked whether they were found again. Most were found quickly in a short space of time and those found the next day were often at parties, with family members or other places they had not been given permission to go to. There was currently a 16 year old girl who had been missing for four months and was being tracked through her social media and phone records. The police were involved in trying to locate her but had not found her yet. There were procedures in place regarding missing children and the department also had regular strategic meetings with the police. Once the girl was found, the plan was to put her in a welfare secure home to ensure she did not run away again.

The Vice-Chair expressed concern over the missing girl and hoped that she would be found soon. Regarding the referral figures on page 73 of the agenda, he said it was an improvement but asked if these figures were currently standing still. The Officer for Strategic Lead, Performance Quality and Business Intelligence (SLPQBI), Igbal Vaza, replied that these figures

were a comparison to the previous year and this year saw Children's Services performing better. The referrals were down but they were still above the Eastern region averages. The Officer for SLPQBI were waiting for the published data to confirm. The Vice-Chair went on to comment on the difficulty of comparing other regions to Thurrock given its geographical location. Some LAs were similar to Thurrock but none were very similar. The department was working with colleagues to investigate on the reasons for the high number of referrals.

#### **RESOLVED:**

- 1) That the Committee note a new performance management framework has been introduced by the DCS following the recommendation from Ofsted.
- 2) That the Committee note the areas of improvement in children's social care, high demand in Thurrock for statutory social care services in comparison to England and eastern region average, and highlight areas of further investigation for deep dive studies.

#### 62. Ofsted Inspection Action Plan - Update

The DCS provided an update to the Ofsted Inspection Action Plan report which followed on from the recommendations of the Ofsted Report. There was a reduction in agency staff and the department had vacant posts that they were looking to recruit into. The workforce was getting more stable and there was a rolling programme of recruitment. The department aimed to bring in more foster carers so that children could be placed locally. More regular audits would also be carried out with social workers to ensure processes were running smoothly.

The PGR questioned why the recruitment drive for foster carers was taking place in Grays town centre when there were not many people who would go there. She thought a better location would be Lakeside shopping centre as it was a busier location. The DCS agreed and would look into the location again.

Echoing this, Councillor Redsell also felt other areas such as Corringham could be used for the recruitment drive. She also hoped the instability in the workforce was improving. The DCS said there was an issue on resources which needed broadening. He agreed to take on board the advice of using other areas for the recruitment drive. Referring to Councillor Redsell's workforce comment, he said the department was improving and they had been nominated for an award as well. He realised that social work was an ongoing process and could never be complacent with it. The ADCSTO also pointed out that the instability in the workforce within the report had been a reference to the position at the Ofsted inspection from 18 months ago.

Referring to the action plan in appendix one of the report, the CER asked if this plan was on track. The actions had to be implemented but it was never a

done job. To keep on track, the department would need to keep revisiting and refreshing actions.

Councillor Sheridan questioned the rates of independent foster agencies (IFA) and whether these differed from the Council rates. IFAs received a higher rate for their placements and the IFA would also take a percentage of that fee, the total fee did not go straight to the foster carers they employed.

Councillor Redsell noted that some of the actions in the action plan were quite complicated. She asked what they were improving on if they were improving. The DCS stated that they would be producing a clearer version of the action plan.

#### **RESOLVED:**

- 1) That the Committee consider the current progress and direction of travel in completing the required actions from the Ofsted Action Plan.
- 2) That the Committee receive assurance that action plan continues to deliver the required improvement.

#### 63. Work Programme

Councillor Collins asked for an update to be provided on the missing girl.

The Members requested that the updates of the published data for GCSEs from the Schools Performance report to be brought back to the next committee on 12 December 2017.

The Members requested an update to the action plan discussed in the SEND report which would be brought back as a full review to the committee on 13 February 2018.

The meeting finished at 9.12 pm

Approved as a true and correct record

**CHAIR** 

**DATE** 

Any queries regarding these Minutes, please contact Democratic Services at <u>Direct.Democracy@thurrock.gov.uk</u>

12 December 2017		ITEM: 8		
Children's Services Overview and Scrutiny Committee				
A Sustainable Children's Social Care System for the Future: Annual Public Health Report 2017				
Wards and communities affected:	Key Decision:			
All	Non-Key			
Report of: Tim Elwell-Sutton, Assistant Director and Consultant in Public Health				
Accountable Assistant Director: Tim Elwell-Sutton, Assistant Director and Consultant in Public Health				
Accountable Director: Ian Wake, Director of Public Health				
This report is Public				

#### **Executive Summary**

It is the statutory duty of the Director of Public Health to prepare an independent report on the health and wellbeing of the local population each year. Last year's Annual Public Report focussed on the sustainability of the adult health and social care system in Thurrock. This year, the report considers how to create a sustainable children's social care system for the future.

The report analyses the reasons for growing pressure on the system, produces new forecasts for future demand, and makes a series of specific recommendations for making the system more sustainable. In particular it sets out the need for a radical shift of focus towards services which reduce demand and prevent children from becoming looked after. This work is already underway but will need to be continued over the long term.

- 1. Recommendation(s)
- 1.1 That the contents and recommendations of the report be noted by the Committee.
- 2. Introduction and Background
- 2.1 One of the main goals of Thurrock's Health and Wellbeing Strategy is to make Thurrock a place offering "Opportunity for All". Central to this goal is making Thurrock a place where children can flourish and achieve their full potential in life.

- 2.2 It is increasingly understood that poor experiences in childhood can create intergenerational cycles of deprivation and poor health. People who have multiple adverse childhood experiences are also more likely to make poor educational progress, have unplanned pregnancies and be unemployed. This in turn can have a negative impact on their parenting ability, perpetuating the cycle across generations.
- 2.3 Pressures on social workers and the whole social care system are growing each year. There is evidence that a growing number of families and children are coming into contact with the social care system. The reasons for this have not been well understood but the pressures on the social care system are clear: social workers are increasingly over-burdened and the cost to the council is growing.

#### 3. Issues, Options and Analysis of Options

3.1 These are set out in detail in the report itself.

#### 4. Reasons for Recommendation

4.1 This report fulfils a statutory duty of the Director of Public Health (Health and Social Care Act 2012). The specific recommendations contained in the report arise from a detailed analysis of local and national data, as well as a thorough review of evidence about what works in children's social care.

#### 5. Consultation (including Overview and Scrutiny, if applicable)

5.1 A wide range of stakeholders were consulted and contributed to this report. These are set out in the acknowledgements section of the report. No other consultation has taken place.

## 6. Impact on corporate policies, priorities, performance and community impact

- 6.1 The report makes the case for a significant shift in investment within Children's Services towards services which reduce the number of children who require social care intervention. This is an important strategic shift which has already begun. The analysis presented in the report suggests that unless this is continued, spending in the high-cost part of the system (Looked After Children) is likely to grow rapidly and become increasingly unsustainable.
- 6.2 The result of following the recommendations would be a gradual easing of pressure on the children's social care system, with fewer children becoming looked after.

#### 7. Implications

#### 7.1 Financial

Implications verified by: Jo Freeman

**Management Accountant** 

The report looks at potential future demand for children's social care. Future forecasting suggests that there is a risk of the costs of Looked After Children increasing by up to £6m per year by 2027 unless action is taken to manage effectively. The report also outlines a number of opportunities to manage demand and recommends a strategic shift in investment towards preventative services. The report makes a number of specific recommendations about invest-to-save opportunities in this area. For example, a new edge of care service which prevents 22 children from entering care each year could save the council £1.2m per year though this is an estimate only and would need to be quantified in more detail before an investment decision is made. Specific investment decisions arising from the recommendations in this report would be subject to the approval of detailed business cases for individual services and these would be approved through the normal governance processes.

#### 7.2 Legal

Implications verified by: Lindsey Marks

Principal Solicitor for Children's Safeguarding

There are no legal implications. This report has been prepared in accordance with the statutory duties of the Director of Public Health.

#### 7.3 **Diversity and Equality**

Implications verified by: Natalie Warren

**Community Development and Equalities** 

The report outlines evidence that ethnic minority families are over-represented in the children's social care system. The recommendations made in this report would reduce or prevent the escalation of social care cases and help to address this imbalance.

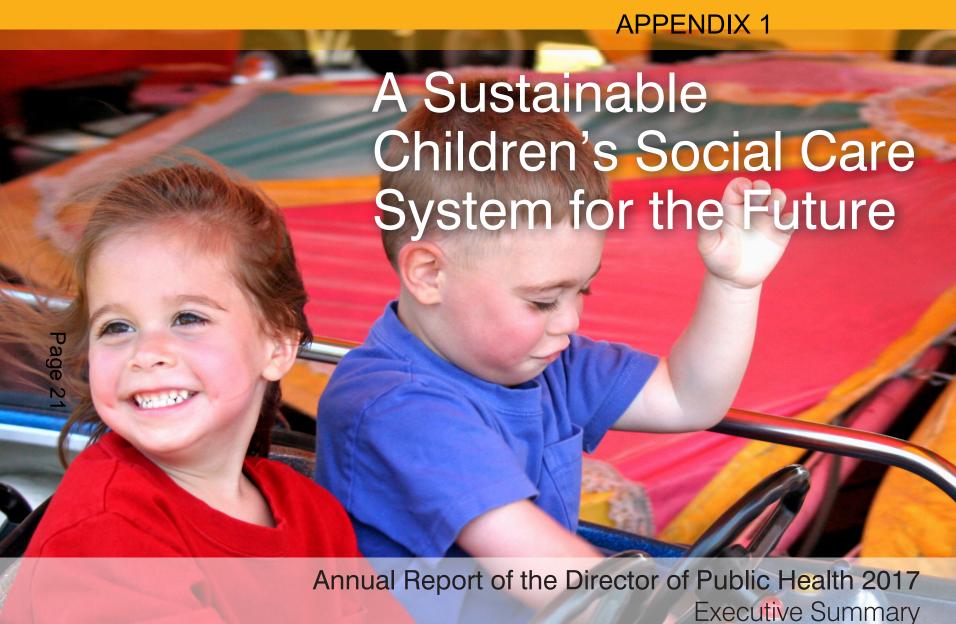
- 7.4 **Other implications** (where significant) i.e. Staff, Health, Sustainability, Crime and Disorder)
  - None
- 8. Background papers used in preparing the report (including their location on the Council's website or identification whether any are exempt or protected by copyright):
  - Detailed references are given in the main report.

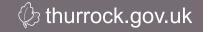
#### 9. Appendices to the report

- Appendix 1 Annual Public Health Report 2017: Executive Summary
- Appendix 2 Annual Public Health Report 2017: Full Report

#### **Report Author:**

Tim Elwell-Sutton
Assistant Director and Consultant in Public Health
Public Health





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### **Abbreviations**

Abbreviation	Full form
CFAT	Child and Family Assessment Team
CiN	Child in Need
СРР	Child Protection Plan
LAC	Looked After Child
MASH	Multi-Agency Safeguarding Hub
NICE	National Institute for health and Care Excellence
PASS	Prevention and Support Service
SEND	Special Educational Needs and Disabilities

A copy of the full version of this report is available on the Thurrock Council website at:

 $\underline{https://www.thurrock.gov.uk/healthy-living/health-statistics-and-information}$ 

### **Foreword**

Public Health as a professional discipline encompasses a unique skill set that includes epidemiological expertise such as the quantification of need, demand and supply, the assessment of evidence, and the predictive modelling of health and care systems. In the UK these skills have historically been applied to healthcare systems in order to assist the NHS to commission and deliver more efficient, effective and equitable health services. However the move of public health to local authorities has presented opportunities for these skills to be applied more widely.



My Annual Public Health Report last year used this public health skill set in answering the question, 'what would make our adult health and care services more sustainable in financial and operational terms?' By mapping how our residents, and the funding that accompanies their journeys, flow through different constituent organisations, we were able to understand how clinical and professional practice in each organisation impacted on the system as a whole. This led to a series of recommendations to reduce demand for the most expensive and high intensity interventions by improving clinical practice 'upstream' in primary and community care to prevent avoidable events such as strokes, heart attacks and falls. The findings and recommendations within the report were seized upon by our local clinicians and system leaders, and have resulted in a comprehensive programme of system transformation and improvement that will ultimately lead to a new Accountable Care Partnership for Thurrock, reduced demand on local hospital and adult social care services, and demonstrable improvements in the health of our population.

This year I asked my team to apply the same skill set to children's social care services, with a view to answering a similar question: how can we chake our children's social care system financially and operationally sustainable, and more effective? There were two reasons for my choice of the care system typically experience poorer health and sellbeing outcomes than those in the general population. Experiencing care as a child or young person is associated with poorer educational attainment, poorer mental health, an increased risk of teenage parenthood and an increased likelihood of entering the criminal justice system. Indeed children and young people who become 'looked after' by the state experience some of the worst health inequalities of any group in society. Secondly, demand on children's social care services is increasing at an unsustainable rate both nationally and locally. Modelling famously done in the London Borough of Barnet suggested that if action is not taken to address this, local authorities will need to spend their entire budget on social care by 2025.

This report aims to understand our local children's social care system, the factors that are driving demand and most importantly, the actions that we can take to address that demand and improve health and wellbeing outcomes for the children and young people we care for. The work has been led by Tim Elwell-Sutton, Consultant in Public Health and his team and I commend it as one of the highest quality and most detailed pieces of public health practice in this field. I trust that the findings and recommendations contained within the report will be useful to colleagues in children's social care in understanding our care system, and will continue the conversation on how we improve that system and the life chances of children and young people who enter it in the future.

lan Wake

Director of Public Health, November 2017

## Why focus on children's social care?



...poor experiences in childhood create intergenerational cycles of deprivation and poor health... social workers have at least as much impact on the health and wellbeing of some children as health professionals.

One of the goals of Thurrock's Health and Wellbeing Strategy is to make Thurrock a place offering "Opportunity for All". This means making Thurrock somewhere children can flourish and achieve their full potential in life. We now understand better than ever before that distressing experiences in childhood are linked to poor health and wellbeing throughout life.

It is also increasingly understood that poor experiences in childhood can create intergenerational cycles of deprivation and poor health. People who have multiple adverse childhood experiences are more likely to make poor educational progress, have unplanned pregnancies and be unemployed. This in turn can have a negative impact on their parenting, perpetuating the cycle across generations.

The role of the children's social care system is to ensure that all children have the opportunities they deserve and that, when things go wrong, children are kept safe. Children's social workers have not traditionally been considered part of the public health workforce yet their work has at least as much impact on the health and wellbeing of some children as that of health professionals.

Pressures on social workers and the whole social care system are growing each year. Last year's Annual Public Health Report considered ways in which the adult health and social care system could be made more sustainable. This year, we consider the children's social care system, the pressures on it, and how we can create a system which gives every child in Thurrock the best possible start in life.

## **Strategic Recommendations**

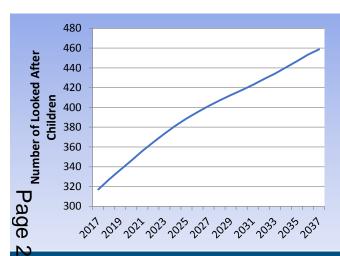


Figure 1. Forecast number of Looked After Children in Thurrock 2017 – 2037 based on trends over the past 5 – 10 years.

Unless action is taken to upgrade services which reduce demand, the cost of children's social care could become increasingly unsustainable. Work is already underway to make address this risk.

## 1. Make a long-term strategic commitment to invest in prevention

A high-level strategic commitment must be made to re-balance investment towards preventative activities. In recent years investment in preventative services has been eroded whilst spending on high-cost care placements has increased. By rebalancing investment towards preventative services, we can prevent children from ending up in care unnecessarily and, over time, relieve financial pressures on the social care system. This rebalancing has already begun but must be continued over the long-term to ensure sustainability.

#### 2. Invest in the most effective preventative services

Making a strategic commitment to invest in prevention will only be effective if that investment is made in the right areas. We give specific recommendations about where to invest across the social care system and, where possible, we have made estimates of the cost-savings which would result from these investments.

#### 3. Improve information on activity and spending

Reducing the number of children in the system and controlling costs can only be achieved if reliable activity and financial information are available, allowing us to understand current patterns of activity and spending. We make specific recommendations about how to improve our understanding of activity and spending.

## Financial challenges and opportunities

#### Challenges

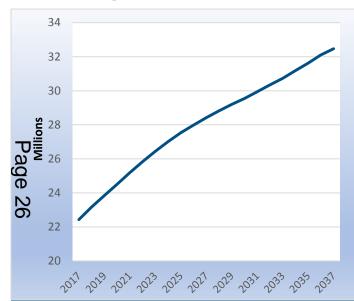


Figure 2. Forecast cost of Looked After Children in Thurrock 2017 – 2037 based on the past 5 – 10 years

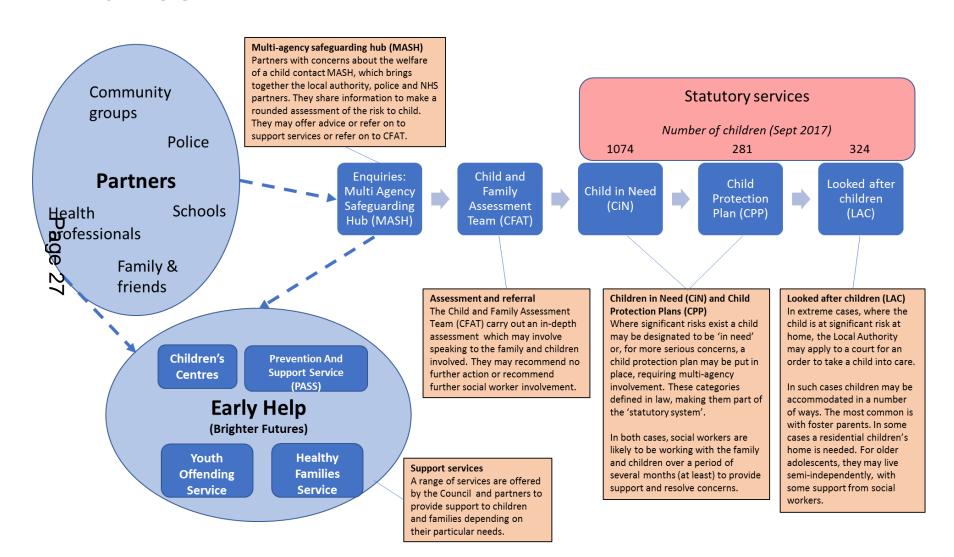
Based on trends over the past 5 – 10 years, we estimate that the annual cost of Looked After Children alone could rise by £6m over the next 10 years.

#### **Opportunities**

Impact and expected savings from investing in prevention

Intervention	Recommendation	Estimated Impact	Net savings
Edge-of-care service	A service offering intensive support to families where children are at high risk of coming into care. Estimated reach: 135 families per year	Preventing 22 children from coming into care per year	£1,225,153
Pause	A service working with 15 women per year who have had babies removed at birth	Preventing 2 –5 further children from being taken into care at birth.	£128,520 - £307,945
Domestic violence victims programme	Expand existing STEPS programme from current capacity of ~75 per year to ~135 per year	Preventing 144 additional incidents of domestic violence	£133,220
Domestic violence perpetrators programme	Expand current programme from 10 to 20 places per year	Preventing 19 additional incidents of domestic violence per year	-£7,293

## How the children's social care system works in Thurrock



## Key questions addressed in the report

#### Questions not addressed in this report

The report focusses on ways of reducing the number of children in the social care system. Other ways of reducing the costs social care are not covered. These may include, for example, reducing the number of agency staff and more efficient procurement of foster care places.

There is evidence that a growing number of families and children are coming into contact with the social care system in Thurrock and nationally. The reasons for this have not been well understood but the pressures that this puts on the social care system are clear: social workers are increasingly over-burdened and the cost to the council is growing. In order to help alleviate those pressures, this report attempts to answer some key questions:

#### What are the pressures on the social care system?

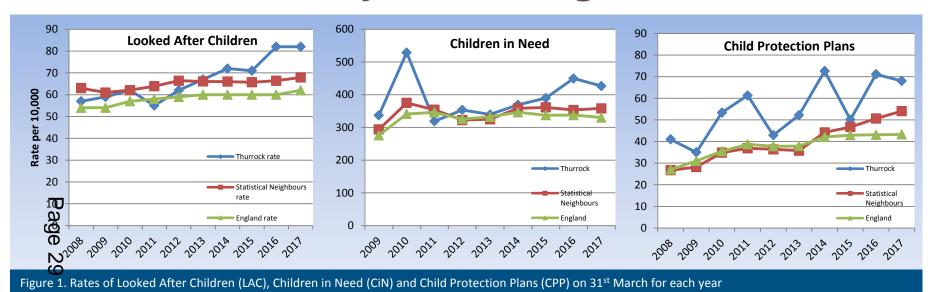
- Is the number of children in the social care system rising and is it higher than in other areas?
- Why are the numbers rising in Thurrock?
- How many children are likely to be in the social care system in future?

#### How can we reduce the number of children in the social care system?

- What works in early help?
- What works for Children in Need (CiN) and Child Protection Plans (CPP)?
- What works for Looked After Children (LAC)?

What are the financial opportunities related to reducing the number of children in the system?

## What are the pressures? Is the number of children in the system rising?



- There has been a significant increase in the number and rates of children in all parts of the social care system in recent years.
   Rates in Thurrock have risen faster than in other comparable areas in recent years though the most recent data suggests they are levelling off or even beginning to decline.
- The number of Looked After Children (LAC) has been growing nationally, though rates (per 10,000 children) have remained stable.
- In Thurrock the number of LAC has increased from 210 in March 2012 to 345 by March 2017

Rates in Thurrock have risen faster than in other comparable areas in recent years. The most recent data suggests they are levelling off or even beginning to decline though it is too early to tell if this is a long-term change in trajectory.

## What are the pressures? Budget and spending

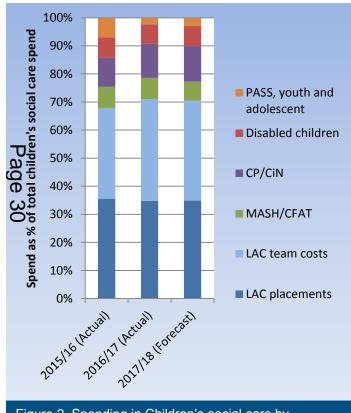


Figure 2. Spending in Children's social care by category from 2015/16 to 2017/18

#### The National Picture

Spending on children's social care has been rising nationally and many Local Authorities are struggling to continue to fund the current system. Analysis for the Department of Education (2016) found that the main strategy pursued by local authorities was to try to reduce the number of children in the system through greater emphasis on early help and service integration.

However, actual spending on early help services has declined in most areas, even as spending on statutory services (CiN, CPP, and LAC) has risen. The main reason for this is that cutting spending on early help is generally much easier than reducing spending on statutory services.

#### The Local Situation

In Thurrock, as nationally, investment in early help services appears to have declined as a proportion of spend in recent years. For example, spending on Early Offer of Help services in Thurrock has declined from £0.93 million in 2015/16 to £0.39 million in 2017/18. At the same time spending on external purchasing of placements for Looked After Children rose from £8.9 million to £9.3 million. Much of the reduction in early help services followed the withdrawal of £450,000 of NHS funding previously contributed by Thurrock Clinical Commissioning Group.

We estimate that spending on Looked After Children now makes up around 71% of all children's social care spending.

## Why have numbers been rising faster in Thurrock than elsewhere?



In trying to understand the rise that has occurred in recent years, it is helpful to consider two types of force which may result in children ending up in the social care system. It might be that more children need a social care intervention than in the past (demand factors), or it could be that the social care system is more likely to intervene than in the past (supply factors). Therefore, we can address this question by considering the demand and supply factors (Bywaters P, et al., 2017) which may be at work in Thurrock.

Based on a review of the research literature we have identified the factors shown below as a framework for understanding growing demand for social care in Thurrock. We have tried, where possible, to quantify the impact of each of these factors in Thurrock in recent years.

#### **Demand factors**

- Population growth
- Deprivation
- Ethnicity

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- Unaccompanied asylum-seeking children (UASC)
- Special Educational Needs and Disabilities

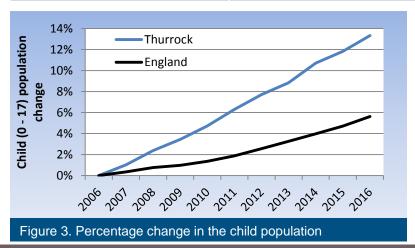
# Interact with to produce LAC, CiN and CPP rates

### Supply factors

- National legal and policy frameworks
- Risk tolerance
- Preventative services
- Re-referral ("failure demand")

## Why have numbers been rising faster in Thurrock than elsewhere? Demand factors

Demand factor	Possible impact in Thurrock
Population growth	Rapid economic and housing development make this a particularly strong pressure in Thurrock. Our child population grew by 13.3% from 2006 to 2016, compared to 6% for England as a whole.
Unaccompanied Asylum Seeking Children (UASC)	Thurrock has seen a large number of UASC become Looked After Children in recent years. At one point there were 103 UASC in the care system. A national agreement on the dispersal of UASC has helped to reduce the number to 38 (Aug 2017) and it is likely to fall further.
Deprivation <b>U</b>	Evidence shows a strong association between deprivation and rates of social care intervention. There have been modest increases in child poverty in Thurrock in recent years.
<u>ω</u> thnicity Φ	We found that the evidence linking ethnicity and social care activity is inconclusive.
Special Educational Needs and Disabilities	As child mortality rates decline, the number of children with complex needs is growing. A small number of these children become looked after but the costs of their care can be very high.



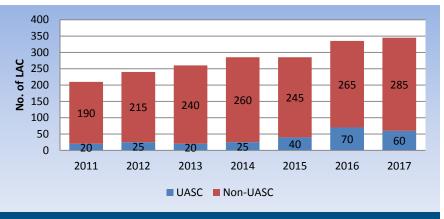
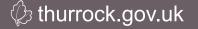


Figure 4. Number of LAC in Thurrock by UASC category



# Why have numbers been rising faster in Thurrock than elsewhere? Demand factors

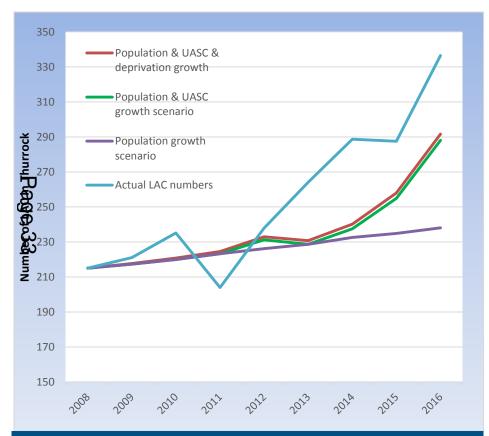


Figure 5. Actual number of LAC in Thurrock vs modelled scenarios for different demand factors, 2008 – 2016

Quantifying the impact of demand factors

To understand the impact of factors on the numbers of LAC in Thurrock, we modelled different scenarios.

In Figure 5, the blue line shows the actual numbers of Looked After Children on 31 March each year (2008 – 2016).

The purple line (population growth scenario) shows what the numbers would have been if the rate of LAC had stayed constant at 2008 levels. Population growth alone would have led to a modest rise in LAC numbers.

The green line (population & UASC growth), adds in the actual numbers of UASC who entered the system in those years.

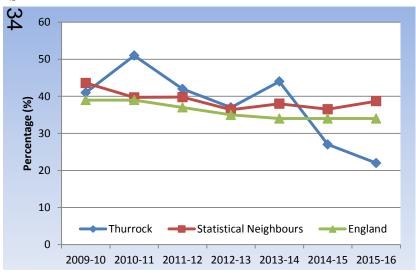
The red line (population & UASC & deprivation) adds in an estimate of the impact of slightly higher levels of child poverty.

Other demand factors were not easily quantified in this way but are unlikely to make a significant difference.

Conclusion: Demand factors can account for some but not all of the rise in LAC numbers, it is likely that supply factors have also contributed.

# Why have numbers been rising faster in Thurrock than elsewhere? Supply factors

Supply factor	Possible impact in Thurrock
National legal and policy frameworks & Risk tolerance	High profile, national cases of child protection failure have shaped the policy environment over a number of years. New policy and guidance may have contributed to a decline in risk tolerance amongst social workers. This is likely to have had a long-term affect on the number of children entering and staying in the social care system though the impact is hard to quantify.
Preventative services	The amount of money spent on preventative services has fallen significantly in recent years (see above). This has led to the decommissioning of services such as the Family Intervention Programme and community substance misuse services. Other services have had their capacity reduced. Within statutory services, social workers now have less time to focus on working with families who have had children removed from their care.



# Figure 6. Percentage of children returning home after a period of being looked after

Even once children become looked it is sometimes possible for them to return to their own families once significant issues have been resolved. The proportion of children returning home decline from a peak of 51% in 2010/11 to just 22% in 2015/16. The reasons for this decline need to be investigated further but it is possible that the squeeze on resources has left social workers and support services little time to continue working with the families of children who have been taken into care. This trend has major consequences for the children and families involved as well as an impact on the number of children who remain looked after by the local authority.

# How many children are likely to be in the social care system in future?

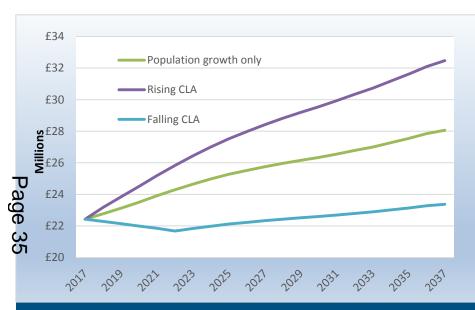


Figure 7. Forecast impact of changes in LAC rates and population growth on the cost of services for Looked After Children in Thurrock 2017 - 2037

# How to forecast future numbers

Forecasting future numbers is challenging and involves a lot of uncertainty. We have developed a new forecasting methodology for Thurrock. The alternative scenarios presented here represent our best estimate of future costs if a given set of assumptions holds true.

# The cost of doing nothing

Projected changes in LAC costs over the next 10 years						
Scenario	3 years	5 years	10 years			
Rising CLA	£2.08M	£4.01M	£5.98M			
Population growth only	£1.07M	£2.22M	£3.32M			
Falling CLA	-£0.44M	-£0.59M	£0.94M			

#### Forecast scenarios

Rising CLA scenario: This is based on trends over the past 5 – 10 years and forecasts a 27% increase in activity over 10 years.

Population growth only: This scenario shows that even if LAC rates remain stable in future, population growth will drive up costs significantly.

Falling CLA: This shows the impact of bringing LAC rates down to the current national average over the next 5 years and then staying steady after that.

Action is underway to move Thurrock from the upper to the lower trajectory.

# How can we reduce the number of children in the system?

### **Recent Trends and Action**

A new Prevention and Support Service: this brings together a number of previous prevention services including the Early Offer of Help and Troubled Families. This has also been integrated into Brighter Futures.

**Brighter Futures** has been established to integrate Thurrock's early years and preventative services. Providing a more joined-up service is designed to prevent issues from escalating to the level where social worker intervention is required

Taggeting social work. A data system called Xantura has been commissioned to provide 'predictive analytics'. The system uses data from a variety to sources to flag up children at high risk, allowing social workers to intervene earlier and more effectively.

**Reductions in agency staffing** have been pursued. Agency numbers now appear to be in steady decline.

**Signs of Safety.** This is a strengths-based approach to child protection work which is being rolled out in Thurrock to improve case work and risk assessment.

**Service review.** The council's Service Review Board is working closely with Children's services to find ways of working more efficiently.

**LAC numbers may** have started to decline according to the most recent data, since April 2017, the number of LAC in the system has started to decline. Much of this is due to reductions in the number of Unaccompanied Asylum Seeking Children.

#### Recommended \* future developments on **Expected Impact** early help **Expand the capacity of parenting services** Expanding capacity of by 90% to meet current demand. existing services will Review the referral system into early help prevent escalation to and especially investigate the lack of CiN/CP/LAC stage or referrals into Triple-P parenting enable de-escalation for families already at those programmes. stages. Consider expanding inclusion criteria of Prevent escalation to LAC some early help services to families of and promote children CiN/CPP children and families who have returning home to their had children removed. Capacity may need families. to be expanded accordingly. **Ensure end of Troubled Families (TF)** Ensure that the balance of funding is used to strengthen prevention investment is moving towards prevention rather Planned changes to TF funding should be than away from it, treated as an opportunity to focus the reducing costs in more service on preventing children from expensive parts of the

becoming looked after in line with the

evidence base presented in the full report.



system.

<sup>\*</sup> All recommendations are based on an extensive review of research evidence for reducing numbers in the social care system

# How can we reduce the number of children in the system?

# Estimated financial impact of a new edge of care service

Plans are being drawn up to design an edge-of-care service. Based on a cost-effectiveness study of Multi-Systemic Therapy we estimated the possible costs and benefits for Thurrock

Eligible families	135.5
ost per family	£2,285
otal cost	£309,618
No. of LAC prevented	21.7
Gross savings	£1,534,771
Net savings	£1,225,153
Directly cashable net savings*	£649,331

<sup>\* &</sup>quot;Directly cashable" savings can quickly be removed from budgets. Here, only placement costs are considered to be directly cashable. Other savings (e.g. staff time) may take longer to translate into reduced spending.

Recommended future developments on CiN and CPP	Expected Impact
Establish an "edge of care" service to work	Prevent children in the social
intensively with children who are at risk of becoming	care system (CIN and CPP) from
looked after.	becoming looked after.
Design this service based on Functional Family	
Therapy (FFT) or Multi-Systemic Therapy (MST) which	
have the strongest evidence base.	
Put in place a robust evaluation plan to establish	
effectiveness and cost-effectiveness	
Expand existing domestic violence programmes	Reduce: risk to parents and
Expand the two existing programmes (for victims and	children who are victims of
perpetrators). An increase of 50% - 100% would be	domestic violence; the impact of
needed to meet current demand.	domestic violence on children;
	escalation within the social care
	system.
Targeted drug and alcohol outreach to families of	Prevent escalation and reduce
Children in Need or on a Child Protection Plan	the duration of social care
	intervention by dealing with
	underlying substance misuse

# How can we reduce the number of children in the system?



For women aged 16 - 17, when their first child is removed, there is a 32% chance of this being repeated... and 40% of mothers who have multiple children removed at birth have themselves experienced being in care

# Recommended future developments on Looked After Expected Impact Children

# Invest in services which allow Looked After Children to return home

Work systematically with families of children who have been taken into care to resolve problems and, where possible, to allow them to the children to return home.

Consider including this within the remit of the edgeof-care service.

Design of this service should begin with an in-depth analysis of why rates of children returning home to their families appear to have declined significantly in recent years.

# Prevent mothers from having multiple babies taken into care

Commission the Pause programme (or something similar) to provide intensive support to mothers who have had a baby removed.

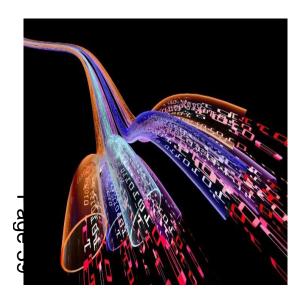
Put in place robust evaluation of the programme to assess effectiveness and cost-effectiveness.

Increase the number of Looked After Children able to return home to their families and reduce the amount of time they spend in care and reduce costs significantly.

Reduce the number of mothers who have multiple babies removed from their care and reduce the number of children taken into care.

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# How can we reduce the number of children in the system? Improving information



Monitoring trends in key cost drivers will help to control costs and evaluate the effectiveness of preventative strategies

	- ·			
Recommendation	Details			
Monitor trends in key cost drivers	<ol> <li>Key cost drivers identified are:</li> <li>The numbers of weeks of care provided by the Council over the course of a year;</li> <li>The average length of stay of children in care;</li> <li>The average cost of placements of different kinds.</li> </ol>			
Link data on activity and spend	Linking data systems recording activity and spend will allow more accurate understanding of why costs are changing.			
Carry out a financial deep dive on Looked After Children	A more accurate understanding is needed of all the costs associated with Looked After Children.			
Investigate the decline in the number of children returning to their families after a period of being looked after	This may be an important factor increasing the number of children in care and, therefore, costs. Further data analysis and case-note audit may be required to understand the rapid decline in recent years.			
Develop and update the forecasting model	The forecasting here is based on a new modelling method which could be significantly improved in detail and accuracy.			

# Acknowledgements

- Report authors:
- Tim Elwell-Sutton, Assistant Director and Consultant in Public Health
- Elozona Umeh, Senior Public Health Programme Manager Children
- Maria Payne, Senior Public Health Programme Manager Health Intelligence
- Annelies Willerton, Public Health Graduate Trainee

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- Kelly Clarke, Public Health Intelligence Information Support Officer
- Mark Livermore, Commissioning Officer Children's Services
- Manbir Virk, Report Writer/Developer
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- Nicola Smith, Public Health Intelligence Analyst
- Nilufa Begum, Management Accountant

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# A Sustainable Children's Social Care System for the Future

Annual Report of the Director of Public Health 2017



# **List of Abbreviations**

Abbreviation	Full form
CFAT	Child and Family Assessment Team
CiN	Child in Need
CPP	Child Protection Plan
LAC	Looked After Child
MASH	Multi-Agency Safeguarding Hub
NICE	National Institute for health and Care Excellence
PASS	Prevention and Support Service
SEND	Special Educational Needs and Disabilities

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# **Foreword**

Public Health as a professional discipline encompasses a unique skill set that includes epidemiological expertise such as the quantification of need, demand and supply, the assessment of evidence, and the predictive modelling of health and care systems. In the UK these skills have historically been applied to healthcare systems in order to assist the NHS to commission and deliver more efficient, effective and equitable health services. However the move of public health to local authorities has presented opportunities for these skills to be applied more widely.

My Annual Public Health Report last year used this public health skill set in answering the question, 'what would make our adult health and care services more sustainable in financial and operational terms?' By mapping how our residents, and the funding that accompanies their journeys, flow through different constituent organisations, we were able to understand how clinical and professional practice in each organisation impacted on the system as a whole. This led to a series of recommendations to reduce demand for the most expensive and high intensity interventions by improving clinical practice 'upstream' in primary and community care to prevent avoidable events such as strokes, heart attacks and falls. The findings and recommendations within the report were seized upon by our local clinicians and system leaders, and have resulted in a comprehensive programme of system transformation and improvement that will ultimately lead to a new Accountable Care Partnership for Thurrock, reduced demand on local hospital and adult social care services, and demonstrable improvements in the health of our population.

This year I asked my team to apply the same skill set to children's social care services, with a view to answering a similar question: how can we make our children's social care system financially and operationally sustainable, and more effective? There were two reasons for my choice of topic. Firstly, it has long been known that children and young people who enter the care system typically experience poorer health and wellbeing outcomes than those in the general population. Experiencing care as a child or young person is associated with poorer educational attainment, poorer mental health, an increased risk of teenage parenthood and an increased likelihood of entering the criminal justice system. Indeed children and young people who become 'looked after' by the state experience some of the worst health inequalities of any group in society. Secondly, demand on children's social care services is increasing at an unsustainable rate both nationally and locally. Modelling famously done in the London Borough of Barnet suggested that if action is not taken to address this, local authorities will need to spend their entire budget on social care by 2025.

This report aims to understand our local children's social care system, the factors that are driving demand and most importantly, the actions that we can take to address that demand and improve health and wellbeing outcomes for the children and young people we care for. The work has been led by Tim Elwell-Sutton, Consultant in Public Health and his team and I commend it as one of the highest quality and most detailed pieces of public health practice in this field. I trust that the findings and recommendations contained within the report will be useful to colleagues in children's social care in understanding our care system, and will continue the conversation on how we improve that system and the life chances of children and young people who enter it in the future.

Ian Wake

**Director of Public Health, November 2017** 

# Acknowledgements

## Report authors:

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# Introduction

# Why focus on children's social care?

One of the main goals of our Health and Wellbeing Strategy is to make Thurrock a place offering "Opportunity for All". Central to this goal is making Thurrock a place where children can flourish and achieve their full potential in life.

It is increasingly recognised that improving health and wellbeing for our population has to start early in life, even before birth. We now have a better understanding than ever of how distressing experiences in childhood are linked to poor health and wellbeing in adulthood. For example, it has been found (Bellis, et al., 2014) that adults who had several adverse childhood experiences, such as child abuse, parental separation, and household members with substance abuse are:

- nine times more likely to be incarcerated;
- likely to have significantly worse mental health;
- three times more likely to develop diabetes;
- six times more likely to have a stroke.

It is also increasingly understood that poor experiences in childhood can create intergenerational cycles of deprivation and poor health. People who have multiple adverse childhood experiences are also more likely to make poor educational progress, have unplanned pregnancies and be unemployed. This in turn can have a negative impact on their parenting ability, perpetuating the cycle across generations.

The role of the children's social care system is to ensure that all children have the opportunities they deserve and that, when things go wrong, children are kept safe. The local authority has a legal duty to intervene where there are concerns for the welfare of children in Thurrock. These can include cases of abuse or neglect. They also include situations where parents have problems with issues such as mental health or substance misuse which affect their ability to care for their children. In such cases, the social care system is there to safeguard the interests of the child. In the most extreme cases, courts may decide that a child should, for their own wellbeing, be taken into the care of the local authority and become a 'looked after child' (LAC).

Children's social workers have not traditionally been considered part of the public health workforce, yet their work has at least as much impact on the current and future health and wellbeing of children in Thurrock as that of health professionals.

Pressures on social workers and the whole social care system are growing each year. There is evidence that a growing number of families and children are coming into contact with the social care system. The reasons for this have not been well understood but the pressures that this puts on the social care system are clear: social workers are increasingly over-burdened and the cost to the Council is growing.

Last year's Annual Public Health Report considered ways in which the health and adult social care system could be made more sustainable. This year, we consider the children's social care system, the pressures on it, and how we can create a system which gives every child in Thurrock the best possible start in life.

# How this report is organised

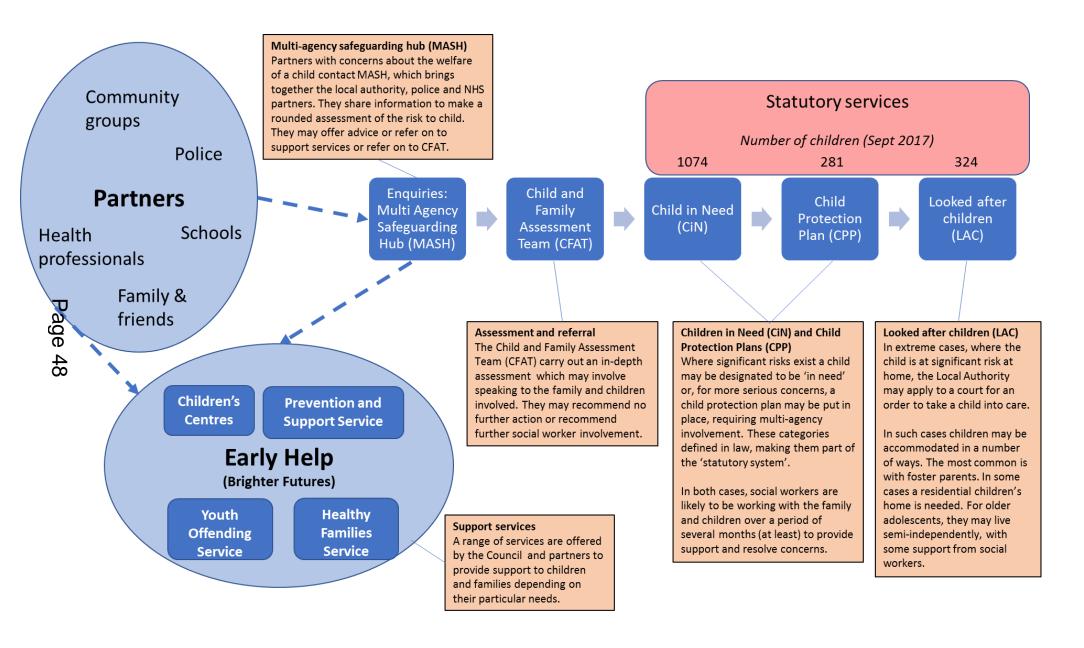
This report sets out to answer a number of key questions about the children's social care system and is organised the following way:

- A guide to how the children's social care system works;
- A summary of our recommendations and the financial opportunities identified by our work;
- Section 1 explores the pressures on children's social services. It aims to answer key questions including:
  - Is the number of children in the social care system rising faster in Thurrock than in other areas?
  - O Why are the numbers rising so fast?
  - o How many children are likely to be in the social care system in future?
- Section 2 looks at how we can reduce the number of children in the social care system. In
  particular, it considers what can be done to prevent children from being taken into care and
  finds that there are actions which can be taken at every stage of the system to prevent this
  outcome;
- Section 3 sums up the key findings and gives detailed recommendations.

# Questions not addressed in this report

In this report we focus on ways of reducing the number of children in the social care system. Other ways of reducing the costs of social care are not covered. These may include, for example, reducing the number of agency staff or more efficient procurement of foster care places.

Figure 1. How the children's social care system works in Thurrock



# Summary of recommendations and financial opportunities

# Summary of recommendations

Based on our analysis, we make the following three strategic recommendations for managing the pressures on the children's social care system in Thurrock:

1. Make a long-term strategic commitment to invest in prevention

To reduce the number of children in the social care system, a high-level strategic commitment must be made to re-balance investment towards preventative activities. In recent years investment in preventative services has been eroded whilst spending on high-cost care placements has increased. By rebalancing investment towards preventative services, we can prevent children from ending up in care unnecessarily and, over time, relieve financial pressures on the social care system. This rebalancing has already begun but must be continued over the long-term to ensure sustainability.

The change must be seen against the background of continuing cost pressures particularly due to rapid population growth. However, we have demonstrated that the cost of doing nothing is likely to be much higher than the costs of investing in preventative services.

2. Invest in the most effective preventative services

Making a strategic commitment to invest in prevention will only be effective if that investment is made in the right areas. Based on our review of evidence we recommend:

- **Early help**: Making efforts to expand the number of families benefiting from early help services by increasing capacity of existing services, strengthening referral systems and expanding inclusion criteria;
- Children in Need & Child Protection Plans: Investing in an 'edge of care' service to work
  intensively with children at greatest risk of coming into care; expanding the capacity of
  existing parenting and domestic violence programmes; more targeted drug and alcohol
  outreach to families of Children in Need or on a Child Protection Plan;
- **Looked After Children**: Working systematically with families who have had children removed to increase the chances of Looked After Children being reunited with their families; providing intensive support to mothers (especially young mothers) who have had babies removed from their care to prevent this from re-occurring in future.
- 3. Improve information on activity and spending

Reducing the number of children in the system and controlling costs can only be achieved if reliable activity and financial information are available, allowing us to understand current patterns of activity and spending. For the purposes of this report, a new way of forecasting future activity and spending has been developed. This kind of forecasting can help to make good strategic decisions and financial plans for the future. The model used here is relatively simple and its accuracy could be improved with more work in future. Moreover, a number of weaknesses in existing data systems have been identified during the course of this report, which hinder effective planning and cost control.

Further details on these recommendations are given in Section 3.

# Financial Opportunities Identified

Implementing the recommendations above, especially investing in prevention, could have a measurable impact on costs on the cost of providing children's social care services. We have identified three key drivers of cost in the system: the rate of Looked After Children; the length of stay in care; the cost of care placements. The table below shows the potential financial impact of changes in these key determinants of the costs of Looked After Children alongside the interventions which could influence these cost drivers.

Savings calculations include reductions in the amount of money spent on placements for Looked After Children. These are "directly cashable" – that is, the Council would immediately spend less money as a result. Other savings (e.g. reductions in staff time) are less easily cashable but can be translated into lower spending over time.

Table 1. Potential annual savings from changes in key cost drivers and interventions

Cost driver	Change	Savings per annum	Directly cashable savings*	Recommended Interventions		
LAC rate	11.6% reduction (to the same level as statistical neighbours	£2.58M	£1.38M	Implement a new edge of care service possibly including short stay residential care for adolescents; support for mothers who have had babies removed from their care.  Increase referrals and capacity in:		
	5% reduction	£1.13M	£0.60M	parenting services and domestic violence programmes.		
				Targeted drug and alcohol outreach to families of Children in Need or on Child Protection Plans.		
				Successor to current Troubled Families programme designed to reduce LAC numbers.		
Length of stay in care	1-week reduction to 34 weeks	£0.65M	£0.34M	Targeted re-unification work carried out by a new edge of care service.  Extending the remit of early help and CP/CIN services to work with		
	3-week reduction to 32 weeks	£1.93M	£1.02M	families who have had children removed from their care.		
Cost of care	5% reduction	£0.6M	£0.6M	Enhancing procurement of placements.		
placements				Continued efforts to recruit more inhouse foster carers.		

<sup>\*</sup> See box at the top of this page for an explanation of 'directly cashable savings'

Where possible we have estimated the impact and financial savings that would result for implementing specific interventions.

Table 2. Impact and expected savings from investing in prevention interventions

Intervention	Recommendation	Estimated Impact	Net savings	More details found in:
Edge-of-care service	Based on Functional Family Therapy or Multi- Systemic Therapy, working with 135 families per year	Preventing 22 children from coming into care per year	£1,225,153	Section 2.3.3
Pause	A service working with 10 women per year	Preventing 2 – 3 children from being taken into care at birth.	£128,520 - £307,945	Section 2.4.2
Domestic violence victims programme	Expand existing STEPS programme from current capacity of ~75 per year to ~135 per year	Preventing 144 additional incidents of domestic violence	£133,220	Section 2.3.1
Domestic violence perpetrators programme	Expand current programme from 10 to 20 places per year	Preventing 19 additional incidents of domestic violence per year	-£7,293	Section 2.3.1

# 1. The pressures on children's services

# 1.1. Is the number of children in the social care system in Thurrock rising and is it higher than in other areas?

We can understand the pressures on the children's social care system in two main ways: the number of children in the system, and the amount of money being spent on it. In this section, we consider first the trends in numbers of children in the system in Thurrock and secondly the cost of the social care system overall. In order to understand whether the numbers in Thurrock are growing faster than in other areas, we make comparisons with both national figures for England, regional figures for the East of England, and with 'statistical neighbours'; that is, a group of local authorities which are statistically similar to Thurrock in terms of their population, levels of deprivation and other relevant factors.

### 1.1.1. Numbers of Looked After Children

There has been a steady rise in the number of Looked After Children (LAC) in Thurrock in recent years from 210 in March 2012 to 345 by March 2017 (Table 3). Numbers have also been rising in other areas. In one sense, then, Thurrock is not unique.

In order to understand whether the rise seen in Thurrock is greater than in other areas, however, we need to look at the rates of LAC per 10,000 children (aged 0 to 17). These rates are shown in Figure 2. This shows that for England and Thurrock's statistical neighbours, rates have been fairly steady in recent years. In Thurrock, however, the rate began to rise after 2011 and has increased by almost 50% since then (from 55 to 82 per 10,000 population). More recently, the rate of LAC in Thurrock has levelled off. However, this is primarily due to reductions in the number of Unaccompanied Asylum Seeking Children (UASC) in the system (Figure 3). The underlying rates of non-UASC have continued to rise. This is discussed below (section 1.2.1).

The fact that the numbers of Looked After Children have continued to rise nationally and amongst Thurrock's statistical neighbours, whilst the rates have stayed the same suggests that, in other areas, the rising number of LAC over the past 5 years has been driven primarily by population growth, whilst in Thurrock other, local factors have been at work, driving up the rates as well as the numbers of Looked After Children.

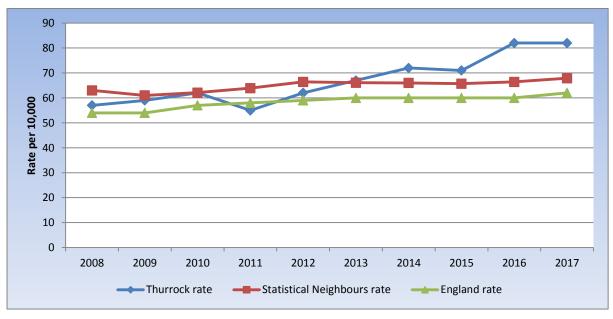
Table 3. Numbers of Looked After Children for Thurrock and comparator areas (2011 – 2017 – as of 31<sup>st</sup> March each year)

	2011	2012	2013	2014	2015	2016	2017
Thurrock	210	240	260	285	285	335	345
Statistical Neighbours	362	377	374	376	380	384	392.5
East of England	6410	6420	6300	6350	6140	6330	6460
England	65510	67070	68060	68810	69480	70440	72670

More recently, however, there does appear to be a levelling off in the rates in Thurrock which may suggest that the long-term upward trend is now coming under control. The latest data available at the time of writing is shown in Figure 4 below. This shows that since the start of this financial year (April 2017) rates have declined slightly from their 2016/17 levels. Much of this has been due to lower numbers of Unaccompanied Asylum Seeking Children (UASC) though the non-UASC rates also

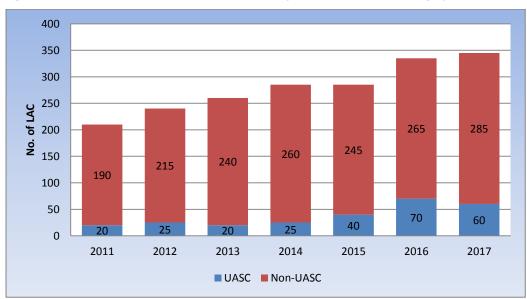
appear to be stable or declining. It is too early to tell at this stage whether these recent changes represent the beginning of a long-term change the trajectory of LAC rates but there are some encouraging signs.

Figure 2. Rates of Looked After Children in Thurrock, England and Statistical Neighbours at year end for 2008/9 to 2016/17



Source: LAIT

Figure 3. Number of Looked After Children in Thurrock by UASC\* and non-UASC category, 2011 – 2017



Source: Department for Education Children Looked After Returns, 2011/12-2016/17

\* UASC: Unaccompanied Asylum Seeking Children

90 80 Sate per 10,000 children 70 60 2017/18 UASC 50 2017/18 Non-UASC 40 -2016/17 30 20 10 0 Jun Jul Apr May Aug

Figure 4. Rate of Looked After Children in Thurrock by month for 2017/18.

Source: Thurrock Council data

## 1.1.2. Caring for Looked After Children

Looked after children can be cared for in a number of ways. Figure 5 (below) shows that at the time of writing 74% of Looked After Children in Thurrock were in foster placements. In cases where a foster placement is either unsuitable or unavailable, children may be cared for in residential children's homes. Some older teenagers in care may be able to live semi-independently in settings where they are supported to learn important skills such as budgeting and cooking for themselves. In cases where a baby is at risk at home, it is possible for them to be accommodated in mother and baby unit which allows the bond between mother and baby to be continued in a safe environment.

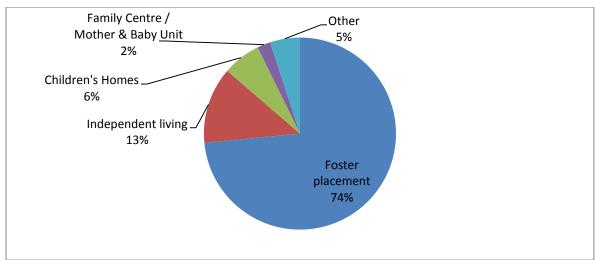


Figure 5. Looked after children placements in Thurrock (August 2017)

Recruiting and retaining sufficient foster carers is a major challenge for many local authorities including Thurrock. Some foster carers are employed directly by the local authority and others work through agencies known as IFAs (Independent Fostering Associations). It is significantly more expensive for the local authority to employ foster carers through agencies but a shortage of in-house foster carers sometimes makes this necessary.

Even taking into account agency provision, there is a shortage of foster carers available in Thurrock. Figure 6 indicates that this shortage has been getting worse for several years now, declining from 71 places available per 100 LAC in 2013 to just 55 in 2016. Thurrock now has the lowest rate of foster places available among all its statistical neighbours and a rate which is about half the national average. This can be attributed to an increase in the number of Looked After Children, alongside no significant change in the number of foster places available.

This shortage has implications for both the quality and the cost of care. The shortage of supply means that social workers have little choice when trying to match Looked After Children with suitable foster carers and often have to make compromises such as placing children far out of the borough. As Thurrock social workers have a duty to visit and support LAC even when they are living out of the borough, these arrangements take up a lot of social worker time and incur high travel costs.

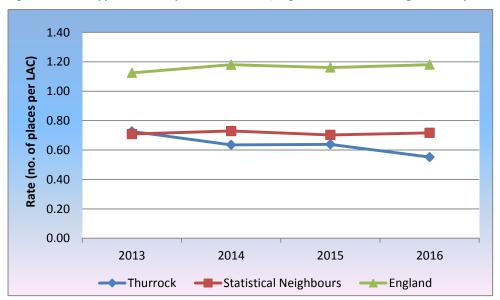


Figure 6. Rate of approved foster places for Thurrock, England and statistical neighbours at year end, 2013 - 2016

Source: Fostering in England Statistics

# 1.1.3. Children in Need and Child Protection Plans

Although it is possible for children to become looked after soon after their first contact with the local authority, most children who end up being looked after have previously been classified as Children in Need (CiN) or, where concerns were more serious, have been on a Child Protection Plan (CPP). The length of these plans can vary from a few months to several years. In some cases they are ended when concerns are addressed and it is possible to 'step down' the care of that child (i.e. end social care involvement in their lives). In other cases, these plans end when the children reach the age of 18 or are taken into care.

During the course of a CiN or CP plan social workers are regularly involved with the child and their family with the aims of ensuring the child's safety and supporting families to make any changes needed to care for their child.

Similar to the trends for LAC, from a low point in 2011, the rate of Children in Need (CiN) appears to have risen in Thurrock in recent years and is now well above the national average and the average

for statistical neighbours (Figure 7). National rates, and those for statistical neighbours, meanwhile, appear to have stayed fairly stable over the same period.

The pattern for Child Protection Plans is similar, in that rates in Thurrock have increased over the past 6-8 years (Figure 8) and are higher than for comparators. One difference here, however, is that there does appear to have been a steady rise in CP plan rates nationally and amongst statistical neighbours over the same period. Overall, the data suggest that there are local factors at work keeping the amount of activity in Thurrock's social care system high and rising.

Figure 7. Rate of Children in Need per 10,000 population (0 – 17) for Thurrock, England and statistical neighbours (2009 - 2016)

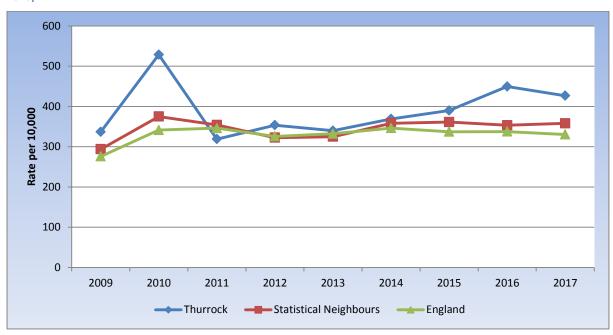
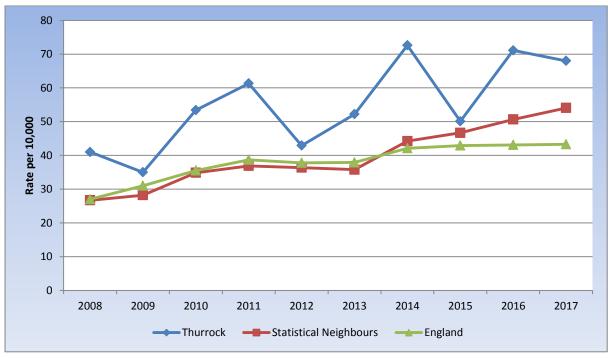


Figure 8. Rate of children subject to a Child Protection Plan per 10,000 for Thurrock, England and statistical neighbours (2008 - 2016)



# Multi-Agency Safeguarding Hub

MASH (the Multi-Agency Safeguarding Hub) is the 'front door' for most children's social care work.

The MASH was established in 2014 with the aim of providing better inter-agency working and information sharing. As the first point of contact for most safeguarding enquiries, the MASH controls, to some extent, the flow of demand into the children's social care system. There is some evidence that the complexity of cases being referred into the MASH is increasing, with the proportion of enquiries rated as *Red* (the highest risk category) at the start doubling from 16.7% to 34.4% between 2015/16 and 2016/17. This has an impact on the workload of the statutory services, as the proportion of MASH enquiries that were transferred into social care increased from 64.9% to 76.2% in the same period.

## 1.1.4. Budget and Spending

#### The National Picture

Spending on children's social care has been rising nationally and many Local Authorities are struggling to continue to fund the current system. Analysis for the Department of Education (2016) looking at how Local Authorities have responded to these pressures since 2010 found that the main strategy pursued by most local authorities was to place greater emphasis on early help and integrating services. Both of these strategies are designed to reduce the numbers of children in the system and to prevent cases from escalating to the most expensive part of the system where children are taken into local authority care.

Although most authorities believe that early help (prevention) is vital for managing rising costs, analysis of actual spending shows a different picture. Between 2010/11 and 2013/14 national spending on statutory services (CiN/CPP and LAC) rose in real terms (from £5.659 billion to £5.890 billion) and as a proportion of total spending on children's services (from 57% to 65%) whilst spending on other areas decreased. One conclusion of the report was that:

Spending on some service areas was difficult or impossible for participating councils to change, for example where there were contractual constraints or statutory responsibilities, as for Looked After Children... however local councils had greater flexibility to decide spending changes on other areas, such as children's services early help. (Department for Education, 2016, p. 14)

### The Local Situation

Analysis of local spending is not simple (see Data warning!) but the following conclusions are reasonably certain:

# **Data warning!**

Analysing spending on children's social care is complex. It requires a number of assumptions to be made about what constitutes 'social care'. Moreover, categorisation of spending in this area has not always been consistent over the years, making it challenging to analyse trends over time. The analysis presented here, therefore, should be treated with some caution but represents our best estimate of how spending on children's social care has changed over recent years.

Also, for the purposes of this report spending on Looked After Children has been separated from other costs. This is based on a highlevel analysis of budgets. A financial deep dive is needed to get a more accurate picture of the true costs to the Council of Looked After Children.

- In Thurrock, as nationally, investment in Early Help services has declined as a proportion of spend in recent years. For example, spending on Early Offer of Help services in Thurrock has fallen from £0.93 million in 2015/16 to £0.39 million in 2017/18. At the same time spending on external purchasing of placements for Looked After Children rose from £8.9 million to £9.3 million. Much of the reduction in early help services followed the withdrawal of £450,000 of NHS funding previously contributed by Thurrock Clinical Commissioning Group (CCG).
- By far the biggest area of spending on children's social care is on Looked After Children (see Figure 9). Although the number of LAC at any one time is relatively small, the associated costs make up around 71% of all spending on children's social care (see Figure 9). This is a rough estimate and further financial analysis is needed to obtain an accurate figure for the costs of LAC to the Council. Much of this cost is associated with 'placements' (e.g. the cost of foster care or children's homes places).
- The most recent national data indicates that Thurrock's rate of spend per looked after child has reduced over the last three years and is now similar to the average for England and for our statistical neighbours (Figure 10).

Overall, it is clear that controlling the costs of children's social care in future will depend to a great extent on the ability of the Council to control costs associated with Looked After Children since this makes up the majority of spending. Reducing costs in this area, however, is likely to require greater investment in early help services and other strategies which reduce the number of children who end up being taken into local authority care.

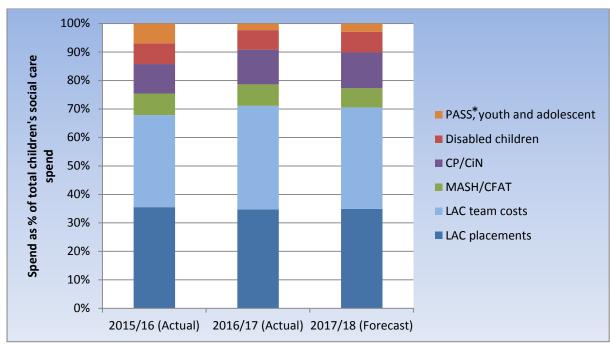


Figure 9. Spending in Children's social care by category from 2015/16 to 2017/18

Source: Thurrock council finance

Note: "LAC team costs" are budgets for the social care teams working primarily with LAC. This will include some placement costs but further work is needed to separate these out from other team costs including staff and travel costs.

PASS: Prevention And Support Service

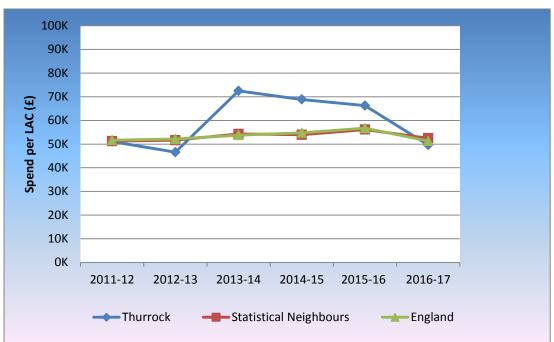


Figure 10. Spending on Looked After Children in Thurrock, and comparators, from 2011/12 to 2016/17

Source: Department for Education Local Authority and School Expenditure statistics and Children Looked After Returns, 2011/12-2016/17

# 1.2. Why are the numbers of children in the social care system rising in Thurrock?

We have seen that the numbers of children in the system are growing in Thurrock, faster than in other comparable areas. In trying to understand the rise that has occurred in recent years, it is helpful to consider two types of force which may result in children ending up in the social care system. It might be that more children need a social care intervention than in the past (demand factors), or it could be that the social care system is more likely to intervene than in the past (supply factors). Therefore, we can address this question by considering the demand and supply factors (Bywaters P. , et al., 2017) which may be at work in Thurrock.

Based on a review of the research literature we have identified the factors shown in Figure 11 as a framework for understanding growing demand for social care in Thurrock. The following sections try, where possible, to quantify the impact of each of these factors in Thurrock in recent years.

Figure 11. Demand and supply model adapted for Thurrock

#### **Demand factors** Supply factors Population growth National legal and policy Interact with Deprivation frameworks Ethnicity Risk tolerance Preventative services Unaccompanied asylumto produce LAC and CPP Re-referral ("failure seeking children (UASC) rates Special Educational demand") **Needs and Disabilities** (SEND)

Source: adapted from (Bywaters P., et al., 2017)

### 1.2.1. Demand factors

## *Population growth*

Possibly the most important reason for the growing number of children in the social care system in Thurrock is growth in the child population. The high level of economic and housing development taking place makes this a particularly strong pressure in Thurrock. Moreover, this growth in population is likely to continue into the future, placing increasing pressure on the social care system and other services.

Figure 12 below shows the growth of the child (0-17) population in Thurrock and England between 2006 and 2016. This shows that the rate of growth in Thurrock has been much faster than the national average. Whereas England's child population grew by 6% over that ten-year period, in Thurrock growth was more than double that at 13.3%. This, then, may account for a significant portion of the growth in the number of children in the social care system in recent years.

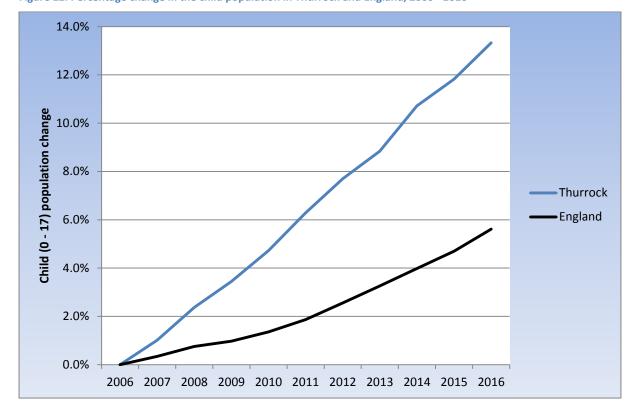


Figure 12. Percentage change in the child population in Thurrock and England, 2006 - 2016

Source: Office for National Statistics mid-year population estimates

## Unaccompanied Asylum Seeking Children

Another factor which has certainly contributed to the rise in the number of Looked After Children in recent years has been a higher number of unaccompanied asylum seeking children (UASC) arriving in Thurrock from abroad. Thurrock is particularly likely to receive such children due to the presence of two major shipping ports in the borough. If they are not accompanied by parents or guardians, asylum-seeking children become looked after by the local authority. Figure 13 shows that Thurrock has a much higher proportion of UASC in its LAC population than any of its statistical neighbours.

An arrangement to allow the dispersal of UASC across the region (the Interim National Transfer Protocol for Unaccompanied Asylum Seeking Children) came into force in July 2016. This has resulted in a significant reduction in the number of UASC in Thurrock. From a peak of 103 in 2016, the numbers have fallen to 38 in August 2017. This agreement also means that over the next 1-2 years, the numbers of UASC are likely to continue to fall to around 28.

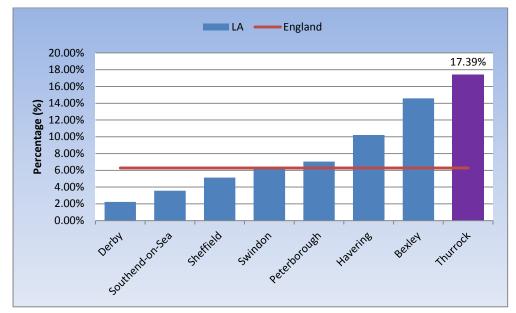


Figure 13. Percentage of Looked After Children who are unaccompanied asylum seekers (UASC), 2017

Source: Department for Education Children Looked After Returns, 2016/17

The high number of Unaccompanied Asylum Seeking Children entering Thurrock in recent years has had a significant impact on Thurrock's headline rate of LAC. The financial impact, however, has been mitigated to some extent by the provision of central government funding for this purpose.

Nevertheless, there has been a significant impact on finances and on staff time, as the funding provided to the local authority for UASC does not cover the full cost of care.

Just as the financial pressure of rising UASC numbers was mitigated to some extent by central government funding, the potential benefits of falling numbers will, to some extent, be offset by a decline in this funding stream. Further work is needed to calculate the likely financial impact of this trend.

## **Deprivation**

There is a large body of evidence showing that socio-economic deprivation is strongly associated with social care intervention rates. This is not only true in the UK, but internationally. A two-year project funded by the Nuffield Foundation found that children living in the most deprived areas of England were 13 times more likely to be on a Child Protection Plan and 11 times more likely to be looked after than children in the least deprived areas (Bywaters P. , Brady, Sparks, & Bos, 2016). This study also found that, on average, each 10% increase in neighbourhood deprivation levels was associated with a 30% increase in rates of Looked After Children (see Figure 14). The reasons for this strong association between deprivation and social care intervention are less clearly understood though there is evidence that both supply and demand factors play a part (Hood, Goldacre, Grant, & Jones, 2016).

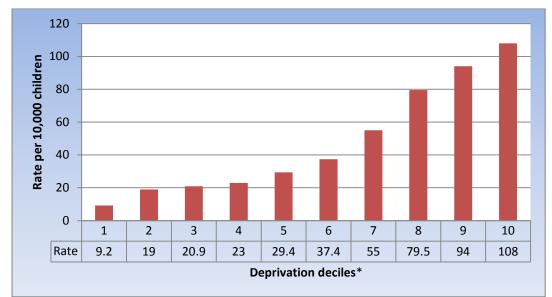


Figure 14. Looked-after children rates per 10,000 children by deprivation decile\*, midlands sample, 31 March 2012

Source: (Bywaters P., Brady, Sparks, & Bos, 2016)

Given that deprivation is a strong driver of demand for social care, to what extent can this help to explain increases in social care activity in Thurrock in recent years? A useful measure of deprivation related to children is the IDACI (Income Deprivation Affecting Children Index) score which is a measure of the proportion of children (age under 16) living in low income households in an area. Figure 15 shows IDACI scores for Thurrock and comparator areas. The most recent data suggest that the level of child deprivation in Thurrock is slightly above the national average, though it is similar to statistical neighbours. Moreover, whereas nationally child deprivation rates appear to have declined between 2010 and 2015, in Thurrock and similar areas, child deprivation has become more common. We would, therefore, expect some increases in the level of social care activity in Thurrock due to increased levels of deprivation.

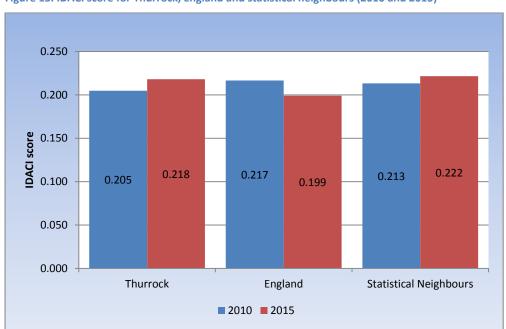


Figure 15. IDACI score for Thurrock, England and statistical neighbours (2010 and 2015)

<sup>\*</sup> Deprivation deciles, 1 = most affluent, 10 = most deprived.

Source: Department for Communities and Local Government

### **Ethnicity**

A variety of evidence suggests that ethnicity is a major factor influencing demand for children's social care services. For example, Harrow Council (2017) conducted a review of its Children's services and concluded that the two key factors driving demand within the borough were population growth (particularly increase in wards with higher levels of deprivation) and increases in the diversity of ethnic groups within the borough. Similarly, it is clear in Thurrock that children from ethnic minorities are over-represented in the LAC population (see Figure 16).

However, we need to be cautious about assuming that greater ethnic diversity in the borough means that more children are likely to have contact with social care. Table 4, for example, illustrates that the relationship between ethnicity and social care activity is patterned by deprivation in a complex way. Further research is needed in this field to disentangle the effects of deprivation and ethnicity with any certainty.

If we were to assume that children from ethnic minorities are more likely to be known to social care, it might offer some explanation for rising social care activity in Thurrock. Data from the school census shows that the proportion of children from ethnic minority backgrounds in Thurrock is rising steadily at a faster rate than in England or Thurrock's statistical neighbours. Similarly, future demand may be affected by how the ethnic make-up of the population changes in future though it is hard to be sure what effect (if any) this might have.

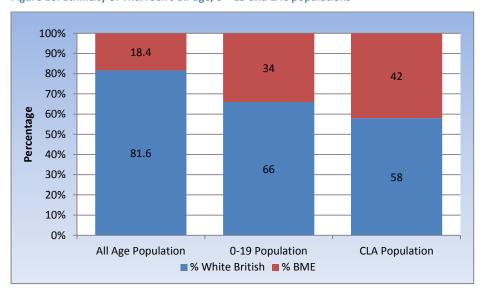


Figure 16. Ethnicity of Thurrock's all-age, 0 – 19 and LAC populations

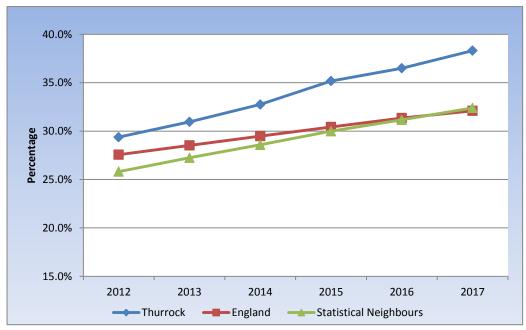
Sources: Census 2011, School Census 2017 and Thurrock Council

Table 4. Looked after children rates per 10,000 children by deprivation quintile and ethnic category, England sample

Deprivation quintile*	1	2	3	4	5	All
White	15	28	42	77	162	64
Mixed	27	47	62	103	164	99
Asian	7	18	15	21	34	22
Black	12	97	62	96	92	87
Other	46	90	52	41	111	74

Source: (Bywaters, Jones, & Sparks, 2017)

Figure 17. Proportion of primary school pupils from minority ethnic groups in Thurrock, England and statistical neighbours (2012 - 2017)



Sources: Department for Education School Census returns, 2012-2017

### Special needs

There is a long-term downward trend in infant and child mortality rates in this country. Whilst this is extremely positive, one consequence is that the number of children with complex needs is growing as more children with severe health problems survive into later childhood. One recent report (Pinney, 2017) estimated that there has been an increase in the number of disabled children and young people of over 50% since 2004 (49,300 to 73,000). A small proportion of these children will become looked after because their disability is so severe that they cannot be cared for at home. At local authority level the number of such children is always likely to be small, meaning that the impact on the overall rate of LAC is modest. However, children with special needs may require highly specialised care, provided in high-cost placements meaning that a small change in the number of cases can have significant financial implications. Further analysis is required on this topic to understand the long-term trends, as well as the service and financial implications, locally.

Summary of the impact of demand factors on social care activity in Thurrock
In trying to explain the growth in activity in children's social care in recent years, it is clear that a number of demand factors need to be considered. The most significant of these are population growth and Unaccompanied Asylum Seeking Children. A modest rise in the number of children living

<sup>\* 1=</sup> least deprived, 5 = most deprived

in deprivation may also have contributed. More work is needed to understand the impact of a growing number of children with special educational needs and disabilities in Thurrock, though it is clear that this is likely to be a long-term cost pressure which drives up the complexity of care provided. The impact of increasing ethnic diversity is less clear. Further research is required to understand whether this is likely to increase demand.

In order to understand the potential impact of these demand-side factors on the numbers of LAC in Thurrock in recent years, we carried out modelling of various scenarios. The results are shown in Figure 18. This shows the actual number of LAC compared what might have been expected given known changes in demand factors. The impact of population growth on the expected number of LAC is illustrated by the purple line below<sup>1</sup>. This suggests that a modest proportion of the rise in LAC numbers is likely to have been due to population growth.

The green line ('population & UASC growth) shows the number of Looked After Children that can be accounted for by population growth and UASC. The red line ('population & UASC & deprivation') additionally adds an estimate of the impact of increased levels of child poverty (see Appendix 1 for more details). Together these suggest that a significant proportion of the increase in numbers seen since 2008 can be attributed to these three factors: population growth, UASC, and increased deprivation. However, this leaves a significant amount of the growth unaccounted for. It is possible that unmeasured demand factors (such as ethnic diversity and SEND) contributed but it is also highly likely that supply-side factors have played a part in increasing the number of Looked After Children in Thurrock. Therefore, it seems likely not only that more children are in need of social care intervention than before but that the social care system has become more likely to intervene. The possible supply-side factors involved are discussed below.

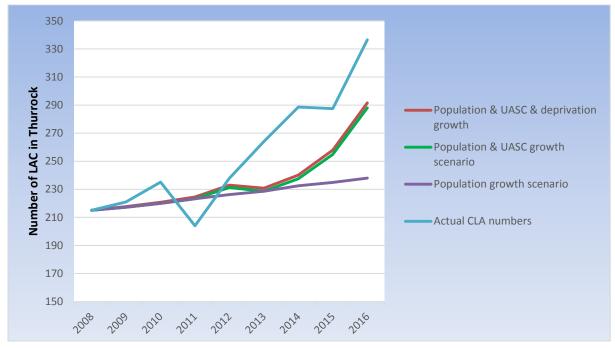


Figure 18. Actual number of LAC in Thurrock vs modelled scenarios for different demand factors, 2008 – 2016

Sources: ONS (population data), Local Authority Information Tool (LAC and UASC numbers)

<sup>&</sup>lt;sup>1</sup> The population growth model shows what the number of LAC been if the rate of LAC had stayed constant since 2008 and the population had grown in line with ONS mid-year estimates.

# 1.2.2. Supply factors

Our review of evidence found that the two main forces at work on the supply side are likely to be: changes in national policy frameworks and risk tolerance amongst staff; and reductions in key preventative services.

### Policy change and risk tolerance

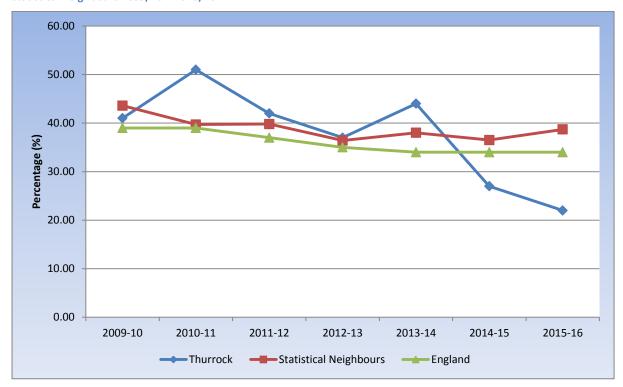
Nationally, new legislation, guidance and regulation have placed additional responsibilities on local authorities in recent years. Policy decisions of this kind are often informed by high profile, national events such as Serious Case Reviews or public inquiries. The widely-reported case of Baby Peter Connelly and the subsequent Munro Report on Child Protection (2011) are examples of how national policy responds to high profile events. Whilst it is hard to quantify the impact of such changes over the years, it is generally believed there has been a decline in risk tolerance in children's social care systems (Bywaters P. , et al., 2017) and that this has had an effect on the amount of activity in the national social care system. More specifically, the iMPOWER review of Thurrock's social care system commented on the existence of 'risk averse' culture in the Council and beyond, in the partners who refer into the social care system.

#### Preventative services

As noted above, investment in preventative services has been significantly reduced in recent years both nationally and in Thurrock. The most significant cut to preventative services occurred in 2015 after removal of £450,000 of CCG funding of early help services. This resulted in the decommissioning of services such as the Family Intervention Programme (FIP) and a tier 1 substance misuse service provided by Open Door. Quantifying the impact of such services is difficult but it is reasonable to assume that removing these preventative services (whilst at the same time spending more money on LAC) may have resulted in more children ending up being looked after, and that this might have been prevented if their families had be given more support at an early stage.

Even once children become looked after it is sometimes possible for them to return to their own families once significant issues have been resolved. There is evidence that this outcome is not as common as it used to be in Thurrock. Figure 19 shows a dramatic decline in the proportion of LAC returning to their families in Thurrock in recent years from a high of over 50% in 2010/11 to just 22% in 2015/16. More recent data were not available at the time of writing so further work is needed to understand if this trend has continued. The reasons for this decline also need to be investigated further. It is clear, however, that this trend could have had a significant impact on the number of children who remain looked after by the local authority.

Figure 19. Percentage of children returning home after a period of being looked after for Thurrock, England and statistical neighbours 2009/10 – 2015/16



# 1.3. How many children are likely to be in the social care system in future?

Forecasting future numbers is a challenging task. A survey of local authorities carried out by the Department for Education (Department for Education, 2016) found that most councils make limited use of forecasting methods or rely on simple extrapolations from previous budgets. However, attempting to understand future activity is crucial both for financial planning and for evaluating the impact of efforts to manage demand. For example, against a background of rapidly rising demand, it may be that modest growth is a sign that demand management efforts are having some effect.

For this report we have developed a new methodology for forecasting future activity. Technical details of the modelling methodology are given in Appendix 1. In summary, the models allow us to take into account not only historical trends but future factors such as population growth or changes to the cost of care. Inevitably, forecasting the future involves a significant degree of uncertainty. None of the forecasts presented below, therefore, should be considered definitive. Rather, the alternative scenarios represent a best estimate of what activity is likely to be in future **if** a given set of assumptions holds true.

# 1.3.1. The Thurrock Public Health Team Forecasting Model

A diagram representing the model used to forecast future demand and spend is shown below in Figure 20. The model forecasts activity and spend on Looked After Children only. Other elements of social care are not, at present included. However, given that it is estimated that around 70% of children's social care spending each year is directly or indirectly related to Looked after Children, modelling cost and activity in this area is particularly important.

The model presented here is designed to demonstrate the possible effects of changes in key factors which influence activity and cost. For example, as discussed above, one of the main drivers of increasing activity and cost in future will be population growth. Other factors include, the rate of children in care and the how long they stay in care, once they become looked after. Costs factors include the costs of placements (cost per week) and the staffing costs needed to work with the Looked After Children population.

# Limitations of the forecasts

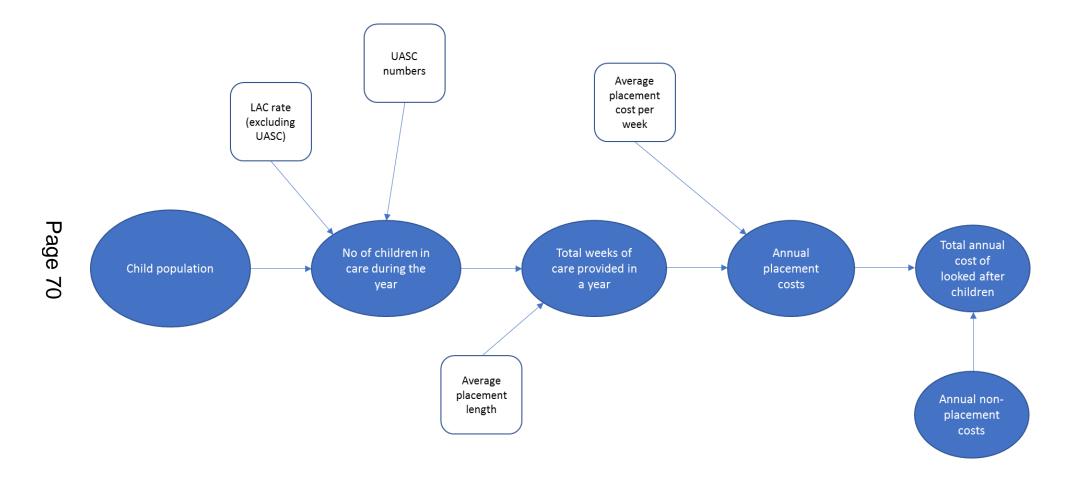
This model should be seen as a starting point, which illustrates possible future scenarios. A number of limitations should be kept in mind when examining its results:

First, the outputs from any model are only as accurate as the assumptions which are used to construct it. This model is no different. The assumptions underlying the models are set out in an appendix so that readers can examine them critically.

Second, modelling dynamic systems such as children's social care involves a huge amount of complexity. The model here is greatly simplified. For example, placement costs have been modelled as a single, average figure although the real cost of placements varies hugely. This means that the model cannot, at present, take into account possible changes in the complexity of placement needs.

Thirdly, some of the data underlying this model are incomplete. In particular gaining an accurate picture of the number of weeks of care provided by the Council at present (and historically) has been very challenging as has getting accurate figures on the costs of placements across all budgets. In places where data are limited, estimates have been made based on the best available information.

Figure 20. Thurrock children's social care demand and cost forecasting model 2017



#### 1.3.2. The impact of population growth

We have seen that Thurrock's child population has grown at more than twice the national average rate over the past ten years. Forecasts for the future suggest that this rapid pace of growth is likely to continue. Figure 21 below shows projected population growth in Thurrock over the next 20 years. National estimates from the Office for National Statistics (ONS) are shown alongside local projections created for Thurrock as part of the Strategic Housing Market Assessment (SHMA). The SHMA projections take into account the high levels of job and housing growth expected to take place in Thurrock in the coming years and provide a more accurate forecast.

From the baseline year of 2014, SHMA projections suggest that the child population (0-17) will grow by 19 % by 2024 and 35.4% by 2037. By comparison, the child population of England is projected to grow by just 13.3% by 2024 and 19.2% by 2037 (Office for National Statistics, 2014); around half the rate of growth expected in Thurrock over the next 20 years.

...it seems inevitable that the rapid pace of growth of the child population expected in Thurrock... will continue to put significant pressures on the social care system over the next 10 - 20 years.

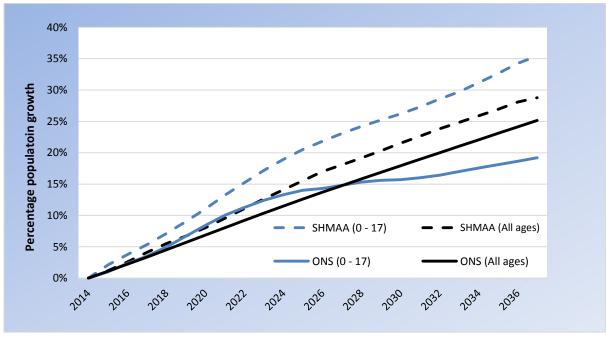


Figure 21. Projected population growth in Thurrock 2014 - 2037

Source: Office for National Statistics (ONS) and Strategic Housing Market Assessment (SHMA)

It seems inevitable that this rapid pace of growth of the child population expected in Thurrock (around twice the national rate) will continue to put significant pressures on the social care system over the next 10-20 years. Moreover, this pressure will be much greater for Thurrock than is experienced nationally or in most other comparable areas since population growth is being driven by rapid economic and housing development.

All other things being equal, this rapid population growth will have a significant impact on the numbers of children in the social care system and the cost of providing social care services. Figure 22 and Figure 23 below show the potential impact of population growth on the numbers of Looked After Children in Thurrock and the resulting cost to the Council<sup>2</sup>.

Even based on the (lower) ONS population projections, it is clear that the number of Looked After Children is likely to increase considerably in future. However, the forecasts based on SHMA population projections, suggest an even greater increase. The difference between these two forecasts can be taken as an indication of the impact of economic and housing growth in Thurrock beyond natural population growth. Based on the more realistic SHMA population projections Thurrock is likely to see 17% growth in the number of LAC and growth 15% in LAC-related costs over the next 10 years (2017 – 2027)

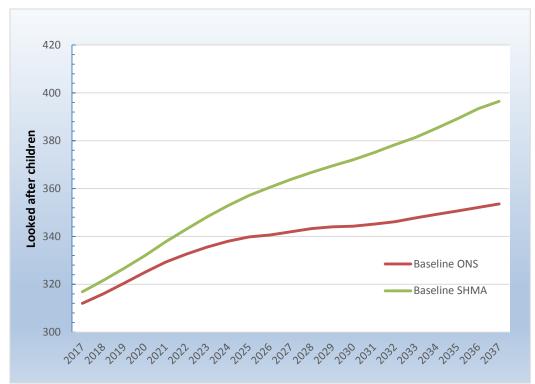


Figure 22. Forecast impact of population growth on the number of Looked After Children in Thurrock 2017 - 2037

<sup>&</sup>lt;sup>2</sup> This model assumes that all other factors stay constant at the most recent available levels (August 2017). See Appendix 1 for more detail).



£22

£20

2017

Figure 23. Forecast impact of population growth the cost of services for Looked After Children in Thurrock 2017 - 2037

Baseline ONS
Baseline SHMA

#### 1.3.3. The impact of changes in LAC rates

It is also possible to consider the possible impact of changes to the rate of Looked After Children in the Thurrock population. The factors affecting this rate are discussed above<sup>3</sup>. These models indicate what will happen if, as has happened over recent years, not only are there more children in the borough but those that live here are also more likely to end up being looked after.

Figure 24 below shows three possible scenarios illustrating the impact on the cost of LAC-related services in future. The 'Population growth only' scenario is the same as that presented in the section above on population growth. It assumes that LAC rates and costs stay the same but that the population grows in line with SHMA population projections. The other two scenarios show the impact of changes in the rate of children in care.

The 'Rising CLA' scenario assumes that LAC rates will continue to grow in line with the growth seen since 2011. The 'Falling CLA' scenario, on the other hand, assumes that over the next 5 years, LAC rates are brought in line with the current national average. Further details are given in Appendix 1.

The results show that future costs are very strongly affected by the rate of children coming into care. Relatively small changes in rates can produce large changes in costs. The "Rising CLA scenario" illustrates the most likely course of future costs if trends over the past 5 – 10 years were to continue into the future. It forecasts a 27% increase in activity and cost over the next 10 years (17% due to population growth plus 10% due to increasing LAC rates). On the other hand, the Falling CLA scenario illustrates the potential gains to be made if LAC rates can be reduced to the national average<sup>4</sup>. Action is underway (detailed below in Section 2) to move Thurrock from the upper to the lower trajectory.

The "rising CLA scenario" illustrates the most likely course of future costs unless significant action is taken to reduce the rates of children becoming looked after. It forecasts a 27% increase in activity and £6 million of extra funding required in 10 years' time.

<sup>4</sup> This scenario assumes that the non-UASC rate of LAC is reduced to the current national average (56 per 10,000) over the next 5 years and then stays constant.

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<sup>&</sup>lt;sup>3</sup> Here, the impact of changes in the LAC rate combined with population growth are illustrated without making assumptions about the specific demand and supply-side factors which might affect this rate. Further development of the model in future, would allow specific assumptions to be tested about factors such as deprivation rates and ethnic diversity.

Figure 24. Forecast impact of changes in LAC rates and population growth on the cost of services for Looked After Children in Thurrock 2017 - 2037

Other demand-related factors, such as increasing numbers of children with special needs and changes in the ethnic make-up of the population, or deprivation rates are more difficult to quantify and have not, therefore, been included in the model at this stage. Further work could be done to incorporate the potential impact of these factors.

# **Potential future costs**

If current trends in LAC rates over the past 5-10 years continue and if population growth is as expected, the cost of Looked After Children is expected to rise by £4M pounds over the next 5 years. By contrast, a reduction in CLA rates could see costs being reduced by £0.6M

Projected changes in LAC costs over the next 10 years				
Scenario	3 years	5 years	10 years	
Rising CLA	£2.08M	£4.01M	£5.98M	
Population growth only	£1.07M	£2.22M	£3.32M	
Falling CLA	-£0.44M	-£0.59M	£0.94M	

# 2. How can we reduce the number of children in the social care system?

It is clear, then, that the number of children in the social care system is rising in Thurrock, faster than in other areas. Some of the reasons for this have been explored. It is also clear that the numbers in the system are likely to continue to grow in future unless significant action is taken. But what kind of action can be taken to prevent children from having to enter the social care system? This chapter attempts to answer that question.

First, we review the recommendations provided by iMPOWER following their analysis of Thurrock child social care system last year. Then, we present the results of an in-depth review of the research evidence in order to understand what works in prevention. In preparing this, the authors also met with key service leads across the social care system to understand how existing services operate and gather views on how services could be strengthened. The full results of the literature review are given in Appendix 2.

#### 2.1. iMPOWER recommendations

The consultancy iMPOWER was commissioned by Thurrock Council in 2016 to identify opportunities to manage demand and cost in children's social services. Their review highlighted five main opportunities to influence demand and cost in Thurrock:

#### 1. Ensuring the right demand is entering the system by working with partners

This related to their finding that partner organisations such as schools and the police were making large numbers of enquiries and referrals into the Council when, in many cases, no action was required by social workers. Inappropriate referrals were taking up a lot of staff time.

#### 2. Develop the prevention and early intervention offer

An audit of Looked After Children cases found that in 49% of cases it might have been possible to prevent those children ending up in care if the right early support services were put in place. This highlighted the need for a more effective set of early intervention services.

#### 3. Enable more active interventions to enable step down of care

It was recommended that social workers' time should be freed up from carrying out large numbers of assessments, and allowing them to spend more time working with families to resolve their problems.

- 4. Reduce the proportion of agency staff;
- 5. Increase the ratio of in-house foster care provision to reduce placement costs.

The first three of these recommendations concern reducing the amount of activity in the system, whilst the last two are measures to reduce the cost of providing services.

#### 2.2. Recent Developments

Following the review carried out by iMPOWER a number of developments have taken place in the service to improve sustainability. These include:

A new Prevention and Support Service: the new, integrated service brings together a number of previous prevention services including the Early Offer of Help and Troubled Families. This has also been integrated into Brighter Futures (see below).

**Brighter Futures** has been established to integrate Thurrock's early years and preventative services. The PASS service is part of Brighter Futures, which also includes Children Centres and the Healthy Families service (school nursing and health visiting). Efforts to create a more joined-up offer to children and families, with health, education and social care professionals working together, are designed to prevent issues from escalating to the level where social worker intervention is required.

**Reductions in agency staffing** have been pursued. Agency numbers now appear to be in steady decline. Efforts have also been made to recruit more foster carers from the local population, although the availability of in-house foster carers (and, indeed, any foster care placements) continues to be a significant challenge in Thurrock and nationally (see section 1, p14).

**Targeting social work.** A data system called Xantura has been commissioned to provide 'predictive analytics'. The system uses data from a variety to sources to flag up children at high risk, allowing social workers to intervene earlier and more effectively.

**Signs of Safety.** This is a strengths-based approach to child protection work which is being rolled out in Thurrock to improve case work and risk assessment.

### 2.3. What works in early help?

Early help describes interventions with children and families who are not at the stage of having statutory social worker intervention (CiN/CP or LAC). They are, by definition, preventative services designed to address problems at an early stage and prevent them from escalating. They are, therefore, critical to reducing the number of Looked After Children. Our review of evidence found a number of interventions which have been shown to work in this field.

#### 2.2.1. Home Visiting

Home visiting programmes at the ante-natal and early post-natal stage can be effective in facilitating the development of a sensitive and empathetic relationship between the parent and young child which may forestall attachment and other relationship difficulties. There is enough evidence of its effectiveness for it to be recommended in NICE guidance (2017) as a form of early help for families showing possible signs of abuse or neglect.

Current provision of home visiting is provided to all families in Thurrock through the Healthy Families service which includes graded levels of intensity according to need. For those assessed as having greater needs, the service provides more intensive visiting from health visitors and a multiagency response where appropriate, which may include social workers. Family Nurse Partnership, which used to be provided in Thurrock, is no longer commissioned as it was judged not to be cost effective in line with the results of UK trials (Barlow, Davis, McIntosh, Jarrett, & Mockford, 2007) (Robling, et al., 2015). To fill this gap, the newly commissioned Healthy Families Service provides an offer to young parents and more vulnerable families with more intensive support to replace this service.

#### 2.2.2. Parenting Programmes

Parenting programmes aim to improve parenting skills and produce better outcomes for children. There is moderate to strong evidence that these can be effective in improving outcomes such as positive parenting behaviours, reduced behavioural problems in children and reducing risks of abuse and neglect. However, reviews of the evidence base also suggest that parenting interventions may be ineffective or insufficient in cases of high need and families with complex, multi-layered problems (Barlow, Johnston, Kendrick, Polnay, & Stewart-Brown, 2006).

**Current provision** includes three commissioned parenting programmes. Full details of the programmes and the evidence underpinning them can be found in Appendix 2. In summary:

- Strengthening Families Strengthening Communities (SFSC) is a 12-week group parenting
  course that covers all aspects of effective parenting, boundary setting, praise and warmth,
  and working with children's emotions. It uses peer support and includes additional support
  for the family in their home. In 2016/17, 252 families were referred into this programme but
  only 128 were able to go through the programme due to capacity constraints. This means
  some families were waiting for weeks or months before getting a place on the programme.
- Mellow Mums is an attachment and relationship based group intervention for mums who
  have babies and young children. In 2016/17, 21 mothers were referred into this programme
  and 18 went through the programme, with 10 on a waiting list. This suggests again that
  capacity is not sufficient to meet the current level of need.
- Triple P is a 13-week programme for parents with teenage children showing problematic behaviour. It seeks to avoid those behaviour patterns escalating further by giving parents practical strategies to help them build strong, healthy relationships, and to enable them confidently to manage their children's behaviour. No referrals were made into this programme in the past year. Therefore, although the provider is able to offer this service, it has not been utilised. As the evidence base underpinning this programme is relatively strong (See Appendix 2) the reasons for the lack of uptake of this programme need to be investigated.

#### 2.2.3. Troubled Families<sup>5</sup>

This is a national programme which comes with its own funding from central government based on performance. It is intended to change repeating inter-generational patterns of poor parenting, abuse, violence, drug use, anti-social behaviour and crime in the most troubled families in the UK. Troubled families are defined as those that have problems and cause problems to the community around them, putting high costs on the public sector. Specific aims of the programme are to:

- get children back into school;
- reduce youth crime and anti-social behaviour;
- put adults on a path back to work;
- reduce the high costs these families place on the public sector each.

The Thurrock Troubled Families programme has a target to work with 1,240 families over a five-year period (2015 – 2020) and this year is due to work with 370 families. The programme was judged to be good during Ofsted inspection. Nationally, the effectiveness of this way of working is, however,

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<sup>&</sup>lt;sup>5</sup> Some, though not all, families in the programme have children who are in the CiN/CPP category meaning that this programme provides both Early Help and CP/CiN intervention.

highly politically controversial with some evaluations suggesting that it has little impact. Funding for Trouble Families is due to be withdrawn from 2020.

#### 2.2.4. Recommendations on Early Help<sup>6</sup>

There is moderate to strong evidence that the current early help offer of home visiting and parenting support is effective in preventing children from entering the social care system or preventing their situations from escalating. It is clear that the capacity of these programmes is not sufficient to meet demand and many families have to wait for long periods before getting a place on the programme. It is recommended that capacity should be increased in line with current demand and then kept under review. Meeting current demand would require a 90% increase in capacity.

However, demand for these services depends on the awareness and confidence of the professionals who refer into these programmes. It is possible that more families could benefit from these programmes if they were referred into them. In particular, the lack of uptake of the Triple-P parenting programme needs to be investigated as this is a commissioned and evidence-based programme which is effective in preventing the escalation of behavioural problems in teenagers. It is also recommended that a review of referral practice should consider whether there are families with children on CiN/CP Plans or the families of Looked After Children who could benefit from these programmes. If more families could benefit it may be necessary to expand capacity of these programmes accordingly. Ultimately, these services will reduce pressure on the most high-cost parts of the social care system.

The evidence base underpinning Troubled Families is weaker. This programme is funded by central government, on a pay for performance basis. It is recommended that the methods used to achieve Troubled Families outcomes should be reviewed to consider whether the evidence-base presented above could be put into action to achieve Troubled Families outcomes. It is also important to note that there is a very significant financial risk for the Council related to Troubled Families funding may end in its current form from 2020. It is unclear at present whether it will be replaced with an alternative/similar funding stream.

There is a risk that the withdrawal of Troubled Families funding from 2020 could result in a further overall reduction in the funding for preventative services. This would continue long-term trend which has had the effect of driving up costs in the most expensive part of the system. However, if the funding is replaced in full or in part by a less restricted funding stream, it may be an opportunity to invest in interventions (at early help or CiN/CPP stage) which have a stronger evidence base. It is recommended that plans be put in place to ensure that, as far as possible, changes to Troubled

There is a risk that the withdrawal of Troubled Families funding from 2020 could result in a further reduction in the funding for preventative services. This would continue a long-term trend which has had the effect of driving up costs in the most expensive part of the system.

<sup>&</sup>lt;sup>6</sup> There is significant overlap between 'Early Help' services and those appropriate for those at the CiN and CPP level. This section has focussed on those interventions which are primarily focussed on the pre-statutory stage of intervention. The Prevention and Support Service provides a number of services which are targeted more at the CiN/CPP stage and these are outlined below (Section 2.4).

Families funding are used as an opportunity to strengthen demand-reducing services, rather than

#### Financial impact of recommendations on early offer of help

Increasing the capacity of parenting programmes is likely highly likely to make savings in other parts of the system by preventing cases from being escalated to CiN/CPP or LAC level. Though the amount of savings this would make is hard to estimate, the table below presents the capacity and costs of the existing programme and the recommended programme. Based on the figures below, in order to be cost neutral the expanded programme would need to prevent an additional 3.4 children from becoming looked after in order to be cost-neutral. That means that it would be cost neutral if the programme successfully prevents a child being taken into care for just 1 in 50 families accessing the programme. This makes it highly likely that the proposed expansion of parenting services would not just be cost neutral but cost saving overall.

Table 5. Estimated costs and savings for recommended action on edge-of-care

	Current service	Recommended service	Difference
Capacity	148	283	135
Cost	£260,000	£497,162	£237,162

allowing them to be weakened.

#### 2.4. What works for Child in Need and Child Protection Plans?

In cases which progress beyond the Early Help stage, children may be put into the statutory categories of Child in Need (CiN) or (for higher risk cases) be put on a Child Protection Plan (CPP). For children, short-term care is provided by five Family Support Teams, who work with children under 12, and 1 Adolescent team. The principal aim of intervention at this stage is to prevent the children becoming looked after and, ideally, allow the matter to be stepped down.

There are a large number of possible interventions which can be put in place at this stage and it is important that they are tailored to suit the needs and issues of the children and families involved in each case. The summary presented below is organised by issues which can cause children to be designated as CiN or on a CPP. These include: domestic violence/abuse, substance misuse, and multiple issue interventions or 'edge of care' services. However, it is important to note that families often present with multiple issues and need holistic support which is adapted to their individual situations. For example, the Ofsted's report *Learning lessons from serious case reviews 2009–2010* (2010) which looked at the evaluations of 147 Serious Case Reviews where abuse or neglect were factors, found that domestic violence was present in 31% of cases, mental ill health in 23%, parental drug misuse in 19% and parental alcohol misuse in 14% of cases.

#### 2.3.1. Domestic violence/abuse

Children can suffer serious long term problems as a result of domestic abuse even if they themselves have not been directly harmed or abused. According to NICE guidance, support should be provided

for both the non-abusing parent and child (NICE, 2014). In Thurrock, there is also provision of a service for perpetrators of domestic violence.

There is moderate evidence to support programmes which support non-abusing parents including: advocacy, skill building, counselling, and group therapy. For interventions to support children, the evidence is strongest for those programmes which include mothers and children, rather than children on their own. These include: mother-child psychotherapy, shelter-based parenting interventions; and parent-child interaction therapy.

**Current provision** of services related to domestic abuse includes two programmes:

- STEPS (Success Through Effective Parenting Support): aims to decrease the impact of domestic abuse on parenting. This is an eight-week programme of therapeutic and practical one-to-one support. Following the course, 96% reported feeling safer, and 92% of women reported having a better understanding the impact of abuse and violence on their children. The programme received 135 referrals in 2016/17 and there were significant waiting times (3 4 weeks) to get on the programme. The current service appears not to have capacity to meet all demand in a timely way. It is estimated that increasing capacity by 50 80% would be necessary to meet the current level of demand.
- Domestic Violence Perpetrators Programme: This is an intensive 26-week programme commissioned for just 10 men each year. It aims to change the behaviour of men who have been abusive towards their families. It is targeted at those cases which represented the highest risk to children, usually where children are on a CPP of are CiN. There is moderate evidence showing that this is effective in reducing abusive behaviour in future (Dobash, Dobash, Cavanagh, & Lewis, 1999) and local outcome data shows that 93% of partners report a cessation of abuse after completion of the programme. During interviews with service leads it was highlighted that the current number of places on this programme is not sufficient to meet demand and that many more people would benefit from this. There were 18 referrals to the service in 2016/17. This is beyond the capacity of the current service but it is also possible that social workers are not referring into the service because capacity in known to be an issue. The numbers who would actually benefit from the service are currently unknown.

**Recommendation**: Whilst this has not been identified as a major gap in existing services, there does appear to be scope to strengthen existing services based on the evidence available and it is recommended that an expansion of the capacity of the existing perpetrators scheme should be considered.

#### Financial impact of recommendations on domestic violence services

The cost of domestic violence to children's social services has been estimated taking into account the fact that domestic violence has been found to be present in 40% of cases of child abuse (Walby, 2004). On this basis, it has been estimated that each incident of domestic violence costs, on average, £1,183 to social care (including the costs of social worker time and, in some cases, children becoming looked after), and a further £7,230 to the healthcare system. We estimate that implementing these recommendations would result in 163 incidents of domestic violence being prevented and associated cost savings (after the costs of the programme) of £125,926. In addition to the savings which would accrue to social care, a further £1.2M of savings are estimated for the healthcare system.

Table 6. Costs and savings for recommended action on domestic violence services

Programme	Current capacity	Recomm -ended capacity	Incidents of DV averted	Additional Cost	Estimated gross savings to social care	Net savings to social care
STEPS	75	135	144	£37,080	£170,300	£133,220
DV perpetrators	10	20	19	£30,000	£22,707	-£7,293
Total	85	155	163	£67,080	£193,006	£125,926

Sources: Walby (2009) Costs of domestic violence<sup>1</sup> and Dobash (1999)

#### 2.3.2. Substance misuse

The evidence review found one programme, Parents Under Pressure (PUP), which addresses substance misuse as a component of children maltreatment. The programme addresses multiple domains of family functioning including parental psychopathology, child behavioural problems and parent-child relationships. A small trial of this programme in Australia found it to be effective in improving parenting, parent-child relationships and child behaviours in the families of parents who were on methadone treatment. An evaluation of the effectiveness and cost-effectiveness of this programme is currently underway in the UK.

Previous service: Previously, a tier-1 (advice and support) substance misuse service was commissioned as part of the Early Offer of Help. This was decommissioned in 2015 following funding reductions. Service leads have identified tier 1 substance misuse support as a gap in existing services.

**Recommendation**: Further work is needed to determine the size, scope and cost of a potential new substance misuse intervention focussed on families where children are at risk of (or already in) the social care system. The public health team should work with social care to consider whether existing child/adult DAAT services could be adapted in line with the evidence base to provide interventions specifically targeted at children at the CiN/CPP stage.

#### 2.3.3. Edge-of care services and multiple-issue interventions

Service leads consistently identified the lack of an 'edge-of-care' service as a major gap in existing provision in Thurrock. An edge-of-care service provides intensive support for families where there is a high risk of the child becoming looked after. In most cases, it is appropriate for such a service to address a range of issues simultaneously. Two reviews of the evidence for edge of care services (Bowyer & Wilkinson, 2013) (Asmussen, Doolan, & Scott, 2012) both identified Multi-Systemic Therapy (MST) and Functional Family Therapy (FFT) as having the strongest evidence base as effective edge-of-care interventions:

- Multi-systemic therapy (MST) is a family and community-based treatment programme
  originally designed for young offenders or young people aged 11-17 at risk of care who were
  demonstrating anti-social behaviours. The intervention has also been adapted specifically for
  families where there is child abuse and/or neglect (MST-CAN). Trials from the US have
  demonstrated that this can be effective in reducing the number of children taken into care
  by more than half from 30% to 14%. MST-CAN is now being piloted in several sites in the UK.
  Though no UK evaluations have yet been published, MST has been recommended in recently
  published NICE guidance on Child Abuse and Neglect (2017).
- Functional Family Therapy (FFT) is an intensive family-focused intervention targeted at young people aged 10 18 years who are still living at home but have persistent behavioural problems and/or substance misuse. Weekly sessions over a 3-4 month period aim to reduce disruptive communication patterns and encourage positive interactions among the family. Trials from the US have demonstrated that it can be effective in reducing violent crime by 30% and reoffending rates by 21% (Sexton & Turner, 2011). The impact on reducing care proceedings in the UK has yet to be determined. An FFT pilot started in Brighton in 2007 and the first UK randomised controlled trial is currently being conducted by Kings College in partnership with Brighton and Hove Youth Offending Services (Dixon, Lee, Ellison, & Hicks, 2015). Currently, two randomised controlled trials are underway in the UK in Brighton & Hove and Croydon.

Other interventions with an emerging evidence base are:

- **Step Change** combines elements of MST with FFT (Blower, et al., 2017). It was piloted across three London boroughs. Evaluation of Step Change found some improvement in follow-up measures such as offending and engagement in education though the numbers involved were too small for reliable analysis.
- Short stay residential care for adolescents on the edge of care

  The UK has traditionally operated a binary model of care: at home or out of home. In other, particularly European countries, short-stay residential care (also known as respite care) is a more established part of children's social care systems. In some cases it can prevent full entry into care by offering respite and space to improve young people's relationships with their families. A number of local authorities in the UK are trialling this approach though further research is needed to evaluate its effectiveness and cost-effectiveness (Dixon, Lee, Ellison, & Hicks, 2015).

**Previous service**: The Family Intervention Project (FIP) was an intensive programme for families with multiple and complex issues. Work was completed with a key worker allocated to each family, working with them for between nine and 18 months. Though no controlled trials have been

identified, both local and national evaluations of FIP services were very positive. The national programme, for example, found that serious conduct problems with children dropped by one third (from 59% to 40%).

When it operated, the service cost £300,000 per year and supported 40 families per year (a cost of £7,500) per family. The service operated a waiting list, with an average waiting time of 30 days, indicating that there was more demand than the service could comfortably accommodate. This service was decommissioned following the withdrawal of CCG funding in 2015.

#### Recommendation

There is a clear gap in existing services in providing support to families where there is a known risk of children being taken into care. Such services will have a direct impact on the number of children becoming looked after. It is recommended that a service be designed and implemented for Thurrock based on the evidence summarised above (see also Appendix 2). The evidence base for preventing children being taken into care appears to be strongest for MST and FFT so it is recommended one of these should form the basis of an edge-of-care service. In order to prevent children being taken into care it is important than an edge of care service is able to respond quickly. Delays caused by waiting lists or assessment are likely to significantly reduce its effectiveness and cost-effectiveness.

Given the emerging nature of the evidence base in this field (particularly in the UK context) it is strongly recommended that a robust evaluation plan be developed (by children's social care in collaboration with public health) to ensure that the effectiveness and the cost-effectiveness of any new service can be demonstrated and that opportunities to learn from this are captured as fully as possible.

#### Financial impact of recommendations on an edge-of-care service

Implementing an MST-based edge-of-care service is likely to make savings through reducing the number of children being taken into care. A cost-effectiveness study of MST (Cary, Butler, Baruch, Hickey, & Byford, 2013) found that the intervention cost £2,285 per participant to implement. As of September 2017 there were 1,355 children in Thurrock classified as either CiN (1,074) or CPP (281). If 10% of them were suitable to receive the MST intervention, the total cost of the intervention would be in the region of £309,000.

Based on the estimated annual cost of a looked after child to the Council of £70,792, the service would only have to prevent an average of 4.4 children per year entering care to be cost-neutral. This would represent a 3.2% success rate for the service; that is, the service would only need to be successful in preventing 3.2% of the children it worked with from entering care each year in order to pay for itself. If we assume, in line with trails, that the intervention successfully prevents 16% of those in the programme for entering care, the net savings (see below) are estimated to be £1.2M per year, £650,000 of which would be directly cashable as reduced placement costs.

Table 7. Estimated costs and savings for recommended action on edge-of-care

No of eligible families	Cost per case	Total cost of service	Number of LAC prevented	Gross savings	Net savings	Cashable net savings
135.5	£ 2,285	£ 309,618	21.7	£ 1,534,771	£ 1,225,153	£ 649,331

#### 2.5. What works for Looked After Children?

Even once children have been taken into care, it is possible to take action which will shorten their stay or prevent other children in the family becoming looked after. Our work has focused on two important ways in which this can be done and which have been identified as gaps in the current system.

First we consider 'reunification': the process of children returning to their families after a period of being in care. This was chosen as a focus because, as noted above (Figure 19, p27) there appears to have been a large and rapid decline in the proportion of children returning home to their families after a period of being looked after in Thurrock. iMPOWER also highlighted a cultural issue in Thurrock, where the journey of children through the system is seen as one-directional rather than opportunities to return children to their families being considered at every stage. Reunification work was also identified as a potential gap in existing services by some service managers and is an important way in which activity can be reduced in the most expensive part of the system.

A second issue explored in this section is preventing repeated occurrences of children being taken into care from the same family. This covers evidence relating to women who have repeated children removed from their care at birth. Again, this has been identified by service managers as a potential gap in existing services.

#### 2.4.1. Reunification

Returning home is not always in the best interests of children in care (Wilkins & Farmer, 2015) (Biehal, Sinclair, & Wade, 2015) and the child's welfare should be paramount in any decision to return a looked after child to their family. Nevertheless, there is evidence that certain practices and specific interventions can increase the likelihood of safe and effective reunification taking place. This includes:

### Appropriate timing and thorough assessment

Reunification is less likely to be successful after a prolonged period in care (over 2-3 years) (Thoburn, Robinson, & Anderson, 2012). However, it has also been found that reunification is less likely to be successful if the child returns after a short stay in care (less than 3-6 months), perhaps because this may not allow sufficient time for change to occur in the family. This suggests that there may be an important window period between 6 months and 2 years in which reunification is most likely to be successful.

Assessing the suitability of a child and their family for reunification is a complex process. One study (Farmer, Sturgess, O'Neill, & Wijedasa, 2012) found that more thorough assessment was associated with greater stability for children returning home. In spite of this, 43% of children in their study returned home without a thorough assessment.

#### On-going work with parents and families of LAC

In most cases, if reunification is to be considered a possibility, significant changes have to occur in the lives of the parents or wider families of Looked After Children (Wade, Biehal, Farrelly, & Sinclair, 2010). At present there appears to be little systematic work with families who have had children removed; this was identified as a gap in existing services by some service leads. The evidence review supports on-going work with families after children have been removed as a way of promoting reunification. In particular the evidence supports:

- Tailored support: Matching services to underlying needs or problems, which may include
  mental health, housing, family counselling or substance abuse, has consistently been shown
  to improve family reunification (Choi & Ryan, 2007). The consensus is that programmes are
  also more likely to be effective if they are intensive and tailored to meet the needs of each
  member of the family (Ward, Brown, & Hyde-Dryden, 2014).
- Timing and duration: Support needs to commence as soon as possible after children are removed from the family, and should be proactive rather than reactive (Hyde-Dryden, et al., 2015). In order for reunification to be successful, interventions need to be delivered for long enough to bring about sustained changes in behaviour and the family situation.
- Strong caseworker engagement with the families whilst children are in care, increases the likelihood of reunification (Cheng, 2010).
- Substance misuse support for parents with substance misuse issues, support may help children to return home from care more quickly (Harwin, Alrouh, M, & Tunnard, 2014).
- Parenting support: There is some evidence from the US that parent mentoring programmes can be effective in promoting reunification (Enano, Friesthler, Perez-Johnson, & Lovato-Hermann, 2016).
- Child emotional and behavioural support: addressing emotional wellbeing of Looked After Children through Child and Adolescent Mental Health Services can be helpful for Looked After Children may be helpful in preventing re-entry into care (Thoburn, Robinson, & Anderson, 2012).
- Ongoing monitoring and support post reunification: Statutory guidance is clear that a child should continue to be supported and will often be treated as a child in need or under a Child Protection Plan once they return home. However, evidence reviews have found that interventions tend to end abruptly with no arrangements for long-term support or monitoring of children's circumstances (Hyde-Dryden, et al., 2015). Ongoing assessment of the family's needs is necessary as the full extent of many difficulties may not become apparent until some time into the return home.

Recommendation on reunification: Further work is needed to understand why the rates of children returning home after a period of being looked after appear to have fallen very significantly in recent years. There appears to be a gap in current services in working intensively with families who have had children removed. It is recommended the that this should be considered within the design of a new edge-of-care service which could work intensively with families not only to prevent the removal of children but immediately following removal in order to promote reunification. This has the potential to reduce the length of LAC placements and thereby reduce the number of children in care. Extending the remit of other relevant services (e.g. drug and alcohol or domestic violence services) to work with families who have had children removed from their care should also be considered.

#### Financial impact of recommendations on reunifications

More detailed work is needed to understand trends in reunification in Thurrock in order to design a service which fits the needs in Thurrock. However, it is clear that increasing reunification could have a significant impact on costs by reducing the length of time that children remain in care.

Our analysis found that the average length of stay for children in care in Thurrock in any particular year is 35 weeks. This includes many children who stay for the full year (52 weeks) and some who stay for shorter periods. We estimate that reducing this average by just 1 week (to 34 weeks) would save £0.65M each year. Reducing the average to 32 weeks (an 8.6% reduction) would reduce costs by £1.93M per year, £1M of which would be reduced placement costs.

#### 2.4.2. Repeated care proceedings

Recent research from the University of Lancaster has shown, for the first time, how common it is for mothers to have multiple children removed at birth (Broadhurst, et al., 2015). It was found that 24% of women who have a child removed at birth go on to have a second children removed from their care. Moreover, the likelihood of this happening is greatly increased for younger mothers. For women aged 16-17, when their first child is removed, there is a 32% chance of this being repeated. It also found that 40% of mothers who have multiple children removed at birth had themselves experienced being in care and substance misuse is a common reason for repeated care proceedings. In these cases only around 10% of children are ever reunited with their mothers compared to around 40% for the general population of Looked After Children. It is estimated that, at any one time in Thurrock's social care system, there are 10-15 women who have had multiple babies removed. Though the numbers are relatively small, these are both tragic and highly resource-intensive cases.

Our literature review found that there is a lack of robust evidence about what works to prevent repeated removals of children. However, an innovative programme called PAUSE has been piloted in a number of areas with central government funding. A national evaluation of the programme (McCracken, et al., 2017) found that it appeared to be effective in preventing women from going on to have further pregnancies and further removals of children. The programme worked by providing intensive support over an 18 months period to children who have had children removed at birth. Support was given by a dedicated practitioner though multi-agency support to address issues such as domestic violence, substance misuse and insecure housing was crucial to making this work. A costbenefit analysis also found that this work saved large sums in social care costs after the initial 18 month intervention period. For a programme delivering Pause to 125 women, net savings (i.e. taking into account the cost of delivering the intervention) after 18 months were estimated at between £1.2 and £2.1 million.

**Recommendation on preventing repeated care proceedings**: A dedicated programme along the lines of PAUSE should be established for Thurrock. Given the relatively low number of women who are likely to require such a service, consideration should be given to working with neighbouring councils to commission this across a larger geographical area. Given that the evidence on this programme is emerging and that no controlled trials have been done, a robust evaluation plan should be put in place to determine effectiveness and cost-effectiveness of the programme locally.

#### Financial impact of recommendations on repeated care proceedings

Based on a cost-benefit analysis of Pause pilot programmes (McCracken, et al., 2017), we can estimate the cost-savings which might be possible in Thurrock. The cost of implementing the intervention was estimated at £20,202 per woman supported over the 18 months intervention period. We estimate, conservatively, that 15 women per year in Thurrock might be eligible for support from the scheme. This would mean the cost over 18 months would be £303,030. For this price, we would expect 2.55 – 4.35 further pregnancies to be prevented. Taking into account the estimated local costs of care, we would expect the programme to be cost-neutral in the second year of operation and thereafter it would save between £128,520 and £307,945 per year, of which £68,116 to £163,211 would be directly cashable as reduced placement costs.

# 3. Key findings and conclusions

### 3.1. **Key findings**

In this report we addressed a number of questions:

Is the number of children in the social care system rising faster in Thurrock than elsewhere? Yes. The numbers have been rising steadily in recent years, particularly the number of Looked After Children. This increase has been greater than in other, similar areas. Over the past 12 – 18 months, however, LAC rates do appear to have levelled off or even started to decline. Much of this has been due to reductions in the numbers of Unaccompanied Asylum Seeking Children (UASC) though modest declines in the numbers of non-UASC looked after children have also been seen. It remains to be seen whether this is the beginning of a long-term change in the direction of trends.

Why are the numbers increasing in Thurrock?

Some of the increases in recent years have been due to more children being in need of support from social care (demand factors). In particular, the number of children living in Thurrock has increased and there has been a higher number of Unaccompanied Asylum Seeking Children entering the area in recent years. Over the last ten years, the child population in Thurrock has grown by 13.3% more than twice the national rate (6%) and Thurrock has had a much higher number of Unaccompanied Asylum Seeking Children entering the system than other comparable areas. At its peak in 2016, 21% of Thurrock LAC population was made up of UASC compared to a national rate of 6%.

It also seems likely, however, that the social care system has become more likely to intervene (supply-side factors). Some of this may be due to changes in national policy and guidance. However, the decline of investment in preventative services is also likely to have played a part; some children end up being taken into care when early and effective intervention might have prevented it. This is tragic for the children and their families involved and results in large, avoidable costs for the Local Authority.

How many children are likely to be in the social care system in future and how much will this cost? There are huge potential costs if the trends of recent years were to continue unchecked. Based on local population projections and assuming that the trends of the past 5-10 continue, we estimate that the number of Looked After Children in Thurrock is likely to rise by around 27% to ~400, over the next ten years. That equates to extra costs of £4M per year in five years' time and nearly £6M per year in ten years' time.

Unless radical action is taken to upgrade demand-reducing services, the cost of children's social care could become increasingly unsustainable. Work is already underway to make this change.

Projected changes in LA	C costs ove	r the next .	10 years
Scenario	3 years	5 years	10 years
Rising CLA	£2.08M	£4.01M	£5.98M
Population growth only	£1.07	£2.22	£3.32
Falling CLA	-£0.44M	-£0.59M	£0.94M

Unless radical action is taken to upgrade demand-reducing services, the cost of children's social care will become increasingly unsustainable. Work is already underway to make this change.

How can the system be made more sustainable?

There are effective ways of preventing children from needing social care support. There are also interventions which can prevent their cases from escalating once they are in the system. Unfortunately, investment in preventative services has declined in recent years. This has had the effect of increasing costs in the most expensive part of the system (Looked After Children) and probably means that some children end up being taken into care when it might have been avoided. Making the system sustainable will require a significant rebalancing of investment towards prevention.

We estimate that around 70% of all social care spending is linked to the care of Looked After Children and that the majority of this (53%) of this is made up of placement costs (i.e. the cost of foster care, children's homes or other types of placement). Achieving financial sustainability will only be possible if these costs are reduced through a combination of preventing children from becoming looked after, reducing the amount of time that they stay looked after, and reducing the amount that is paid for placements.

#### 3.2. Detailed Recommendations

Based on our analysis, we make the following three strategic recommendations for managing the pressures on the children's social care system in Thurrock:

1. Make a long-term strategic commitment to invest in prevention

To reduce the number of children in the social care system, a high-level strategic commitment must be made to re-balance investment towards preventative activities. In recent years investment in preventative services has been eroded whilst spending on high cost care placements has increased. By rebalancing investment towards preventative services, we can prevent children from ending up in care unnecessarily and, over time, relieve financial pressures on the social care system.

The change must be seen against the background of continuing cost pressures. It is likely that investing in preventative services will initially slow the growth in costs but may eventually lead to overall cost reductions. However, we have demonstrated that the cost of doing nothing is likely to be much higher than the costs of investing in preventative services.

2. Invest in the most effective preventative services

Making a strategic commitment to invest in prevention will only be effective if that investment is made in the right areas. Based on our review of evidence we recommend:

- Early help: Making efforts to expand the number of families benefiting from early help services by increasing capacity, strengthening referral systems and expanding inclusion criteria;
- Children in Need & Child Protection Plans: Investing in a new 'edge of care' service to work
  intensively with children at greatest risk of coming into care; expanding the capacity of
  existing domestic violence programmes; more targeted drug and alcohol outreach to
  families of Children in Need or on a Child Protection Plan
- Looked After Children: Working systematically with families who have had children removed to increase the chances of Looked After Children being reunited with their families; providing intensive support to mothers (especially young mothers) who have had babies removed from their care to prevent this re-occurring in future.

Table 8. Detailed recommendations for increased investment in preventative services

Stage in the system	Recommended action	Expected Impact
Early Help	Expand the capacity of existing parenting programmes  An expansion of capacity by around 90% is needed to meet existing demand and eliminate waiting lists.  Keep capacity under review to ensure that it is meeting demand from other parts of the social care system.	These services will prevent escalation to CiN/CP/LAC stage or enable de-escalation for families already at those stages. Reducing waiting times is likely to make them more effective by ensuring that help truly is given early in the process. It will also give social workers more confidence to refer into these services and may, therefore, increase demand further.
	Review referral into parenting programmes Review practice of referral into early help parenting programmes to ensure that all families who could benefit from these services (at any stage of the social care process) are appropriately referred. In particular, investigate the lack of referrals into Triple-P parenting programmes.	Better use of existing services (especially Tripe-P) will prevent escalation to CiN/CP/LAC stage or enable deescalation for families already at those stages.
	Consider expanding inclusion criteria  Consider expanding the availability of some early help services to families of CiN/CPP children and families who have had children removed. Capacity may need to be expanded accordingly.	Prevent escalation to LAC and promote children returning home to their families.
	Ensure end of TF funding is used to strengthen prevention Plan for changes to Troubled Families funding to ensure that this does not result in further disinvestment in prevention. Future changes to the service should be based on the best available evidence and designed to prevent children from becoming looked after.	Ensure that the balance of investment is moving towards prevention rather than away from it, reducing costs in more expensive parts of the system.
Child in Need & Child Protection Plan	Establish an "edge of care" service Establish a new "edge of care" service to work intensively with children who are at risk of becoming looked after.  Design this service based on Functional Family Therapy or Multi-Systemic Therapy which have the strongest evidence base.  Put in place a robust evaluation plan to determine cost-effectiveness.	Prevent children in the social care system (CIN and CPP) from becoming looked after.

	Expand existing domestic violence programmes  Expand the two existing programmes (for victims and perpetrators) to meet demand. This would commissioning an additional 60 places for victims and an additional 10 places for perpetrators.	Reduce risk to parents and children who are victims of domestic violence. Reduce the impact of domestic violence on children and prevent escalation of their cases within the social care system.
	Targeted drug and alcohol outreach to families of Children in Need or on a Child Protection Plan	Prevent escalation and reduce the duration of social care intervention by dealing with underlying substance misuse
Looked after children	Invest in services which allow Looked After Children to return home  Work systematically with families of children who have been taken into care to resolve problems and, where possible, to allow them to the children to return home.  Consider including this within the remit of the edge-of-care service.  Design of this service should begin with an in-depth analysis of why rates of children returning home to their families appear to have declined significantly in recent years.	Increase the number of Looked After Children able to return home to their families and reduce the amount of time they spend in care and reduce costs significantly.
	Prevent mothers from having multiple babies taken into care  Commission the Pause programme to provide intensive support to mothers who have had a baby removed.  Put in place robust evaluation of the programme to ensure effectiveness and cost-effectiveness.	Reduce the number of mothers who have multiple babies removed from their care and reduce the number of children taken into care.

### 3. Improve information on activity and spending

Reducing the number of children in the system and controlling costs can only be achieved if reliable activity and financial information are available, allowing us to understand current patterns of activity and spending. For the purposes of this report, a new way of forecasting future activity and spending has been developed. This kind of forecasting can help to make good strategic decisions and financial plans for the future. The model used here is relatively simple and its accuracy could be improved with more work in future. Moreover, a number of weaknesses in existing data systems have been identified during the course of this report, which make effective planning and cost control difficult.

Table 9. Detailed recommendations for improving information on activity and spending

Recommendation	Details	Expected impact	Responsible
Monitor trends in key cost drivers	Key cost drivers identified in this report are:  1. The numbers of weeks of care provided by the Council over the course of a year;  2. The average length of stay of children in care;  3. The average cost of placements of different kinds.	Monitoring trends in key cost drivers will help to control costs and evaluate the effectiveness of preventative strategies	Performance, quality and business intelligence team
Link data on activity and spend	Currently, data on activity and spending are kept separately. Work needs to be done to link these data systems and regularly analyse the data together	Improved understanding of the costs of different types of social care activity allowing more efficient ways of working to be devised and costs driven down.	Performance, quality and business intelligence team
Carry out a financial deep dive on Looked After Children	A deep dive is required to get a more accurate understanding of all the costs associated with Looked After Children including the costs of different types of placement, the costs of staff time and travel expenses etc.	A better understanding of all the costs associated with Looked After Children will allow costs to be controlled more effectively in this crucial area.	Finance
Investigate the decline in the number of children returning to their families after a period of being looked after	This may be an important factor increasing the number of children in care and, therefore costs. Upto-date data is required to understand the most recent trends. Further data analysis and case-note audit may be required to understand the reasons for these changes	The results of this analysis should be used to increase the likelihood of LAC returning to their families.	Performance, quality and business intelligence team
Develop and update the forecasting model	There are several ways in which the model could be develop to be more accurate including: adding	The model can inform strategic planning as well as helping to	Public health and children's social care

	ore detailed and accurate	predict and evaluate the	
fir	nancial information on	effectiveness of	
pla	acement and other social care	prevention strategies.	
со	osts; modelling the impact of		
ch	nanges in deprivation rates and		
nu	umbers of children with Special		
Ed	ducational Needs and Disabilities		

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# Appendix 1. Technical details of the Thurrock Public Health Team Forecasting model

### Approach to modelling future demand for children's social care

The forecasts of future demand presented in Section 1.3 were developed using system dynamic modelling techniques. This approach uses a mathematical model to represent the forces which influence activity and cost in the children's social care system. Specialist software (*Vensim*) was used to develop these forecasts. The model included a simplified version of the factors which influence the number of Looked After Children (LAC) in Thurrock. The model is represented graphically below in Figure 26.

The rationale for this model includes the assumption that the size of the child population in Thurrock is a key driver of the number of the number of children LAC. The exception to this assumption is the number of Unaccompanied Asylum Seeking Children (UASC) in the LAC population. The number of UASC is assumed to be independent of the size of the local population. UASC numbers are influenced by the numbers arriving in Thurrock and the agreement to distribute UASC across the region. We modelled the size of the child population in future based on two population forecasts, the standard sub-national forecasts produced by the Office for National Statistics and the Thurrock-specific forecasts produced as part of the Strategic Housing Market Assessment (SHMA). The SHMA forecasts take into account the projected economic and housing growth and are likely to be a more accurate estimate of future population.

The total weeks of care provided by the Council in a year is influenced not only by the number of LAC but also by how they remain in care, whilst annual placement costs are a function of the number of weeks of care provided and the average cost of placements. Both average placement length and the average placement cost were estimated based on real social data from the 2016-17 financial year.

Non-placement costs were estimated from real social care financial data (2016-17) by subtracting placement costs from the total estimated spend on Looked After Children. Our model assumes that non-placement costs represent a fixed proportion (47%) of the total spend on LAC and that they vary in line with placement costs.

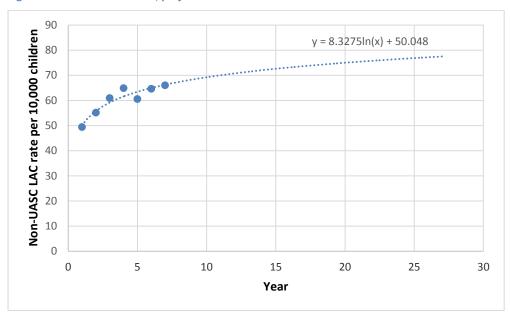
#### **Forecast scenarios**

The results of any model are only as accurate as the assumptions which underlie it. Our modelling technique allowed us to simulate the impact of changes in key assumptions by running multiple scenarios and comparing the results. The model results are only as accurate as the assumptions (or inputs) underlying it. The forecasts presented here included four scenarios with different assumptions made for the inputs underlying each model. Details are given in the Table 10 below.

Table 10. Assumptions made in model inputs for forecasting models

Model inputs		ı	Model	
	Baseline ONS	Population growth only	Rising LAC	Falling LAC
Child population	ONS mid-year	SHMA	SHMA	SHMA
Non-UASC rate	constant (66)	constant (66)	Rising logarithmic trend based on actual rates from 2011 – 2017 (see Figure 25)	Falls to national non-UASC rate (56) over 5 years then stays constant
Number of UASC	contant (38)	contant (38)	constant (38)	constant(38)
Average length of stay	constant (35 weeks)	constant (35 weeks)	constant (35 weeks)	constant (35 weeks)
Average placement cost per week	constant (£1,072)	constant (£1,072)	constant (£1,072)	constant (£1,072)
non-placement LAC costs	47% of total LAC spend	47% of total LAC spend	47% of total LAC spend	Constant at 2017 levels (£10.54M)

Figure 25. Non-UASC LAC rate, projected trend for Thurrock 2011 – 2037



UASC numbers Average placement LAC rate cost per (excluding week UASC) Page 102 Total annual No of children in Total weeks of Annual cost of Child population care during the care provided in placement looked after a year year costs children Average placement Annual nonlength placement costs

Figure 26. Thurrock children's social care demand and cost forecasting model 2017

# Appendix 2. Literature review on what works in prevention and early intervention

Elozona Umeh, Senior Public Health Programme Manager Annelies Willerton, Public Health Graduate Trainee

The literature supporting this review was searched using the Aubrey Keep Library Service. The search resulted in a range of articles which formed the major part of this review. Grey literature was also used to retrieve articles after an extensive search using the following sites;

- Early Intervention Foundation
- Research in Social Care Practice
- Community of Care Online
- Association of Directors of Children's Service

This section of this Annual Public Health report reviews what works in preventing children from accessing statutory children's care services as well as interventions that aid early identification and intervention. It is important to distinguish between prevention – stopping the problem happening in the first place; early intervention – getting in at the first signs of risk or trouble; treatment – responding once what has gone wrong has gone wrong. In Thurrock, there is a range of service to prevent risks, intervene early as well as respond to identified risky situations. A service mapping of the Thurrock Early Offer of Help Service was conducted. The below provides an insight to the current and formerly commissioned services within early help.

# Service Mapping of Thurrock Early Help Services

A variety of evidence suggests early help or integration of services as part of ways to improve statutory response to families. There is an early help service known as the Early Offer of Help which is currently being delivered in Thurrock by a range of providers. A needs analysis was undertaken to identify the key factors present in Child in Need (CIN) and Child Protection (CP) cases and the services that were evidenced to have an impact in addressing these. In over half the cases childhood neglect was present and the underlying factors in many of these cases were substance misuse, poor parenting, domestic violence and sexual violence.

As a result the local authority in partnership with the Thurrock Clinical Commissioning Group (CCG) jointed funded and commissioned a range of services aimed at providing support at an earlier stage to reduce the risk of needs escalating and to improve outcomes for those most in need of support. In recognition of the impact on outcomes for children and financially for both organisations the following services were jointly commissioned in 2013 under the Early Offer of Help

- Domestic Abuse support services (a perpetrators program and a victim support program)
- Sexual Violence support service
- Substance Misuse support service
- Parenting program
- Family Intervention Program

However, in 2016 the CCG funding element was discontinued. An impact assessment and a Return on Investment(ROI) of the early help commissioned services was conducted. The exercise recommended that the CCG continue its £450,000 funding for Early Offer of Help as this will prevent excessive increased demand and future costs. As a result of this reduction in funding the Family Intervention Program and the Substance Misuse Programme were discontinued.

The table below attempts to map the services commissioned within the Early offer of Help banner, supported by outcomes achieved and evidence of effectiveness of these services is presented in the table below.

Service	Provider	Service Description	Outcome	<b>Evidence of Effectiveness</b>
Danastina	Covers	Mellow Mums - Mellow Mums, part of the Mellow Parenting and family programmes, is an attachment and relationship based group intervention for mums who have babies and young children. This programme uses a combination of reflective and practical techniques that allow parents to address their personal challenges as well as the challenges they face with their children. Parents also reflect on their experience of being parented and how this affects their relations with their children. This is delivered over 14 weeks with both mum and baby/child with significant attachment issues. This programme now forms part of the Prevention and Support Service.	During the three years of delivery samples have been taken on two occasions to review the success rate of interventions at Social Care level. The sample size covered approximately 10% of the overall case load over the three year period.	Mellow Parenting evidence rating is 2. Mellow Parenting has formative evidence of improving child and parent outcomes from a single study involving pre/post intervention comparisons of the mothers' behaviour. It has been effective in;  Reduced likelihood of children remaining on the child protection register  Improving parenting skills (coded observation)
Parenting Programmes  Page 105	Coram	Strengthening Families Strengthening Communities - This service is an inclusive evidence-based parenting programme, designed to promote protective factors which are associated with good parenting and better outcomes for children. The service in Thurrock is a 12 week group parenting course that covers all aspects of effective parenting, boundary setting, praise and warmth and working with children's emotions. It uses peer support with distinct modules covered each week. It also includes face-face brief intervention with additional support for the family in their home. This programme now forms part of the Prevention and Support Service.	The outcomes of this programme were maintained one year on from the end of the programme.	The effectiveness of SFSC has been demonstrated by a variety of studies. A meta-analysis of 55 studies concluded that SFSC causes positive changes in the small to medium range for child behaviour problem, parent well-being and parenting skills; effect sizes increased with the intensity level of the programme with overall effect sizes (Cohen's d) ranging between 0.35 and 0.48 for between groups.

Page 1		Triple P - Triple P give parent's simple and practical strategies to help them build strong, healthy relationships to enable them confidently manage their children's behaviour and prevent problems developing. This is a 13 week programme which is utilised by parents with teenage children where there are particular behavioural patterns and seeks to avoid those escalating further in adolescence. It works over a 13 week programme. This programme now forms part of the Prevention and Support Service.		The evidence base for Triple P includes scientific papers that have contributed to the theory and development of essential procedures involved in forming part of the Triple P system of parenting interventions. This includes research related to the efficacy, effectiveness and dissemination of intervention programs, epidemiological studies, correlational studies, service-based research, and evaluation of professional training, large-scale population trials, and meta-analyses. It also includes observational studies of family interaction and independent program evaluations. Two large trials of Triple-P offered at all levels are among the few studies to have demonstrated impact of a universal and targeted approach combined.  Barth suggests that the evidence-based Triple P approach offers a general framework that could be used to guide the future evolution of parenting programs
Programme to Support Victims and Survivors	Changing Pathways	Success Through Effective Parenting Support - — This programme offers an 8 week therapeutic and practical support 1-2-1 response covering service user-led group programme. The key focus of the STEPS programme is to raise awareness and decrease the impact on parenting of domestic abuse. The service in Thurrock is working to build a better understanding of all victims of domestic abuse, how this may have an impact on children and fast emotional recovery victims may need. In doing this, women who attend the programme gain support from both the facilitators and each other, and are empowered to address the issues affecting them and their children. As well as exploring the emotional impact of abuse on them and their children, the programme also provides an opportunity to develop/build on positive parenting after domestic	430 women have accessed the 8 week 'STEPS' programme and 1360 sessions have been delivered for the drop-in service over the three year period that the contracts have currently run. The outcome of this programme indicated higher percentage of women understanding the impact of abuse and violence on their children and feeling safe.	

	abuse. This programme now forms part of the Prevention and Support Service.	

		<b>Domestic Violence Perpetrators Programme –</b> This	For the outcome of this	A cohort of men convicted and sentenced by the
		programme in Thurrock is an intensive 26 week	programme, 93% of	criminal courts was allocated to a DVPP
		programme (2.5 hours per week) and only	partners reported a	programme. The impact of both types of
		commissioned for 10 men each year. It aims to help this	cessation of abuse after	sentence
		cohort, who have been abusive towards their families,	completing the	on women's experiences of abuse and violence
		partners or ex-partners, change their behaviour and	programme. Additional	was measured and compared. The findings of
		improve in their relationships. In Thurrock, the service	93% of partners reported	the research included that there was a positive
		delivers an intensive challenge and support peer	feeling safer where as	impact – men who had attended the DVPP
		programme which seeks to understand perpetrators	73% of partners reported	recently were much less likely to continue
		childhood experiences and how they formed the	the perpetrator had an	abusive behaviour than men who had not
		attitudes that led to abusive patterns of behaviour. One	improved relationship	(Dobash et al, 1999).
		of the key focuses is to address these behaviours and	with children. Finally 83%	
	Essex	attitudes through providing understanding of power	of partners reported the	
	Community	and control and its impact on partners and children,	changes had been	
	Rehabilitation	and exploring these via the group facilitators and peer	sustained post	
	Company	challenge. All referrals to this service have been within	intervention. This	
Page	(previously	Social Care, generally with children on a Child	indicates a potential need	
9g	DVIP)	Protection Plan and sometimes on a child in need plan.	to offer follow up support	
ወ		For this reason it was intentionally targeted at those	after closure to ensure	
<u></u>		cases which represented the highest risk to children.	that changes are	
108		Family intervention helps vulnerable families who may	sustained in the view of	
		be facing issues such as:	Social Care (this is not	
		poor physical and mental health;	completely in line with	
		domestic violence;	the 83% of partners	
		• substance misuse;	reporting sustained	
		a lack of basic and life skills;	changes.	
		Behavioural problems.		
		This programme now forms part of the Prevention and		
		Support Service with a change of providers from		
		January 2018		

Family Intervention Project (FIP)	Catch 22	FIP - The Thurrock service delivered an intensive programme for families with multiple and complex issues including: substance misuse, crime and antisocial behaviour, domestic abuse and violence, teenage pregnancy, children not in school, no paid employment, housing issues, debt, inadequate parenting and others. Work is usually completed with a key worker allocated to a family working with them for between 9 and 18 months, with 12 months an average intervention time. The keyworker will seek to work in all areas, signposting where appropriate, and co-ordinate the family to ensure children are kept safe and remain in the family home. (This service has been decommissioned following reduction in funding from the CCG)	The programme has been effective and has received a positive outcome since it was implemented. For example 60% of parents gained employment after signing up to the programme, 23% completely moved off of benefits, 75% or more decrease in crime and anti-social behaviour whereas 59% of children has no school exclusions	An evaluation of family intervention projects (FIPs) has shown that this programme have reduced crime and antisocial behaviour. The research, commissioned by the government, found that the more time family intervention teams worked with families the greater the chance of a successful outcome. Overall they found that 79% of parents completing the courses showed improvements in mental well-being while three quarters of all parents reported reductions in either parenting laxness or over-reactivity. Serious conduct problems in their children dropped by a third from 59% to 40%.
Pagoubstance  Misuse P		Substance Misuse – This service was based on a hybrid service which encompasses elements from Changing Trax, Options 2 and Hidden harm programme. The service involves delivery of a two levels of support – early intervention and an intensive support for families affected by substance misuse and where children at significant risk of becoming looked after. (This service has been decommissioned following reduction in funding from the CCG)		

Sexual Violence Support Programme	SERICC	Sexual Violence Support Programme - The service in Thurrock provides support to:  - Women with children on the edge of care where sexual violence is or has significantly impacted on the welfare and wellbeing of the child / children.  - Women whose children who are looked after, who have been referred as a result of a child protection conference where the intervention has been recommended before consideration is given to their children being returned.(This programme forms part of the Prevention and Support Service).		
Page 110 Troubled Families Programme	Thurrock Council (in- house provision)	Troubled Families - This programme is a targeted intervention for families with multiple problems, including crime, anti-social behaviour, truancy, unemployment, mental health problems and domestic abuse. The programme identifies a 'troubled family' and assigns a key worker. This programme forms part of the Prevention and Support Team.	Troubled Families programme has had two phases of programme deliver.  Thurrock TF target numbers for Phase I was to recruit 360 families on the programme between 2012 –2015. Thurrock met this target. Phase e II which started in 2015 runs until 2020. Thurrock is required to work with 1240 families which is broken down below;  • Year 1 – 197 families were supported • Year 2 – 370 families were supported • Year 3 – 331 families were supported • Year 4 & 5 not yet known but will be broken up to cover the remaining	An evaluation of the programme was carried out in 2015 with a suite of evaluations at different stages. It is worth noting that funding from this service forms a huge part of the PASS service and is likely to be suspended after 2020. An implementation plan for post 2020 has been submitted to the DCLG for consideration. (Still waiting on Teresa Goulding for more information on outcomes etc

			number to reach full target.	
Page Multi- Agency Safeguardi Hub	Thurrock Council (in- ng house provision)	MASH was created to enhance information sharing across all organisations involved in safeguarding the welfare of children in Thurrock - encompassing statutory, non-statutory and third sector sources.	A summary of MASH outcomes;  • MASH enquiries have decreased since the previous year  • Police and Schools are biggest enquiry groups  • 2016/17 saw more cases rated as Red than the previous year (i.e. increased severity)  • 2016/17 saw a large increase in proportion of cases that were past their due date (is this a sign of increased demand on the system?)  • 2016/17 saw an increase in the proportion of enquiries for non-White British children, e.g. White Other and African groups.	A Report by the Home Office on Multi-Agency Safeguarding Hubs underpins the setup of this offer. Thurrock model has been acknowledged by Ofsted as working well.

This includes universal and targeted offer through Health Visiting and School Nursing programs for children aged 0 – 19 years. Health Visiting – This is a universal offer to children and The Healthy Families families led by Health Visitors (HV) and supported by Service is expected to teams of mixed professionals with multiple skills. The contribute to the service in Thurrock work across a number of following overarching stakeholders, settings and organisations to lead delivery outcomes for children as of the Healthy Child Programme 0-5 (HCP), a prevention well as contribute to the and early intervention public health programme that closing the gap in lies at the heart of the universal service for children and inequalities within families and aims to support parents at this crucial **Thurrock** stage of life, promote child development, improve child • Children and Young health outcomes and ensure that families at risk are This service is underpinned by the Healthy Child People are ready for identified at the earliest opportunity. The model of Programme Pregnancy - 5 years old is an **Education and Learning** delivery is termed 4-5-6 model which comprises of 4 evidence based policy that underpins the home North East Children and Young ome Wisiting London levels of delivery, five mandated contact points (it visiting service. Evidence base for this policy has People are in Good Foundation involves key contact points families are expected to be been recently updated - Rapid review to support **Physical Health** 112 Trust (NELFT) offered an encounter with a Health Visitor) and six high evidence for the Healthy Child Programme 0 - 5 • Children and Young impact areas. Safeguarding children cuts across this published in 2015. The Healthy Child Programme People are able to make 5 – 19 underpins the School Health Service model to ensure risks are identified and outcomes are **Healthy Lifestyle Choices** improved. • Children, Young People and their Parents have **Good Emotional Mental** The School Health Service – the core offer for school Health and Wellbeing nursing include health promotion and prevention by • Children and Young multi-agency group with. This is done across four levels People Live Safely with contacts with all school children's at Key stage 1, 2 • Improved Parental and 3. Health assessments are carried out and risks Aspirations and identified. This service also provides defined support for Achievements children with additional and complex health needs as well as needs identified through the Joint Strategic Needs Assessment (JSNA). The offer here also includes some offer for Young and

		Vulnerable parents, healthy eating for infants and mothers including parenting programme to support positive parenting skills.		
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Page 113				

# **What Works for Early Intervention**

Early help involves support provided 'as soon as a problem emerges'. The evidence reviewed on the effectiveness of early interventions to prevent abuse and neglect of children and young people was predominantly from outside the UK, and focused more on home visiting programmes and parenting programmes.

### Home Visiting

Home visiting programmes at the ante-natal and early post-natal stage can be effective in facilitating the development of a sensitive and empathic relationship between the parent and young child which may forestall attachment and other relationship difficulties.

The NICE guidance on Child Neglect and Abuse (NG 76; 2017) suggests that home visiting programmes should be considered as a form of early help for families showing possible signs of abuse or neglect. This should be for a minimum duration of 6 months, for parents or carers at risk (or those with previously confirmed instances) of abusing or neglecting their children.

The recommendations required that home visiting programmes should include:

- support to develop positive parent-child relationships, including helping parents to
  understand children's behaviour more positively, modelling positive parenting behaviours;
  observing and giving feedback on parent-child interactions
- Helping parents to develop problem-solving skills
- Support for parents with substance misuse and mental health difficulties
- Support for parents to access relevant services,

Although evidence around home visiting is well established, it is important to note that further research is still called for on effective components of a home visiting programme for preventing child abuse and neglect in the UK. The majority of the evidence base is from the US, with mixed findings of effectiveness as well as poor reporting of intervention details, making it difficult to ascertain the key components of a successful home visiting programme.

Two home visiting interventions have been conducted in the UK<sup>8</sup> <sup>9</sup>. In one of the studies, pregnant women receiving home visits were assessed as having a higher level of maternal sensitivity and infant cooperativeness compared to those receiving standard care, but no differences were identified in any other measures, possibly due to a lack of statistical power. There was also no difference in the outcome of being placed under child protection or into care – in fact, the intervention arm observed a slight increase in the number of cases of abuse, which the authors attributed to surveillance bias.

The other randomised controlled trial was conducted on a larger scale with a larger sample size of 1645 first-time teenage mothers in order to test the effectiveness of the US Family Nurse Partnership (FNP) programme as an intensive preventive home visiting service. Again potentially as a result of surveillance bias, those receiving the FNP intervention were significantly more likely to have a safeguarding event noted in GP records (AOR 1.85, 95% CI 1.02 to 2.85, p=0.005). Conversely, GP health records were used as opposed to data from children's social care, and there were high levels of missing data in both intervention and control groups in relation to this outcome. No significant differences were found between groups in regards to parent-reported abuse and neglect or

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<sup>&</sup>lt;sup>7</sup> Working Together to Safeguard Children, 2013

<sup>&</sup>lt;sup>8</sup> Barlow J, Davis H, McIntosh E, Jarret P, Mockford C, Stewart-Brown S (2007) The role of home visiting in improving parenting and health in families at risk of abuse and neglect: Results of a multicentre randomised controlled trial and economic evaluation. Arch Dis Child 92: 229-33.

<sup>&</sup>lt;sup>9</sup> Robling M, Bekkers M-J, Bell K et al. (2015) Effectiveness of a nurse-led intensive home-visitation programme for first-time teenage mothers (Building Blocks): a pragmatic randomised controlled trial. The Lancet 387 (10014): 146-55.

maternal-child interaction outcomes. The authors suggested that benefit for child development outcomes would largely arise in children after the age of 2 years and called for a longer-term follow up to accurately determine the effectiveness of a home visiting intervention on these outcomes.

In the UK, an RCT<sup>10</sup> of the Family Nurse Partnership programme, on the one hand found the programme to be successful in engaging with disadvantaged families and reaching vulnerable groups of young mothers. On the other hand, measures of effectiveness found no significant impact on neither the primary outcomes measure nor outcomes by key sub-groups (age, NEET, problems with basic life skills, area deprivation) or by variation in programme implementation. A wide range of secondary outcomes assessed also did not show significant benefits for this programme. As a result, Thurrock Council decommissioned this service and re-designed an offer for families to include a wider age range and population groups.

Other evidence based home visiting offer include; The Healthy Child Programme (HCP) which is the key universal public health offer for improving the health and wellbeing of children through health and development reviews, health promotion, parenting support, promoting screening and immunisations. A rapid review of evidence to update the Healthy Child Programme 0 – 5 in 2015 aimed synthesise relevant systematic review about 'what works' in key areas: such as parental mental health; smoking, alcohol/drug misuse; intimate partner violence; preparation and support for childbirth and the transition to parenthood; attachment; parenting support; unintentional injury in the home; safety from abuse and neglect. Evidence from the rapid review supported the design of the Thurrock Healthy Families Service.

#### Parenting Programmes

A range of parenting programmes have been documented to effectively support parenting in building positive parenting skills and sensitively required to improve children's wellbeing. The Parenting Early Intervention Programme provided government funding to all England local authorities from 2008-2011 to test the effectiveness of several parenting programmes that have previously demonstrated trial efficacy in improving parenting skills and resultant improvements in children's behavioural difficulties<sup>11</sup>. The process tested four parenting programmes (Triple P, Incredible Years, Strengthening Families Programme 10-14 and Strengthening Families, Strengthening Communities) and found all four were effective in improving outcomes for parents and children (in improving parenting skills, parent well-being and reducing children's behaviour difficulties) across the range of demographic backgrounds, including SEN). Improvement in these areas was maintained one year on. However, outcomes in relation to risk of abuse or neglect were not measured. In Thurrock, Triple P and Strengthening Families Strengthening Communities are currently being commissioned within the Prevention and Support Service as part of earlyt intervention to prevent children accessing statutory services.

An Australian study<sup>12</sup> found that participants in 2 variants of the Triple-P Parenting Program did show significant improvements across all measured indicators of risk potential for abuse and neglect, which were also sustained at the 6-month follow up. This study targeted parents who were experiencing anger management problems in relation to their child. The enhanced programme version contained additional content targeted at risk factors for abuse and neglect, and participating parents showed a significantly greater reduction compared to the standard programme in child abuse potential (measured via Child Abuse Potential Inventory scores, and unrealistic expectations scores, as measured by the Parent Opinion Questionnaire).

Lindsay G, Strand S, Cullen MA et al. (2011) Parenting Early Intervention Programme Evaluation. Department for Education

<sup>&</sup>lt;sup>10</sup> Robling, M et al, 2015, Effectiveness of a nurse-led intensive home-visitation programme for first-time teenage mothers (Building Blocks): A pragmatic randomised controlled trial, The Lancet, Volume 387, Issue 10014, 146 - 155

<sup>&</sup>lt;sup>12</sup> Sanders MR, Pidgeon AM, Gravestock F et al. (2004) Does parental attributional retraining and anger management enhance the effects of the Triple P-Positive Parenting Program with parents at risk of child maltreatment? Behavior Therapy 35: 513-35

Whalley and colleagues<sup>13</sup> conducted a mixed-methods evaluation of Pathways Triple P, an NSPCC service tailored specifically to families where there are specific concerns about child neglect. This intervention was specifically delivered in the home on an individual basis for parents of children aged between 2 and 12 years old, who were not yet at the threshold for child protection interventions. Parents reported a reduction in severe emotional and behavioural child difficulties following the programme in addition to severe parenting difficulties. Improvements were noted in understanding of child's needs, parenting capability, parental commitment to child, greater parental sensitivity and helping to meet child's developmental needs. These outcomes were described in greater detail in the semi-structured interviews, where the relationship with the programme practitioner was described as the key facilitator to these outcomes (in particular the practitioner's communication style, approach, experience, flexibility and supportive encouragement).

It is important to note that, despite not being on a Child Protection Plan, children on entry to the programme were reported as still having very high levels of need, and almost half of the children still had clinical levels of need by the end of the programme, indicating that that further support may be required. A similar conclusion that parenting intervention may be ineffective or insufficient in cases of high need and families with complex, multi-layered problems has been reached during a recent literature review<sup>14</sup> as well as earlier evidence reviews<sup>1516</sup>

# Children in Need and Children in Protection Plans – Supportive Interventions

A child should be taken to be in need if:

- He/she is unlikely to achieve or maintain, or to have the opportunity of achieving or maintaining, a reasonable standard of health or development without the provision for him/her of services by a local authority;
- His/her health or development is likely to be significantly impaired, or further impaired without the provision for him/her of such services;
- He/she is disabled.
   (Section 17(10), Children Act 1989)

Some parenting programmes have been found to be effective in preventing children from being taken into care. Effective programmes and interventions with children and families at the edge of care (this stage describes various stages before or as a child becomes looked after).

Two systematic reviews have identified interventions aimed at improving parent sensitivity and secure child attachment which have shown to be effective in children under the age of five (NICE 2015; Barlow 2016). Video feedback programmes and parent-child psychotherapy in particular have been recommended for parents of preschool-age children on the edge of care with, or at risk of, attachment difficulties. NICE (2015)<sup>17</sup> recommends an alternative such as parental sensitivity and behaviour training for parent unwilling to take part in video feedback programmes. This should

<sup>&</sup>lt;sup>13</sup> Whalley P (2015) Child neglect and Pathways Triple P: an evaluation of an NSPCC service offered to parents where initial concerns of neglect have been noted. London: NSPCC.

<sup>14</sup> Schrader-McMillan A and Barlow J (2017) Improving the effectiveness of the child protection system - A review of the literature.

Schrader-McMillan A and Barlow J (2017) Improving the effectiveness of the child protection system - A review of the literature. University of Oxford.

<sup>&</sup>lt;sup>15</sup> Barlow J, Johnston I, Kendrick D, Polnay L, Stewart-Brown S (2006) Individual and group-based parenting programmes for the treatment of physical child abuse and neglect. Cochrane Database of Systematic Reviews (3) CD005463. DOI: 10.1002/14651858.CD005463.pub2.
<sup>16</sup> Ward H, Brown R and Hyde-Dryden G (2014) Assessing Parental Capacity to Change when Children are on the Edge of Care: An Overview of Current Research Evidence. London: Department for Education

<sup>&</sup>lt;sup>17</sup> NICE Guidinace, Child Abuse and Neglect, NG 2017; https://www.nice.org.uk/guidance/ng76

consist of a parent-only session followed by 5-15 weekly or fortnightly parent-child sessions over a 6-month period, to include the following:

- Coaching the parents in behavioural management (for children 18 months- 5 years) and limit setting
- Reinforcing sensitive responsiveness
- Ways to improve parenting quality
- Homework to practise applying new skills

NICE also recommend a multi-agency review for parents who decline the above interventions or made little improvement before going ahead with further interventions.

A recent review by Schrader-McMillan and Barlow (2017)<sup>18</sup> has warned however that the evidence for the above interventions in cases of identified child maltreatment is generally based on limited research of low quality.

#### Interventions to support Physical abuse

**Parent-child interaction therapy** - Parent-child interaction therapy (PCIT) is an individualised intervention developed for parents and children aged 3-7 years with externalising behavioural problems. It aims to improve the quality of the parent-child relationship by helping parents to understand how their behaviour affects their child and by teaching behaviour management strategies that focus on positive reinforcement rather than power assertion.

While there is no evidence of its application in the UK, there is evidence of its effectiveness among Australian families at a high risk of, or already engaged in, maltreatment<sup>19</sup>. However, the difficulties in assessing the effectiveness of such interventions with families where a child has been physically abused should be acknowledged. The measured effect of the intervention could be imprecise as a result of a reliance on parent self-reporting and measuring risk factors associated with abuse such as parental behaviour and attitudes, as opposed to direct, objective measures of physical maltreatment.

The majority of the supporting evidence has relied on risk factors associated with child maltreatment as primary outcomes. Despite this, an earlier US RCT did show an intervention effect on abuse recurrence rates - after a 2 year follow-up, considerably fewer parents receiving PCIT had a re-report for physical abuse (19%) compared to those who received standard care (49%).

*Multi-systemic therapy* - Multi-systemic therapy (MST) is a family and community-based treatment programme originally designed for young offenders or young people aged 11-17 at risk of care who are demonstrating anti-social behaviours<sup>20</sup>.

The intervention has recently been adapted specifically for families where there is evidence of child abuse and/or neglect (MST-CAN) as an intensive, multi-faceted intervention to address the multi-determined nature of child physical abuse. It has been evaluated in a US randomized effectiveness

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<sup>&</sup>lt;sup>18</sup> Schrader-McMillan, A., & Barlow, J. (2017). Improving the effectiveness of the child protection system - A review of the literature. Oxford: University of Oxford.

<sup>&</sup>lt;sup>19</sup> Thomas, R., & Zimmer-Gembeck, M. J. (2012). Parent–child interaction therapy: An evidence-based treatment for child maltreatment. SAGE. http://dx.doi.org/10.1177/1077559512459555
<sup>20</sup> http://www.mstuk.org/

trial, where 86 families followed by Child Protective Services due to physical abuse were randomly assigned to receive MST-CAN or Enhanced Outpatient Treatment (EOT), which was the standard service normally offered with enhanced engagement and parent training.

Intention-to-treat analyses showed 16 months after programme entry, MST-CAN was significantly more effective than EOT improving risk factors closely associated with maltreatment from both youth and parent perspectives, and led to fewer out-of-home placements (14 versus 30%). Perhaps surprisingly, there were no significant differences between the groups regarding maltreatment outcomes (the youth experiencing another abuse was 4.5% in MST-CAN group compared to 11.9% in the EOT group). MST-CAN is now being piloted in several sites in the UK; however an evaluation is yet to be undertaken or published. Despite this, it is an intervention that will be recommending in the upcoming (currently out for consultation) NICE 2017 guidance on Child Abuse and Neglect for parents with children aged 10-17 if the parent has abused or neglected their child. It should involve the whole family and include a 24/7 on-call support service to help families to manage crises.

#### Gaps in the evidence

The draft NICE (2017) guidance on Child Neglect and Abuse recommends effective interventions to address abuse and neglect of children and young people. The guidance also states that the majority of evidence used to make recommendations was from outside the UK, as many UK interventions or approaches have not yet been evaluated using high-quality research designs hence posing a gap in evidence for effective interventions within the UK. The guidance also calls for more evidence to assess the potential effectiveness and cost-effectiveness of home visiting in higher risk families where abuse or neglect is occurring or has occurred. Home visiting is a tool often used for monitoring families as part of a Child Protection Plan, but little is known about what practices within this setting help families to change and address problematic behaviours.

### Interventions to support child sexual abuse

Evidence suggest that plans for children who have been sexually abused need to take account of the overall needs of the child rather than focusing on the sexual abuse alone, and need to consider a variety treatment approaches to suit the individual needs. The draft NICE (2017) guidelines specifically emphasise, for girls aged between 6 and 14 who have been sexually abused and are showing symptoms of emotional or behavioural disturbance, professionals should discuss with the individual as to whether individual focused psychoanalytic therapy or group psychotherapeutic and psycho-educational sessions would suit her best.

**Cognitive behavioural therapy** - Cognitive behavioural therapy (CBT) currently has the strongest evidence base for benefitting sexually abused children. A systematic review by Macdonald et al<sup>21</sup> assessed the efficacy of cognitive-behavioural approaches in addressing the immediate and longer-term adverse consequences of sexual abuse in children and young people. Across the ten included trials, results suggested that trauma-focussed CBT may have a positive impact on outcomes including depression, post-traumatic stress disorder, anxiety and child behaviour problems, but most results were not statistically significant. However, half of the studies included asymptomatic children which

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<sup>&</sup>lt;sup>21</sup> Macdonald ,G, et al. (2012) Cognitive-behavioural interventions for children who have been sexually abused. *Cochrane Database Systematic Reviews* Issue 16:5.

may limit the ability to detect an intervention effect, as it is difficult to observe improvement in better-functioning individuals. The validity or applicability should still be questioned due to the generally poor reporting by the studies which were predominantly conducted in the US.

**Letting the Future in** - A psychodynamic, attachment-based therapeutic approach called 'Letting the Future In' is an example programme developed by the NSPCC and due to be recommended by NICE (2017), stating that such a programme should:

- emphasise the importance of the therapeutic relationship between the child and therapist
- offer support tailored to the child's needs, drawing on a range of approaches including counselling, socio-educative and creative approaches (such as drama or art)
- include individual work with the child (up to 20 sessions, extending to 30 as needed)
- involve parallel work with non-abusing parents or carers (up to 8 sessions)

The evaluation for this intervention<sup>22</sup> included qualitative case studies and the largest ever RCT of a therapeutic intervention for child sexual abuse, with 242 children aged 6-16 years. Children were randomised to either an immediate intervention group or six-month waiting list group.

The proportion of children with clinical levels of symptoms or significant difficulties between assessment on referral, and 6 month follow up reduced significantly from 73% to 46% in the intervention group, while there was no significant reduction in the control group. It is important to note this was only for older children (over 8 years) and young people. No change was observed in the younger children (33% of the participants) who were unable to complete the self-report measures, emphasising the importance of considering the child's age and developmental stage when choosing an intervention.

### Interventions to support Substance abuse

Along with domestic abuse and mental health problems parental substance misuse features in a large number of cases open to children's social care. It is clear that parental substance misuse can have an impact on child health and development from birth through to when they are adults. The potential for parenting capacity to be undermined and children's health and development harmed by parental substance misuse is considerable, particularly when other risk factors such as domestic abuse and mental health difficulties are present (Cleaver et al, 2011; Horgan, 2011; Barnard, 1999)<sup>2324</sup>. There is a serious risk that parents will neglect their children in these circumstances hence evidence suggested intervention below;

**Parents Under Pressure -** Child maltreatment tends to occur as a result of a complex interplay between drug use, maternal psychopathology, parenting practices, family environment and socioeconomic factors such as unemployment and poverty, as opposed to parental drug use specifically as a single risk factor. In recognition of this, an intensive, home based intervention named 'Parents Under Pressure' (PUP) was developed by Australian researchers to address multiple domains of family functioning including parental psychopathology, child behaviour problems, parent—child relationship difficulties, and social—contextual factors<sup>25</sup>. The programme was designed

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<sup>&</sup>lt;sup>22</sup> Carpenter J, Jessiman T, Patsios D et al. (2016) Letting the Future In: a therapeutic intervention for children affected by sexual abuse and their carers – an evaluation of impact and implementation. <a href="https://www.basw.co.uk/resource/?id=5045">https://www.basw.co.uk/resource/?id=5045</a>

<sup>&</sup>lt;sup>23</sup> Cleaver, H; Unell, I and Aldgate, J (2011), <u>Children's needs, parenting capacity: The impact of parental mental illness, learning disability, problem alcohol and drug use and domestic violence on children's safety and development</u> (2nd edition), Department for Education <sup>24</sup> Horgan, J (2011) <u>Parental substance misuse: Addressing its impact on children</u>

<sup>&</sup>lt;sup>2\*\*</sup> Horgan, J (2011) <u>Parental substance misuse: Addressing its impact on children</u> National Advisory Committee on Drugs

<sup>&</sup>lt;sup>25</sup> Dawe, S. and Harnett, P. H. (2007) 'Improving family functioning in methadone maintained families:

for high risk families where a parent is receiving methadone maintenance treatment. The Australian randomised-controlled trial compared the 20-week intervention to both a 'usual care' group and another receiving a 'brief intervention' (two-session parenting education) service. Only parents who participated in the PUP intervention showed a significant decrease in child abuse potential (measured by the child abuse potential inventory), harsh parenting and parenting stress.

Despite this, 36% of the PUP group showed continued high-risk status over the course of the study, suggesting that not all parents are responsive to intervention and highlighting the need to examine each individual family's response (change in parenting capacity) to a parenting intervention.

The programme is currently being evaluated in a UK-based randomised controlled trial for families with a child under two and a half years old by the NSPCC and University of Warwick in regards to its effectiveness, cost-effectiveness and acceptability to service users.

#### *Interventions to support domestic abuse*

Children can suffer serious long term problems as a result of domestic abuse even if they themselves have not been directly harmed or abused. According to NICE guidance support should be provided for both the non-abusing parent and child<sup>26</sup>. Services should be tailored to the level of risk and specific needs of people experiencing domestic violence or abuse.

# Support for the non-abusing parent

There is moderate evidence to support the following forms of support:

- Advocacy services (to inform, guide and help victims access a range of services and supports
- Skill building (teaching, training, experiential or group learning)
- Counselling interventions (based on brief educational, cognitive behavioural and motivational interviewing approaches) to improve a range of outcomes - PTSD symptoms, depression, anxiety, self-esteem, stress management, independence, support, re-occurrence of violence, birth outcomes for pregnant women, motivational level and/or readiness to change.
- Intensive therapeutic interventions such as group therapy may also be effective for many of the above outcomes in some cases may reduce likelihood of future IPV or re-abuse

The majority or all of the studies included in the evidence review conducted for the guidance<sup>27</sup> reported improvements in a number of the outcomes above that were measured.

### Support for the child

The above review indicates the evidence is currently stronger for single component therapeutic interventions that are aimed at both mother and child, compared to child only. Intervention approaches include:

results from a randomised controlled trial.' Journal of Substance Abuse Treatment 32, 381-390.

NICE (2014) PH50: Domestic violence and abuse: multi-agency working

<sup>&</sup>lt;sup>27</sup> https://www.nice.org.uk/guidance/ph50/resources/review-of-interventions-to-identify-prevent-reduce-andrespond-to-domestic-violence2

- mother-child psychotherapy
- shelter-based parenting intervention combined with play sessions for children
- parent-child interaction therapy (including mother-child play, teaching of praise and discipline techniques)
- experiential, activity-based and interactive therapy intervention.

Outcomes that potentially improve as a result include child behaviour, mother-child attachment and stress and trauma-related symptoms in mothers and children.

Psycho-educational interventions (addressing skills such as: stress and conflict management, coping and relationship skills, understandings of violence, etc.) may also be effective in improving children's coping skills, behaviour, emotional regulation, conflict resolution skills and knowledge about violence, but the evidence is weakened by methodological weaknesses, such as small sample sizes, lack of detail on intervention.

There is also moderate evidence (i.e. most studies contain some methodological weaknesses) of effectiveness of multi-component interventions that:

- focus on advocacy, such as community-based service planning, nurse case management, and non-parental childcare for disadvantaged families, helping to reduce trauma symptoms and stress, and improving child behaviours such as aggression)
- include both therapy and advocacy
- focus on therapy and parenting

The review acknowledged that there is still a lack of evidence for general population interventions for children, and for community based educational interventions that offer more broad prevention.

#### Other Interventions

**Short stay residential care for adolescents on the edge of care** - An evidence scope conducted by Dixon et al<sup>28</sup> found support for a restructuring of the care system where short-stay residential care is an option within a continuum of child and family support, rather than simply a last resort. The authors suggested this option could be effective in preventing full entry into care by offering respite and improving young people's relationships with their families. It also suggests where care is considered to still be the most appropriate option, allow the opportunity for a more planned and smoother transition to care, which may in turn promote future reunification.

The combination of direct work with young people and support for their families may better meet the needs of some older adolescents and those with more challenging behaviours.

**Functional Family Therapy** - Along with Multi-Systemic Therapy, Functional Family Therapy (FFT) is an intensive family-focused intervention originating from the US that is previously government funded in the UK. It targets young people aged 10-18 years who are still living at home but have persistent behavioural and/or substance misuse problems. It includes a focus on and assessment of those risks and protective factors that impact on children and young peoples as well as their environment. The weekly sessions over a 3-4 month period aim to reduce disruptive communication patterns and encourage positive interactions among the family.

<sup>&</sup>lt;sup>28</sup> Dixon, J. et al. (2015) Supporting Adolescents on the Edge of Care: The role of short term stays in residential care. London: Action for Children

An FFT pilot started in Brighton in 2007 and with the first UK randomised controlled trial is being conducted by Kings College in partnership with Brighton and Hove Youth Offending Services. Other randomised controlled trials have equally started in parts of the UK for e.g. in Croydon Council in partnership with Queen's University, Belfast.

*Integrated or multi-dimensional programmes* - The need to offer a more integrated package of support in order to better meet the complex needs of children and their families has recently been acknowledged (Ward 2014).

With funding from the Department for Education (DfE) Innovation Programme, a project called 'Step Change' was created by Action for Children to bring together Multi-systemic Therapy (MST), Functional Family Therapy (FFT) and Treatment Foster Care Oregon (TFCO) within 1 overall programme, operating across 3 London boroughs with a single referral pathway to provide adolescents and families with access to the most appropriate intervention from the three on offer. However, TFCO was removed early due to concerns about the involved costs and resources as well as the lack of evidence of its effectiveness in the UK. The evaluation found some improvement in follow-up measures (risk taking behaviours including offending; increasing engagement in education, employment and training; improving relationships between young people and families to avoid family breakdown; reduction in need for care or custody), although these were not completed in sufficient numbers to provide a reliable analysis<sup>29</sup>.

Factors that appeared to improve outcomes emerged from the qualitative data with families and workers, including the consistency, frequency and accessibility of the therapy, the meaningful relationship formed with therapists and their perceived impartiality. While the project showed some initial signs of success, the organisations involved decided to close the project after the DfE funding finished, but did recommend that setting up joint commissioning arrangements (between health and social care) would help to maximise the chances of sustainable implementation.

In summary, the evidence base for effective interventions in the UK is generally lacking in robustness but innovative interventions are currently being piloted and evaluated, with findings to be published in the near future. As emphasised by NICE (2017), it is important to take the age and developmental stage of the child into account when selecting an intervention. Furthermore, it should be recognised that even if an intervention is noted as effective by the literature or guidance, it may not suit a particular person, family, and therefore where possible it is encouraged to give children, young people and families a choice of proposed interventions.

#### Reunification

Foster care is an intervention for children and young people experiencing abuse and or neglect in their home environment. The most common outcome for children leaving care is returning home to their parents or relative. However, evidence suggest that about half of children who come into care because of abuse or neglect suffer further abuse children if they return home, with up to half of those returning into care as a result. Gypen et al.'s (2017) systematic review reviewed 32 studies looking at multiple outcomes with the finding that outcomes were poor for these children across education, employment, housing, health, substance abuse and criminal involvement compared to their peers from the general population. Having a steady home base and getting a foothold in

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<sup>&</sup>lt;sup>29</sup> Blower S, Dixon J, Ellison S et al. (2017) Step Change: an evaluation. Department for Education. https://www.gov.uk/government/uploads/system/uploads/attachment\_data/file/585194/Step\_Change\_an\_evaluation.pdf

education is shown to be important in outcomes for children growing up in foster care. Having a steady mentor who gives support when needed is a protecting factor<sup>30</sup>.

A briefing published by the NSPCC 'Returning children home from care: learning from case reviews' identified a number of ways to improve practice for reunification, which are reflected in current legislation and guidance<sup>31</sup> to include the following:

- Thorough assessments
- Clear conditions for return of child
- Preparation for and staged return of the child
- Sharing information and working with professionals in other agencies
- Good monitoring of the child before, during and after the return

#### Thorough Assessments

A thorough and careful assessment is needed to inform the decision as to whether Looked After Children should return to their family. In a follow-up of 3,872 children looked after by seven local authorities, Wade et al<sup>32</sup> observed that well planned reunifications were associated with more stable reunifications, in particular those which were based on evidence of sustained change in parenting capacity and included provision of support services . Farmer et al<sup>33</sup> also noted greater stability for children returning home as a result of a more thorough assessment, but that 43% of children still returned home without a thorough assessment.

A recent review of the evidence on reunification<sup>34</sup> concluded that an assessment and care plan for reunification should include the following information:

- The types and number of family stressors/difficulties
- An agreement with parents about what needs to change before the child can return home i.e. the problems that led to care and require addressing
- A set of clear targets for parents to meet which are centred on what needs to change prior to reunification and over what timescales, including the consequences if these conditions are not met/risks are not removed
- Interventions and services to address known issues
- Contingency plans i.e. an alternative care placement if return home from care/accommodation is not possible
- Extent of family engagement, in particular compliance with conditions set out in the plan
- Family readiness/parental motivation (e.g. are the parents ambivalent about their child returning home
- Reason for return home from care/accommodation
- When reunification should commence
- Preparation for reunification and support prior to return home from care
- Support and services post reunification
- Processes for monitoring and reviews following reunification

<sup>&</sup>lt;sup>30</sup> Gypen, L., Vanderfaeillie, J., De Maeyar, S., Belenger, L. and Van Holen, F. (2017) <u>Outcomes of children who grew up in foster care:</u> <u>Systematic-review.</u> Children and Youth Services Review, Vol 76, May 2017, 74-83.

<sup>&</sup>lt;sup>31</sup> NPSCC Information Service, October 2015, Returning Home from care – Learning from case reviews.

<sup>&</sup>lt;sup>32</sup> Wade J, Biehal N, Farrelly N and Sinclair I (2010) Research Brief: Maltreated Children in the Looked After System: A Comparison of Outcomes For Those Who Go Home and Those Who Do Not. London: DCFS/DoH.

<sup>&</sup>lt;sup>33</sup> Farmer, E., et al (2011) Achieving Successful Returns from Care: What Makes Reunification Work?, London, BAAF.

<sup>&</sup>lt;sup>34</sup> Hyde-Dryden G, Gibb J, Lea J et al. (2015) Research report: Improving practice in respect of children who return home from care. National Children's Bureau

It is recommended that reunification plans for children in Thurrock consider the above assessment guide.

#### Gradual timing of reunification

Studies have found that a gradual, staged return home can increase chances of reunification and lead to a more durable home placement, as it allows time for well managed planning and proper consultation<sup>35</sup>.

A review by Thoburn et al<sup>36</sup> found that reunification is less likely to be successful if the child returns after a short stay in care (less than 3-6 months), suggesting that a short timeframe may not allow sufficient change in the family environment or behaviour to take place. Equally, reunification is less likely to be successful after a prolonged period in care (over 2-3 years) where the child may have settled into a long-term permanent placement, experienced repeated placement disruption, or had minimal contact with their birth parents, impacting on their emotional and behavioural development which may be difficult for the birth parents to manage.

#### Caseworker engagement and family involvement

A longitudinal analysis of long-term foster care in the US found that relatively strong caseworker engagement with the family increased the likelihood of reunification<sup>37</sup>. This suggests that that family reunification may be helped by promoting parents' active, positive engagement in the child welfare process.

Research conducted in the UK also concurs that a plan for reunification should also be inclusive of the views of the involved children and families (Hyde-Dryden et al., 2015). Wade et al. (2010) found this factor to be associated with a reunification continuing at six months.

The NSPCC Reunification Practice Framework was developed, implemented and evaluated as a result of collaborative working between the NSPCC, 14 local authorities and the Universities of Loughborough and Bristol, with the ultimate aim of improving outcomes for children in relation to return home from care. It is based on both a detailed literature review of the evidence reunification as well as the experiences of local authorities, and is designed to support practitioners and managers to apply professional judgement to the decision of reunification and how to ensure its success.

In agreement with the research by Biehal et al (2015) returning home will not provide the best outcome in all cases and therefore the Framework recommends that robust assessments of risk of abuse and neglect are necessary to decide whether or not reunification would be the best option based on parental capacity to change among other factors. Most importantly, the child's own interests should be at the centre of all decision-making. Furthermore, as already mentioned, ongoing support, monitoring and review is needed for children and young people who do return home.

An evaluation of the introduction of the Practice Framework in 3 local authorities was conducted by the University of Bristol<sup>38</sup>. Questionnaires and interviews were conducted with practitioners and managers before and after the introduction of the Framework. Prior to its implementation,

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<sup>&</sup>lt;sup>35</sup> Biehal N, Sinclair I and Wade J (2015) Reunifying abused or neglected children: Decision-making and outcomes. Child Abuse & Neglect, 49, pp.107-118.

<sup>&</sup>lt;sup>36</sup> Thoburn J, Robinson J and Anderson B (2012) SCIE Research Briefing 42: Returning children home from public care.

<sup>&</sup>lt;sup>37</sup> Cheng, T.C. (2010) 'Factors associated with reunification: a longitudinal analysis of long-term foster care', *Children and Youth Services Review*, vol 32, no 10, pp 1311–1316

<sup>&</sup>lt;sup>38</sup> Farmer E and Patsios D (2016) Evaluation Report on Implementing the Reunification Practice Framework.

 $<sup>\</sup>frac{\text{https://www.nspcc.org.uk/globalassets/documents/evaluation-of-services/implementing-reunification-practice-framework-evaluation-report.pdf}$ 

managers expressed awareness of issues in current reunification practice in their authorities, such as lack of timely assessments, inconsistent practice, lack of access to services and lack of data on outcomes. Practitioners reported that they found the Framework to be useful for all key tasks involved in reunification, and more practitioners felt more confident in conducting an assessment of a parent's capacity to change as a result of the Framework use. There was also an increase in the proportion of managers who established and used data to improve reunification practice to monitor returns home.

# What works in promoting good outcomes for LAC and YP?

Good care planning and case management/tracking is fundamental to improved outcomes – this includes regular contact for the child or young person with a trusted key worker (usually a social worker) and effective co-working with other key professionals and carers. Recent research highlights the ongoing need for better quality decision making by social workers, and champions a blurring of the lines between the care system and community-based care to ensure that YP in particular can return home after brief spells in care (via adolescent support teams or other services such as treatment foster care)

Matching services to the underlying needs or problems, which may include mental health, housing, family counselling or substance abuse, have consistently been proven to improve family reunification in US studies<sup>39</sup>.

A UK literature review has emphasised that support from services needs to commence as soon as possible, and should be proactive rather than reactive (Hyde-Dryden et al 2015). Concern has previously been expressed that supporting services tend to be of a short duration; in order for reunification to be successful, interventions need to be delivered for a sufficient duration in order to bring about sustained changes in behaviour/the family situation.

Currently, UK research is limited in regards to the types of interventions or services that work well to support families to enable children to return home from care, but there are ongoing studies being conducted. Below is a discussion of what already exists in the literature.

Effective substance misuse support services may help children to return home from care more quickly than those receiving usual services. An evaluation of the Family Drug and Alcohol Court (FDAC) pilot found that families who experienced the court-based family intervention had higher rates of cessation of parental substance misuse and consequently were more likely to be reunited with their children in comparison to families who received the usual care proceedings (35% vs 19%). Most importantly, neglect and abuse in the year following reunification was significantly lower than the comparison group<sup>40</sup>.

Substance-involved parents also tend to exhibit negative parenting practices and therefore evidence-based parenting interventions are likely to be an important additional service to improve chances of reunification<sup>41</sup>.

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<sup>&</sup>lt;sup>39</sup> Choi, S. and Ryan, J.P. (2007) 'Co-occurring problems for substance abusing mothers in child welfare: matching services to improve family reunification', *Children and Youth Services Review*, vol 29, no 11, pp 1395–1410.

<sup>&</sup>lt;sup>40</sup> Harwin J, Alrouh B, Ryan M, Tunnard J (2014) Changing Lifestyles, Keeping Children Safe: an evaluation of the first Family Drug and Alcohol Court (FDAC) in care proceedings

<sup>&</sup>lt;sup>41</sup> D'Andrade, A and Nguyen, H (2014) The relationship between parents' use of specific services, treatment problems, and reunification with children placed in foster care. Journal of Public Child Welfare 8(1).

The Strengthening Families Program (SFP) for substance-abusing families was created in the US to focus on three targeted areas: parenting skills training, child skills training, and family bonding/attachment with the aim of preventing child maltreatment. Interestingly, the analysis found that programme participation led to higher rates of reunification compared to matched families who did not receive the intervention, despite recovery from addition not being the focus or requirement for programme participation<sup>42</sup>. This evidence suggests that for some families, parenting interventions which improve parental capacity may be sufficient to promote reunification.

The consensus from evidence reviews is that the programmes are more likely to be effective if they are intensive and multi-faceted, tailored to meet the needs of each member of the family (Ward et al. 2014).

#### Parent mentoring

Findings from a recent preliminary US study have suggested that a parent mentor programme may help to increase the likelihood of reunification<sup>43</sup>. 98 parents involved in the US child welfare system were invited to participate in 'Parents in Partnership' (PIP), where parents who have successfully navigated the system provide support, information and mentorship to parents whose children are still in care. Of the 73 parents where reunification outcomes were measured, parents who attended the PIP orientation were 5.6 times more likely to be reunified. It is important to note no further data were regarded regarding programme participation, and the orientation attendance reflects the minimal level of involvement in the PIP programme. It is difficult to attribute the higher reunification rate solely to the intervention, as parents who are more motivated to reunify with their children may therefore have been more motivated to attend the PIP programme.

While the findings are in agreement with other US studies that have found promise for parent mentoring in the reunification process (Berrkick 2011; Leake 2012), randomised controlled trials and larger sample sizes are needed in future research to determine effectiveness, and the application in a UK context would be welcomed.

#### Child emotional and behavioural support

As a result of abuse or neglect, Looked After Children and young people may exhibit difficult behaviours. Support from emotional well-being services such as CAMHS or it's local equivalent should therefore be offered to address the underlying emotional wellbeing and/or mental health issues, and should continue for as long as needed after the child returns home (NSPCC).

A research briefing from the Social Care Institute for Excellence suggested that while it is not clear if emotional and behavioural support services are associated with reunification, they may be helpful in preventing reentry into care (Thoburn et al. 2012).

#### Ongoing monitoring and support post-reunification

Statutory guidance is clear that a child should continue to be supported and will often be treated as a child in need or under a Child Protection Plan once they return home. However, evidence reviews have found that interventions tend to end abruptly with no arrangements for long-term support or

<sup>42</sup> Brook J, McDonald TP and Yan Y (2012) An analysis of the impact of the Strengthening Families Program on family reunification in child welfare. Children and Youth Services Review, 34(4), pp.691-695.

<sup>43</sup> Enano, S., Freisthler, B., Perez-Johnson, D., & Lovato-Hermann, K. Evaluating Parents in Partnership: A preliminary study of a child welfare intervention designed to increase rates of reunification. Accepted for publication September 2016, *Journal of Social Service Research*. doi: 10.1080/01488376.2016.1253634

monitoring of children's circumstances (Hyde-Dryden 2015). Ongoing assessment of the family's needs is necessary as the full extent of many difficulties may not become apparent until sometime into the return home<sup>44</sup>.

In a prospective study with a two-year follow-up of 180 children returned to their parent(s) in six local authorities in England, involvement of another agency or professional in monitoring children was a key factor that contributed to return stability<sup>45</sup>.

The reason this is particularly important for Looked After Children has been highlighted in a study by Biehal et al (2015). This study compared decision-making for 149 maltreated children in seven English authorities (68 reunified, 81 who remained in care) as well as outcomes six months and four years after the return home or decision to remain in care. The two key predictors of reunification were assessments that parental problems had improved and that assessed risks to safety of the child were not unacceptably high. However, one-third of children were returned home despite persisting concerns about unchanged or even worsened family circumstances. Consequently, 35% re-entered care within six months and 63% re-entered at some point during the four-year follow-up period, often due to recurring abuse or neglect. At the final follow-up, positive outcomes were more likely to be experienced by children remaining in care as opposed to those who had returned home, even once children's characteristics and histories were taken into account. Neglected children who had been reunified experienced particularly poor outcomes, regardless of whether reunification was stable or unstable. The authors concluded that due to the high rate of care re-entry and reoccurrence of abuse or neglect, appropriate monitoring and support should be provided after the return to ensure children's safety and well-being.

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<sup>&</sup>lt;sup>44</sup> Wilkins, M. and Farmer, E. (2015) *Reunification: An Evidence-Informed Framework for Return Home Practice*. Bristol: University of Bristol.

<sup>&</sup>lt;sup>45</sup> Farmer, E. and Wijedesa, D. (2012) The Reunification of Looked After Children with their Parents: What Contributes to Stability? *British Journal of Social Work 44* (2). p.348-366.

Annual Report of the Director of Public Health 2017

12 December 2017	ITEM: 9					
Children's Services Overview and Scrutiny Committee						
Information on Adoption and Permanency						
Wards and communities affected: Key Decision:						
All	Non-Key					
Report of: Andrews Osei, Service Mar	nager, Family Placement					
Accountable Assistant Director: Sheila Murphy, Assistant Director of Children's Care and Targeted Outcomes						
Accountable Director: Rory Pattersor	, Corporate Director of C	Children's Services				
This report is Public						

# **Executive Summary**

The Adoption Team is part of the Thurrock Family Placement Service. The adoption service is by both Coram Capital and Thurrock with a common goal towards early permanency planning as well as achieving timely adoption decisions and placements.

The team has been integrated with Coram and staff co-located. There is a Partnership Manager (Coram appointed) responsible for the day to day management of the Adoption Team.

The adoption manager also performs the task of an Agency Adviser in accordance with Regulations 8 (Adoption Services Regulation 2002) to help the child's journey in care, tackle drift, and ensure that robust and appropriate care plans are in place. The aim is to improve the service performance on the A1¹ and A2² indicators, ensure all children have permanence plans in place by the time of their second looked after child review, enhance the service performance in the Public Law Outline, and work towards meeting the 26-week guideline in all care proceedings.

The Ofsted children's services inspection, in March 2016, identified that further work is required to improve the timeliness of adoption journey for children as well as the provision of robust post adoption offer for adopters and their families. In response to these findings, adoption and permanency tracking systems were introduced and have significantly improved performance regarding timeliness in the adoption

<sup>&</sup>lt;sup>1</sup> A1: average time between a child entering care and moving in with its adoptive family, for children who have been adopted.

<sup>&</sup>lt;sup>2</sup> A2: average time between a local authority receiving court authority to place a child and the local authority deciding on a match to an adoptive family.

process. The service has introduced a more comprehensive review of Thurrock post adoption support offer.

#### 1. Recommendation

1.1 The Children's Services Overview and Scrutiny Committee are asked to note and provide comment on the planned changes in provision for children at risk of permanent exclusion or who have been permanently excluded

# 2. Introduction / Background

- 2.1 This report provides an overview of Thurrock adoption performance as at March 2017 and the Adoption Service improvement drive and activities from 1st April 2017 to 31st October 2017.
- 2.2 The work of the Adoption Agency (the Council) is governed by legislation (eg. Adoption Act 1976, the Adoption and Children Act 2002, the 1989 Children Act, the Children and Adoption Act 2006 and associated guidance.) In addition, the Adoption Team works within the National Minimum Standards for Adoption 2011, The Adoption Agency Regulations 2005 and 2013 and the latest Statutory Adoption Guidance 2013. Thurrock adoption service has responded to and embraced the Government's Adoption Reform Programme, and the latest Children and Families Act 2014 requirements.
- 2.3 The Adoption Service contributes to improving outcomes for the most vulnerable children and young people in Thurrock; the key priority is to achieve 'permanence' for Children Looked After, ensuring they grow up in loving, secure and stable families.
- 2.4 Where the child's welfare requires a placement outside the birth family the adoption service's main consideration is the child's permanent family throughout his or her lifetime. It is however important to emphasise that permanency for children outside the birth family is not limited to adoption; permanency can be legally secured through Special Guardianship Orders or Child Arrangement Orders.
- 2.5 The Children and Families Act 2014 has a broader scope which includes the significant changes to how adoption works as well as major reforms for looked after children's permanency options. The overarching objective is to ensure children are placed with adoptive families with minimum delay. The drive to eliminate delay in adoption also extends to the family courts with 26-week time limit on care proceedings.

# 3. Adoption Timeliness and the Adoption Scorecard

3.1 In March 2016 the Department for Education (DfE) published the Adoption Scorecards covering three year performance of the relevant local authorities.

These performance indicators reflected the national variance in timeliness and the more challenging expectations on ensuring permanency for children.

- 3.2 In Thurrock, thirty five (35) children were granted an Adoption Order (AO) between 1 April 2013 and 31 October 2015. Of that number, thirty four (34) who were adopted under a Placement Order (PO) waited an average time of 625 days from entering care to moving in with their adopters and a further 389.8 days from Placement Order to the making of the Adoption Order.
- 3.3 There has been strong improvement in adoption timeliness since April 2016; in the last financial year (April 2016 to March 2017) eleven (11) children were adopted. The average days between a child entering care and moving in with their adoptive family in this period was 344.5 days which is significantly better than the DfE target of 426 days.
- 3.4 As a result of the strong performance since April 2016, the overall timeliness on a 3 year average, per the DfE score card, has improved reducing from 625 as at 2015/16 to 425 as at 30<sup>th</sup> September 2017. The national average is 18 months (547 days)<sup>3</sup>
- 3.5 Adoption timeliness has been a key priority for the Local Authority since the last score card was officially published in 2015. The Local Authority set an ambitious target of 500 days (for the three year average score) which was met in March 2016. The current trend will place Thurrock in the category of the best performing authorities when the National Adoption Score Card is published in 2019.
- 3.6 Since April 2016, we have also maintained 100% target in placing children with Placements Orders (PO) with adopters within 12 months of the adoption decision. This is significant as it demonstrates the practice improvements made resulting from the robustness of Thurrock family finding, linking and matching processes.
- 3.7 We have sustained the improvements in our timeliness this year (April 2017 October 2017). Average days between placement order and matched with adopters is 277 days<sup>4</sup>. However, it is anticipated that by March 2018, the average A1 and A2 days would be significantly higher if three (3) children currently waiting due to legal challenges are eventually placed with their adopters.
- 3.8 Concurrency placements, where children are placed with prospective adopters as their foster placement, is gradually becoming embedded in our care planning. Currently, two (2) children are in concurrent placements which means their potential (approved) adopters are their current foster carers pending the outcome of court decisions. It is anticipated that these practices

<sup>&</sup>lt;sup>3</sup> For this indicator source Department of Education – Children looked after in England (including adoption) year ending 31 March 2016.

<sup>&</sup>lt;sup>4</sup> The calculation is based on five children currently placed with their adoptive families. .

will consolidate the improved timeliness - ensuring children's adoption journey are seamless, quick and less disruptive.

# 4. Adoption Tracking and Agency Decision Making

# April 2017 - March 2018: Adoption Forecast

- 4.1 In the financial year 2016/17 twelve (12) Agency Decision Maker (ADMs) decisions were made agreeing a plan for adoption and all 12 were approved by the court and granted Placement Orders. This year, (April October 2017) eighteen (18) ADMs have been made by the Agency Decision Maker. Of this number, five (5) Placement Orders have been granted by the court and the rest are at different stages in the care proceedings.
- 4.2 Our internal analysis identified fifteen (15) children for adoption this financial year. The estimate is based on the actual number of children who are at the final stages of care proceeding and were projected to move in with their prospective adopters by the beginning of the 3<sup>rd</sup> Quarter of the adoption year (October 2017). However, due to court delays and legal challenges (Essex Judgment) we have revised the forecast to a minimum of nine (9) adoptions by the end of the financial year.
- 4.3 The October (3rd Quarter) placement date, as stated above, is significant because any child placed with an adopter is required to remain looked-after in the care of the prospective adopter for a minimum of 10 weeks before the prospective adopter becomes eligible to make an Adoption Order application. Barring any legal challenges from birth family to the adoption order application, the process of the adoption order application is usually concluded within a further 10 to 20 weeks.
- 4.4 Currently, there are 13 children with Placement Orders. Of this number, Four (4) children were adopted as at 31/10/2017. Five (5) children are currently placed with their prospective adopters; it is expected that the families will complete the adoption process by the end of financial year, March 2018. Three (3) children are matched with prospective adopters but are still waiting to move in with their prospective adopters due to legal challenges and family finding is still ongoing for one child who has profound disability and visual impairment.

# April 2017 - 31October 2017: Placement Orders

- 4.5 As at 31st October 2017 five (5) placement Orders were granted by the court. This represents less than 50% of the cohort of children forecasted to have secured Placement Orders by 2nd October 2017. For example, seven (7) children's care proceeding cases have been delayed due to reasons which will be explored later in this report.
- 4.6 These delays mean children will unavoidably wait longer, up to six months or more, before final determination of their (adoption) care plans.

- 4.7 Several attempts have made to mitigate the delays by negotiating with the court, albeit unsuccessfully, to find alternative arrangements to progress proceedings to conclude these cases. It is anticipated that the courts shall resume hearings of pending cases by February 2018.
- 4.8 There is a problem currently in Chelmsford Family Court with availability of Judges and this is causing considerable delay for some of our children in making Placement Orders, so that the children can be placed with their prospective adopters. Had there not been delay in listing cases, a further seven (7) children would have been linked, matched and placed with prospective adopters by end of October 2017, in preparation for the Adoption Order being made before the 31/03/2018.

# **Essex Judgment' Delays**

- In a recent case in Essex: *R* (*On the Application Of EL*) *v Essex County Council [2017] EWHC 1041 (Admin)*: A mother successfully challenged the local authority, via a judicial review application, in respect of the decision to place her daughter for adoption on the grounds of procedural unfairness. She argued that the local authority had failed to keep her informed of key steps in the process, namely of their intention to place the child with prospective adopters and of the placement timetable. Furthermore, the local authority placed the child in the knowledge that the mother intended to apply for permission under s.24 ACA 2002, thus circumventing her application. In the ruling the judge agreed with the mother stating, "...It is not however appropriate for a local authority to proceed with the placement when it is aware of the application for leave, and an attempt to do so in order to frustrate the birth parents' application could be challenged in court by an application for judicial review.
- 4.10 The wider implication of this ruling for Thurrock has impacted on three (3) children already linked and matched with adopters. These children are currently placed with their foster carers and cannot be moved to their prospective adoptive placement pending the outcome of their parents' expressed intention to challenge the Care and Placement Orders.
- 4.11 There are three (3) children affected by the Essex Judgment; these children have already been through care proceedings and the Court granted Placement Orders for the children to be adopted. However, their placement with prospective adopters has been delayed by up to 8 months, because the birth parent is still appealing the court's decision making Placement Orders. This has meant considerable drift and delay for these children's permanency.

# 5. Performance within Eastern Region

5.1. Thurrock adoption performance in comparison with local authorities the Eastern Region.

		Thurrock (B)	Eastern Region
	5.1 Avg. days between child entering care and moving in with a adoptive family	344.5	431.1
ption	5.2 Avg. days between court agreeing adoption and LA approving a match	85.7	190.2
5. Adoption	5.3 % leaving care who are adopted	8.2%	14.9%
	5.4 % LAC adopted in year placed within 12 months of decision	100.0%	76.3%

# 6. Post Adoption Support

6.1 We have a dedicated team supporting adoptive families to ensure adoptive placements are stabilised so that adopters feel valued and ably equipped to carry out the parenting tasks as children grow older. Families are receiving therapeutic support, counselling and practical support. Although it is too early to assess full impact, families accessing the post adoption support service have commented positively about the support they receive.

#### 7. Reason for Recommendation

- 7.1 Members of the Committee to be informed on the issues in relation to Adoptions. Officers accept adoption numbers are low and likely to fall below initial projections due to very real challenge we are currently facing with non-availability of judges to conclude cases and potential delays due to 'Essex Judgement'.
- 8. Consultation (including Overview and Scrutiny, if applicable)
  - None
- 9. Impact on corporate policies, priorities, performance and community impact
  - None
- 10. Implications
- 10.1 Financial

Implications verified by: Nilufa Begum

**Management Accountant** 

The cost of care proceedings will be higher than initially projected due delays and unplanned appeal processes.

# 10.2 Legal

Implications verified by: Lindsey Marks

Principal Solicitor for Children's Safeguarding

It is important to note the officers are aware of duties under the Children Act 1989. We are therefore focusing on the best interest of each child, especially when exploring adoptions.

# 10.3 Diversity and Equality

Implications verified by: Rebecca Price

**Community Development Officer** 

When scrutinising adoptions the Local Authority must ensure it also considers the needs of each individual child/young person, which includes their religion, language and disability to ensure these adoptions meet all their needs on a holistic level.

10.4 **Other implications** (where significant) – i.e. Staff, Health, Sustainability, Crime and Disorder)

The immediate impact of the delays is significantly low adoption numbers in 2017/18. However, it is anticipated that the number will pick up between the 1st and 2nd quarter next year (April – September 2018) because all outstanding cases would have concluded.

- 11. Background papers used in preparing the report (including their location on the Council's website or identification whether any are exempt or protected by copyright):
  - None

# 12. Appendices to the report

None

# Report Author:

Andrews Osei

Service Manager, Family Placement

Children's Services, Care and Targeted Outcomes



# Children's Services Overview and Scrutiny Committee Pilot Development of Head Start Housing for Care Leavers & Vulnerable Young People Wards and communities affected: Key Decision: All Key Report of: Michele Lucas, Strategic Lead, Learning & Skills Accountable Assistant Director: Sheila Murphy, Assistant Director of Children's Care and Targeted Outcomes Accountable Directors: Rory Patterson, Corporate Director of Children's Services and Roger Harris, Corporate Director of Adults, Housing and Health This report is Public

# **Executive Summary**

This report sets out how Thurrock Council is looking to support young people who are leaving care and other vulnerable young people with one of the key barriers they have identified, finding suitable affordable accommodation.

To address this Inspire have worked in partnership with Thurrock's Housing Department and have undertaken a pilot around the development of Head Start Housing for Care Leavers and other vulnerable young by developing two (HMO's) house of multiple occupancy. This pilot scheme has been developed to support our role as the Corporate Parent a number of housing issues that young people have identified as they moved into adulthood have been addressed have been resolved by the development of this scheme.

Since the inception of this scheme the council has saved more than £66,000 this is made up of a combination of out of borough placements, supported accommodation and social housing. By year end March 2018 savings across the financial year are forecast at £84,000.

The following are quotes from young people who have benefitted to date from the scheme.

"This scheme is so needed in Thurrock and [the pilot] should be extended so that more young people stand a chance of developing independence and success at work." HT

"Before the HMO, I was sharing a caravan in Ockendon with my two brothers.

It was very cramped; I would hit my head on the door frames. People often judged me for living where I did, expecting a type of behaviour before getting to know me. Of course this affected my view of the world/them and not in a good way. Now my work life balance is good. My work is going well — I am in a permanent post, in a job that I enjoy and get on well with my colleagues. I get on well with the other tenants, I like sharing the space with the others. We help each other out — car rides, lending and borrowing our things, making repairs, sometimes cooking for each other I enjoy spending time with my family now! We have improved the property and made it our own. We have good relationships with the neighbours; they have donated garden chairs and tools. At some point, I will invite them round for a BBQ. I no longer feel judged. I can relax and be me, in my home."

JW

#### 1. Recommendations

- 1.1 To note and provide comments on the pilot HMO and support the ongoing development of the programme to enable more properties to be available for the scheme
- 1.2 To support the development of a transitional housing scheme and would provide personalised support for young people as they enter the aftercare service.
- 1.3 To note and make comments on a more joint working approach between Social Care and Housing to improve the offer to care leavers.
- 1.4 To note the proposal to exempt Care Leavers from Council Tax.
- 2. Introduction and Background

#### 2.1 Introduction

Children's Services have recognised the need to support our young people in relation to housing opportunities in March 2016 they developed a strategic partnership with housing. The purpose of the strategic partnership was to address some of the key barriers young people face in finding suitable accommodation at an affordable rate.

As a result of the partnership in June 2016, Housing launched its first house of multiple occupation (HMO). As part of a joint partnership between Housing and the Inspire Youth Hub, the HMO offers accommodation for up to two years to those who are receiving support from Inspire. The main focus of the project is to support the tenants in developing the skills necessary so they are ready to work and live in local communities independently. This is support by strong pathway plans to independent living which look at moving on and budget management.

# 2.2 Safeguarding

Ensuring young people are safe is an essential part of the process of selection for the Head Start Housing opportunity. The selection process for the HMO is undertaken jointly between Inspire and Housing. We also provide a range of ongoing support opportunities for young people to ensure that we have the safety of young people at the forefront of the project. We undertake regular meetings with tenants and provide both emotional and practical support around the transition into independent living.

These meetings provide an opportunity for the Inspire team to review progress and identify any potential safeguarding concerns so as to ensure they are dealt with swiftly. Staff work closely with tenants to ensure that we mitigate for any risk associated with young people living together. If issues do arise they are discussed with the youth work team who look to identify resolutions – ensuring that young people have a voice around for example conflict resolution.

Through regular visits, housing colleagues will ensure that the tenancy remains in good condition, while at the same time the Inspire team will address any pastoral concerns which may arise during the course of the visit. This will ensure that any problems can be identified and addressed at the earliest possible moment and that any potential risks to the tenancy can be identified and addressed.

# 2.3 Eligibility Criteria

We have engaged with a range of young people and other professional colleagues to develop the criteria and as part of our ongoing development we review these on a regular basis

To be eligible for accommodation, the occupants will:

- be aged between 18-25 years,
- priority is given to young people who are in care of the local authority
- engaging in some form of education employment or training opportunity
- provide two references (training or education, one character (not a relative)
- have no criminal record for violence including sexual offences, arson, fraud or any offences related to drug dealing
- be eligible for social housing
- Agree to enter into a formal agreement with conditions for accessing training, personalised support and involvement in community activities.

The minimum term is 6 months; the maximum term is 24 months, unless there is a serious breach of the agreement. On successful completion of the agreement, the young person is provided with advice and support from the housing team within the council to identify suitable accommodation.

Utilising the specialist support offered by Inspire/other agencies, tenants are helped to establish stability in their lives and develop their career and various skills such as money management, developing and maintaining effective relationships and the practicalities of independent living. Support is provided to successfully integrate new tenants to existing 'house mates'. This support is part of the overall service that has been developed between Inspire and our Housing Department.

The Tenancy Management team supports the tenants through quarterly reviews, facilitating repairs and access to wider services. To make independent living as easy as possible, the tenants pay a service charge which covers their utility bills; this ensures continuous lighting, warmth, water etc which helps the tenants to focus on developing new skills.

All tenants undertook a selection and interview process by the partnership, with the tenancy agreement being for a minimum of 6 months and a maximum of 2 years. When the tenants give notice, they are supported to secure new accommodation; this will free up rooms in the HMO for new tenants.

As a result of early successes, in May 2017, Housing opened a second HMO to further test systems and processes for the pilot.

# 2.4 Moving On

The scheme looks to move young people on from the scheme within 24 months. Reviews are undertaken throughout the tenancy at 6, 12 and 18 months, to ensure that young people are prepared for moving on. These reviews will be undertaken jointly with both Inspire and the Housing Team with the aim of ensuring that young people move on and maintain a secure tenancy when they leave the scheme. The moving on process also includes personal debt plans and how to manage money – this is based on feedback from the young people and the recognition that managing finances is one of the key challenges to a successful transition into the young person managing their own tenancies. Each young person will also have a personal education, employment and training plan to ensure they have every chance of meeting their full potential.

## 2.5 Outcomes to date:-

- 2 houses, unused for over 2 years, have been converted into an HMO (1 x 4 bedroom, 1 x 3 bedroom), to the required standard.
- To date, 9 individuals, all employed/ full time education had unstable living arrangements have benefitted from the accommodation.
- All of the tenants have maintained their employment/education with the exception of one who has had a baby and benefitted from the 'move on' support (into social housing). She recently passed her first quarterly review.
- One tenant successfully completed their apprenticeship and has started a teaching degree at London Metropolitan University. In the

- intervening period, she secured a part-time role as a LSA in a local primary school (maternity cover).
- One tenant moved out of the accommodation because he could not maintain the rent account to his satisfaction. He continues to receive support in this matter and, excepting the arrears, Housing described him as a model tenant.
- All of the individuals are supported by Inspire Youth Service and Housing to promote and encourage independent living, whilst developing a diverse range of skills.
- Safeguarding tenants is extensive with regular contact by Inspire Youth Services (Employability and Skills, Youth Workers, After Care Workers, Next Steps team) as well as teams from Housing, namely Rents and Welfare, Registration, Estate Services, Repairs and Tenancy Services. Weekly meetings take place to review developments and external agencies, such as Vitality (smoking cessation), Step Change (debt management), Open Door (advocacy) are introduced, as required.
- Neighbours are happy with the tenant's behaviour and have written compliments to Thurrock Council.
- The net revenue of the properties has more than doubled by converting to an HMO. Conversion costs are recouped within one year.
- The tenants are paying 24% less than market rent for their accommodation.

# 2.6 Early evaluation of how the scheme works:-

- All tenants view the property before making a commitment to the tenancy agreement.
- Support provided by Inspire Youth Service, Housing has been useful for developing skills and confidence to successfully manage a home.
- Face to face support does not have to be so frequent (once a week for 6 weeks, then every two weeks for 6 weeks, then once a month it can take various forms such as telephone calls, text messages and visits from other teams/support workers.
- The group sessions, used to resolve conflict, were unhelpful, however we have subsequently changed the focus and this has improved.
- The original four tenants believed they achieved/exceeded their expectations for independent living.
- The tenants feel their home is in a safe location and that they are part of the local community.
- The tenants are teaching each other useful, practical skills.

#### 2.7 The Challenges

- To ensure that support for tenants is consistent between Tenancy Management and Inspire Youth Service.
- Building sufficient trust between the council and tenants so targeted support is effective.

- Effective communication between different directorates at the council, each with some competing priorities around outcomes.
- Introducing new tenants with minimal disruption.
- Promoting success without compromising the sensitivities of the pilot or the safety of the tenants.

# 2.8 Future Developments

As part of the ongoing commitment to identify ways in which we can reduce costs associated with placements we are exploring the potential to utilise more HMO's and we would like to look at a focus on providing transitional support to our young people in the care system who are 17 and will be moving into the aftercare team. This would provide an opportunity to reduce costs associated with semi-independent living, and enable more focussed work to be undertaken around the transition into adulthood.

The potential to provide more affordable housing for young people under the Head Start Housing scheme is being explored – this would look to address some of the significant delays in finding suitable affordable housing for Thurrock's young people.

# 2.9 Council Tax Exemption

It is recognised that many care leavers struggle to manage their finances until they have adapted to living independently and are able to budget effectively. In order to support this transition, it is proposed that all care leavers living in Thurrock should be exempt from Council Tax aged 18-21, and in exceptional circumstances to 25. This will go hand in hand with support work being undertaken with the Inspire team offering financial planning and careers advice.

#### 3. Issues, Options and Analysis of Options

3.1 This report sets out a range of opportunities to address the issues around housing for young people in the care of the local authority – we have undertaken a pilot programme to look at the potential ways in which we can develop this further – one of the key issues we are looking to address is the transitional housing requirements of young people and will continue to review the pilot HMO's to identity ways in which this can be further imbedded in the Council's housing strategy.

#### 4. Reasons for Recommendations

4.1 To develop this pilot programme into the Council's housing strategy and promote a more cohesive offer to care leavers around transitional housing opportunities. One of the key reasons for the recommendations is to create a range of housing solutions and thus address some of the significant budget pressures associated with providing housing for care leavers.

- 5. CONSULTATION (including Overview and Scrutiny, if applicable)
- 5.1 Children's Services Overview and Scrutiny Committee

# 6. IMPACT ON CORPORATE POLICIES, PRIORITIES, PERFORMANCE AND COMMUNITY IMPACT

- 6.1 This report contributes to the following corporate priorities:
  - create a great place for learning and opportunity

#### 7. IMPLICATIONS

#### 7.1 Financial

Implications verified by: Nilufa Begum

**Management Accountant** 

This report has no financial implications – however it has evidenced a reduction in costs incurred by our Leaving & Aftercare Team.

# 7.2 Legal

Implications verified by: Lindsey Marks

Principal Solicitor for Children's Safeguarding

The Committee is asked to note the report content under the remit of the Committee's terms of reference and powers.

#### 7.3 **Diversity and Equality**

Implications verified by: Rebecca Price

**Community Development Officer** 

Supporting our young people is a key strategic priority for Thurrock Council, we ensure that we can utilise our powers to positively discriminate to create opportunities. We continue to seek the views of young people to shape the programmes on offer and continue to utilise integrative partnerships to secure Brighter Futures.

- 7.4 **Other implications (where significant) –** i.e. Section 17, Risk Assessment, Health Impact Assessment, Sustainability, IT, Environmental
  - None
- 8. Background papers used in preparing the report (including their location on the Council's website or identification whether any are exempt or protected by copyright):

None

# 9. APPENDICES TO THIS REPORT:

None

# Report Author:

Michele Lucas
Strategic Lead, Learning and Skills
Education

12 December 2017	ITEM: 11								
Children's Services Overview and Scrutiny Committee									
Delivery of Inclusion Units and Alternative Provision Reform									
Wards and communities affected:	Key Decision:								
All	Non-Key								
Report of: Roger Edwardson, Strategic	Lead for School Improv	vement							
Accountable Assistant Director: Not	applicable								
Accountable Director: Rory Patterson, Corporate Director of Children's Services									
This report is Public									

# **Executive Summary**

Following the closure of the Primary Pupil Referral Unit (PRU) at Corve Lane, the department is investing in our schools to open referral units to keep young people in school, as opposed to primary PRU provision. The department will continue to work collaboratively with the main secondary Alternative Provision (AP) Olive AP Academy (previously Secondary PRU) and support schools to prevent referrals.

The secondary provision must both improve and reduce the pupil count. The new Olive AP secondary provision is intended to be turnaround which will enable pupils to return to mainstream school. There will be a maximum of two terms with fewer pupils as this type of provision is not deemed appropriate for SEND pupils with significant social and emotional mental health (SEMH).

Working closely with the Regional Schools Commissioner (RSC) following the Ofsted judgement placing the Olive Alternative Provision (AP) Academy in special measures, the council took responsibility and closed the Corve Lane provision (previously part of Olive)

From the beginning of the new academic year in September 2017, East Tilbury Primary School, as part of St Clere's Trust, took responsibility for the Year 6 pupils who were previously being educated by Olive Academy.

The development of a range of small inclusion units gives the council the opportunity to educate pupils at risk of permanent exclusion or who have been permanently excluded to be placed within our mainstream provision. Too often, under the previous arrangements primary aged pupils at Corve Lane transferred to the secondary AP provision located at the Culver Centre. The new arrangements, if

approved, will make provision in up to an additional four new referral units for a maximum of 2 terms before transfer to a mainstream school.

In establishing the "Hub" provision at the old Stanford-le-Hope Children's Centre run by East Tilbury Primary School, the local authority sought expressions of interest from all Thurrock primary schools to develop a new "Hub and Spoke" model with satellite centres in up to 4 additional schools across the borough.

To date, the department has received 8 expressions of interest to work with the Hub at East Tilbury and work is on-going to agree the new bases. It is planned to have the full model implemented by the beginning of April 2018 in the new financial year.

#### 1. Recommendation

1.1 The Committee are asked to note and provide comment on the planned changes in provision for children at risk of permanent exclusion or who have been permanently excluded.

### 2. Introduction and Background

#### 2.1 **Inclusion units**

- 2.2 Following the inadequate inspection judgement, the Primary Pupil Referral Unit (PRU) at Corve Lane has been closed. As a result the council are currently exploring with all Thurrock primary schools the plan to open inclusion units across the borough to keep children in school settings, as opposed to the traditional primary PRU provision model.
- 2.3 The council is continuing to work collaboratively with the main secondary Alternative Provision (AP) Olive AP Academy (*previously Secondary PRU*) and support secondary schools to avoid referrals. The secondary provision, having recently moved to Tilbury was inspected in September 2017 following being placed in Special Measures by Ofsted earlier in the year. Inspectors said there were "green shoots" and that young people were now judged to be safe in the new buildings in Tilbury. Much remains to be done to move the provision to good.
- 2.4 Following the Ofsted decision to place both the primary and secondary alternative provision provided by Olive AP Academy in Special Measures the council worked closely with the Regional Schools Commissioner (RSC) and the Olive Trust to remove the primary provision and establish the new "Hub and Spoke" model under the leadership of the local authority.
- 2.5 The functions of the former primary age PRU run by Thurrock Council were transferred to the Olive Academies Trust on 1<sup>st</sup> April 2015 and became part of the Alternative Provision delivered by Olive Academy Thurrock. The primary aged pupils were based in a separate building at Corve Lane. The Primary Unit of Olive Academy Thurrock closed on the 5<sup>th</sup> June 2017 due to the setting being judged inadequate by Ofsted earlier in the year.

- 2.6 Since that time the provision has been gradually phased out with some children remaining on the roll of Olive Academies Trust and being educated in other settings and some transferring to mainstream primary settings. At all times, because of the specific needs of the children, their placement in a variety of settings has been driven by a careful assessment of their needs now and in the future.
- 2.7 Expressions of Interest have been received from a range of primary schools across the borough as we develop the new "Hub and Spoke" model of provision. Currently the following Multi Academy Trusts have expressed an interest in creating the four additional primary satellite inclusion units (see diagram)
  - Osborne Co-operative Academy Trust
  - South West Essex Community Education Trust (SWECET)
  - Catalyst Academies Trust
  - Ortu Federation Ltd (Stamford and Corringham Trust)

# 2.8 The Hub & Spoke Model:

Under the direction of St Clere's Trust the "Hub" has been established under the leadership of East Tilbury Primary School creating an assessment centre to determine the needs of primary aged pupils who have been permanently excluded or are at risk of permanent exclusion.

The centre focuses on de-escalation and seeks to:-

 support age appropriate interventions and preventative in-school support, with the intention of providing therapeutic services and turnaround so that pupils are returned to mainstream within 2 terms.

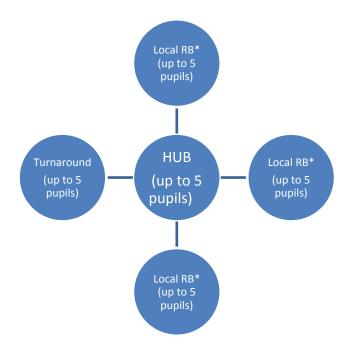
#### Resource Base Spokes (locality based, up to 4 pupils in each)

- Reintegration programme to prepare for mainstream
- Pupils to work in age appropriate mainstream classrooms with the TA
- One-to-one support and mentoring as appropriate to withdraw from mainstream classrooms to de-escalate and re-engage.
- Pupil numbers:
  - Resource bases (4 x 4)
  - Hub assessment5

Total pupils 21

• 4 ½ day week curriculum provision (23.5 hours)

The "Hub and Spoke" model.



### 3. Issues, options and analysis of options

3.1 Working with the four academy trusts capital funding will be provided, where necessary, to create an inclusion base in one of their primary schools. The funding will be secured from the basic schools capital fund supported from the SEN capital recently allocated to Thurrock by the DfE.

Revenue funding will be required to staff each of the units making up the Hub and Spoke model. Funding will be provided from the Dedicated Schools Grant and individual school contributions. Consultation needs to be undertaken whereby funding follows the pupil from the excluding primary schools.

Currently, pupils removed from the roll of an excluding school do not lose any funding in terms of Age Weighted Pupil Unit (AWPU) funding or the associated Pupil Premium. In future, this funding will be transferred and In addition, in order to meet the costs of the new model, excluding schools would need to contribute £6k to meet the needs of the pupil removed from the roll. Together with the removed pupil funding and the additional school contribution the new provision will ensure appropriate staffing is in place in the hub and the associated satellite units. The school funding will follow the pupil on transfer to a maintained school.

#### 4. Reasons for Recommendation

4.1 Having established new Alternative Provision for secondary aged pupils in the borough, this proposal, if approved, creates good provision for primary aged pupils for up to two terms before returning to mainstream provision. The schools chosen to deliver the new model will demonstrate very good inclusive practice and will be located geographically in easy reach of every primary school in the local authority. This will ensure that children remain in good

quality provision and enable them to continue their education in a mainstream school.

# 5. Consultation (including Overview and Scrutiny, if applicable)

5.1 Following approval from O&S a consultation period early in 2018 will make recommendations to Cabinet in 2018.

# 6. Impact on corporate policies, priorities, performance and community impact

- Create a great place for learning and opportunity
- Improve health and well-being

#### 7. Implications

#### 7.1 Financial

Implications verified by: Nilufa Begum

**Management Accountant** 

Pupils removed from the roll of an excluding school do not currently lose any funding in terms of Age Weighted Pupil Unit (AWPU) funding or the associated Pupil Premium. In addition, to meet the needs of the new model, excluding schools would need to contribute £6k to meet the needs of the excluded pupil located in the new provision. In this way the funding would follow the pupil and would provide an incentive to the new receiving school on return to mainstream provision. Together with the removed pupil funding and the additional school contribution and the re-allocation of funding from Olive AP Academy the new provision will ensure appropriate staffing is in place in the hub and the associated satellite units.

# 7.2 Legal

Implications verified by: Lucinda Bell Legal Officer

There are no direct implications in this report.

#### 7.3 **Diversity and Equality**

Implications verified by: Rebecca Price

**Community Development Officer** 

There are no direct implications in this report.

**8. Other implications** (where significant) – i.e. Staff, Health, Sustainability, Crime and Disorder)

- None
- **9. Background papers used in preparing the report** (including their location on the Council's website or identification whether any are exempt or protected by copyright):
  - None

#### 10. Risks

The local authority has a statutory responsibility to meet the needs of permanently excluded pupils from both maintained and non-maintained school in the borough. This new model, if adopted will create up to 25 additional places for vulnerable young children to ensure they receive their full educational entitlement. Failure to deliver this new approach will create a significant risk in that the LA will not meet its statutory responsibilities

#### 11. Conclusions

Following consultation with primary schools and academies the council will seek to establish the new provision building on the excellent work being undertaken by East Tilbury Primary School as the "Hub" and assessment centre for the new provision.

# 12. Appendices to the report

None

#### **Report Author:**

Roger Edwardson
Strategic Lead - School Improvement, Learning and Skills
Children's Services

12 December 2017	ITEM: 12									
Children's Services Overview and Scrutiny Committee										
Fees & Charges Pricing Strategy 2018/19										
Wards and communities affected:	Key Decision:									
All	Non-Key									
Report of: Andrew Austin, Commercial Manag	jer									
Accountable Assistant Directors: Sheila Mul Care & Targeted Outcomes	rphy, Assistant D	irector for Children's								
Accountable Directors: Rory Patterson, Corporate Director for Children's Services										
This report is Public										

# **Executive Summary**

Local Authorities are involved in a wide range of services and the ability to charge for some of these services has always been a key funding source to Councils.

This report specifically sets out the charges in relation to services within the remit of this Overview and Scrutiny Committee. Charges will take effect from the 1 April 2018 unless otherwise stated. In preparing the proposed fees and charges, Directorates have worked within the charging framework and commercial principles set out in the report.

Further director delegated authority will be sought via Cabinet to allow Fees and Charges to be varied within financial year in response to legal, regulatory or commercial requirements.

The full list of proposed charges is detailed in Appendix 1 to this report. The proposed deletion of current fees and charges are detailed in Appendix 2 to this report.

#### 1. Recommendations

- 1.1 That Childrens Services Overview and Scrutiny Committee note the revised fees and charges proposals including those no longer applicable
- 1.2 That Childrens Services Overview and Scrutiny Committee comment on the proposals currently being considered within the remit of this committee

- 1.3 That Children's Services Overview and Scrutiny Committee note that it may be necessary to adjust the relevant fees and charges during the year to reflect a change to their cost recoverability calculation, as
  - legally prescribed statutory fees and charges may be subject to prescribed variation during the year, and that
  - discretionary services provided on a traded basis for profit may be subject to commercial operational considerations

#### 2. Introduction and Background

- 2.1 The paper describes the fees and charges approach for the services within the Childrens Services Overview and Scrutiny Committee remit for 2018/19 and will set a platform for certain pricing principles moving forward into future financial years.
- 2.2 The paper provides narrative for the following areas:
  - Placement
  - Brighter Futures
  - Admissions & Welfare
  - Early Years Education and Childcare
  - Learning & Skills Grangewaters
  - Music services
- 2.3 The fees & charges that are proposed are underpinned in some instances by a detailed sales and marketing plans for each area. This will ensure delivery of the income targets for 2018/19, for ease these are summarised below for the Childrens Services covering all fees and charges income codes.
- 2.4 Overall Childrens Services Figures

Service	Last Year Outturn 16/17	Revised Budget 17/18	Forecast Outturn 17/18	Proposed Budget 18/19
Childrens Services	(1,236,463)	(1,175,131)	(1,122,597)	(1,248,131)

#### 2.5 Individual Service Streams

Service	Last Year Outturn 16/17	Revised Budget 17/18	Forecast Outturn 17/18	Proposed Budget 18/19
Placement Support	(7,165)	(6,000)	(7,555)	(6,000)
Brighter Futures - Prevention Service	(16,099)	(799)	(16,000)	(15,799)
Admissions and Welfare	(13,395)	(42,586)	(13,008)	(42,586)
Adult College	(191,511)	(202,823)	(202,823)	(202,823)
Day Nurseries	(240,152)	(263,758)	(224,046)	(321,758)
Learning & Skills	(437,486)	(313,665)	(313,665)	(313,665)

Music Services	(330,655)	(345,500)	(345,500)	(345,500)
Childrens Services Total	(1,236,463)	(1,175,131)	(1,122,597)	(1,248,131)

# 3. Thurrock Charging Policy

- 3.1 The strategic ambition for Thurrock is to adopt a policy on fees and charges that is aligned to the wider commercial strategy and ensures that all discretionary services cost recover.
- 3.2 Furthermore, for future years, while reviewing charges, services will also consider the level of demand for the service, the market dynamics and how the charging policy helps to meet other service objectives.
- 3.3 When considering the pricing strategy for 2018/19 some key questions were considered.
  - Where can we apply a tiered/premium pricing structure
  - How sensitive are customers to price (are there areas where a price freeze is relevant)
  - What new charges might we want to introduce for this financial year
  - How do our charges compare with neighbouring boroughs
  - How do our charges compare to neighbouring boroughs and private sector competitors (particularly in those instances where customers have choice)
  - How can we influence channel shift
  - Can we set charges to recover costs
  - What do our competitors charges
  - How sensitive is demand to price
  - Statutory services may have discretionary elements that we can influence
  - Do we take deposits, charge cancellation fees, charge an admin fee for duplicate services (e.g. lost certificates.)

#### 4. Proposals and Issues

- 4.1 The fees and charges for each service area have been considered and the main considerations are set out below.
- 4.2 A council wide target of £7.039m has been proposed within the MTFS for additional income generation in respect of fees and charges income for 2018/19
- 4.3 For Children's Services the increase equates to a target of £1.248m to be secured through increased fees and charges in 2018/19. The increased fees and charges are challenging and represent our commercial ambitions as a Council.

- 4.4 To allow the Council services to better respond to changes in legal, regulatory or commercial challenges; delegated authority will be sought through Cabinet to permit the Director of the Service Area jointly with the Director of Commercial Services to vary these charges within financial year to comply with:
  - legally prescribed statutory fees and charges which may be subject to
    prescribed variation during the year, and that it may be necessary to
    adjust the relevant fees and charges during the year to reflect a change
    to their cost recoverability calculation; and that
  - discretionary services provided on an traded basis for profit may be subject commercial operational considerations, and that it may be necessary to adjust the relevant fees and charges during the year to reflect a change to their cost recoverability calculation

#### 4.5 School Improvement

With the move to academy status for the majority of schools, this is now covered under the Councils Traded Services model to schools and does not form part of this fees and charges report.

#### 4.6 School Meals

With the move to academy status for the majority of schools, this is now covered under the Councils Traded Services model to schools and does not form part of this fees and charges report.

### 4.7 Placement

This area does not provide any services and as a result would not be included in any fees and charges to the Local Authority

#### 4.8 Brighter Futures

Is our newly launched prevention service, and does not have any traded services currently

#### 4.9 Admissions and Welfare

We have sought to increase opportunities this year to secure traded income from schools around our EWS service this has not been realised; as a result we will reduce spend to cover any income that had been projected.

#### 4.10 Adult College

Is funded from the ESFA – this funding is attached to individual learners, the ongoing work linked to the business plan is looking to identify ways in which we could provide a range of courses that we could charge for. And whilst we have some small income returns this year, we have increased these fees and charges

by 3% to recognise the market trends and will seek further opportunities to grow this traded part of the business in the next academic year.

#### 4.11 Music Services

Has various strands of work subject to different charging models, key areas are:

- Individual and small group tuition is currently based on £30 hour. The
  actual charge depends therefore on the length of the session and the
  number of children involved in it. This charge covers on average on the
  cost of the tutor, on costs and travel. It is the expectation of the Grant and
  the Music Education Plan that access and affordability are key to the
  activities of the HUB. Under the model we operate, pupils on free school
  meals (KS2 upwards) and Pupil Premium attract a 50% reduction in the
  fees.
- First Access Whole Class programmes a set of charges are published to schools leading up to the annual sign up for new programmes each September.
- Variants for the Wider Opportunities, which is part subsidised by the grant, include the number of classes in a year group (hence the number of groups to be sent each week); 1 Music Tutor or 2; 1 term or a whole year programme.
- Variants for the Further Opportunities programme, which is not subsidised as such, are equally 'bespoke'.

#### Main fee areas:

- Instrument Loan/Hire: £21 per term for most instruments and £10 for some of the less expensive instruments such as guitars. We have a comprehensive all risks insurance of the instruments with Allianz. Some of the grant is assigned to instrument repairs/maintainance. The first term of loan/hire of the first instrument learned is free. Again, those that qualify get a no-cost loan.
- Exams: The fees are set by the National examining Boards such as ABRSM. A small administrative fee and accompaniment costs (50% covered by the grant) are added.
- Ensembles: currently these are free to pupils, covered by the grant.

Whilst access is key, the Music HUB needs to be in a position to review these charges and the service offerings to respond appropriately to the requirements of the Grant and the National Plan for Music Edcation, in order to keep the operation commercially viable.

#### 4.12 Early Years Education and Childcare

#### Fees and Charges

The Nursery Service is facing a challenging period, and the service is expecting to make a maximum loss on its financial year 2017-18 period of circa £54k.

This challenge will only increase with the introduction in 2017 of new Government Statutory Early Education and Childcare 30 Hour provisions for 3 & 4 years have been introduced which will increase the demand for the lower paying service.

This policy introduces extremely high income threshold for eligibility on the new scheme. Meaning that the additional 15 hours of free childcare is available for families where both parents are working and each earns less than £100,000 a year; and the expectation is this will probable result in significant increase in demand whilst reducing private sector client base and income levels.

In addition, a basic comparison with surrounding private sector businesses show that the service is already at the higher end for the private paying clients, and significant increases will reduce demand even further. Therefore, in light of the above a 3% rise is considered the maximum viable level for the FY18/19 period.

### Service Development

The nursery service has a significant cost overhead, with staff making up 80% of service costs and at rates which are not competitive to those paid in the private sector i.e. Council is paying higher basic salary levels.

Therefore, to develop the service the area will need to fully analyse the following options:

- Operational hours will need to be reviewed around core 30 hours;
   which will allow the service to charge parents for periods normally used by commuters and working parents
- Consultation with major local employers to align working hours
- Developing a tiered service model, linked to above
- Changing some staff patterns to accommodate a wider operational window
- Increase use of apprentices and trainee staff as vacancies arise
- Development/Expansion of 0 year to 2 year childcare services as potential income stream (in progress and planned for Spring opening)

#### 4.13 Learning & Skills – Grangewaters

#### Fees and Charges

The service is expecting to achieve target for FY17/18 and remain cost neutral to the Council, and has contingency measures to reduce spend if income targets are unable to be met.

Supporting this is marketing and sales activities to develop the quieter winter months, which has already identified approxiately £30k and Grangewaters are anticipating that this will rise.

Grangewaters has undertaken a benchmarking exercise and considers that an increase of 5% will not adversely impact on our current market share. Having looked at our nearest competitor Grangewater is still within the cost base and as such will be looking to increase our charges by 5% across our programme areas.

We also offer a number of incentives for early bookings and repeat bookings that will be taken into account within our 5% increase.

#### Service Development

Grangewater have developed a number of plans around increasing our income targets – recognising that Grangewaters needs to remain cost neutral.

Our training facilities are being used by the Councils training and development team, and we are developing further ideas linking with colleagues from health around how we can increase business opportunities over the coming year.

In additional, a Business Development proposal has also been submitted for consideration by management on the future development of the site, including expansion of facilities, improved access, accommodation and business centres.

#### 5. Reasons for Recommendations

- 5.1 The setting of appropriate fees and charges will enable the Council to generate essential income for the funding of Council services. The approval of reviewed fees and charges will also ensure that the Council is competitive with other service providers and neighbouring councils. The ability to vary charges within financial year will enable services to more flexible adapt to changing economic conditions.
- 5.2 The granting of delegated authority to vary these charges within financial year will allow the Council to better respond to the needs of the communities, legal requirements, regulatory changes and commercial challenges.

### 6. Consultation (including Overview and Scrutiny, if applicable)

6.1 Consultations will be progressed where there is specific need. However, with regard all other items, the proposals in this report do not affect any specific parts of the borough. Fees and charges are known to customers before they make use of the services they are buying

# 7. Impact on Childrens Services policies, priorities, performance and community impact

7.1 The changes in these fees and charges may impact the community; however it must be taken into consideration that these price rises include inflation and no profit will be made on the running of these discretionary services.

# 8. Implications

#### 8.1 Financial

Implications verified by: Carl Tomlinson
Finance Manager

Additional income will be generated from increases but this is variable as it is also dependent on demand for the services. Increases to income budgets have been built into the MTFS.

# 8.2 Legal

Implications verified by: David Lawson
Monitoring Officer

Fees and charges generally fall into three categories – Statutory, Regulatory and Discretionary. Statutory charges are set in statue and cannot be altered by law since the charges have been determined by Central government and all authorities will be applying the same charge.

Regulatory charges relate to services where, if the Council provides the service, it is obliged to set a fee which the Council can determine itself in accordance with a regulatory framework. Charges have to be reasonable and must be applied across the borough.

Discretionary charges relate to services which the Council can provide if they choose to do so. This is a local policy decision. The Local Government Act 2003 gives the Council power to charge for discretionary services, with some limited exceptions. This may include charges for new and innovative services utilising the power to promote environmental, social and economic well-being under section 2 of the Local Government Act 2000. The income from charges, taking one financial year with another, must not exceed the cost of provision. A clear and justifiable framework of principles should be followed in terms of deciding when to charge and how much, and the process for reviewing charges.

A service may wish to consider whether they may utilise this power to provide a service that may benefit residents, businesses and other service users, meet the Council priorities and generate income.

Decisions on setting charges and fees are subject to the Council's decision making structures. Most charging decisions are the responsibility of Cabinet, where there are key decisions. Some fees are set by full Council.

#### 8.3 **Diversity and Equality**

Implications verified by: Rebecca Price

**Community Development Officer** 

The Council is responsible for promoting equality of opportunity in the provision of services and employment as set out in the Equality Act 2010 and Public Sector Equality Duty. Decisions on setting charges and fees are subject to Community Equality Impact Assessment process and the Council's wider decision making structures to determine impact on protected groups and related concessions that may be available.

- 8.4 **Other implications (where significant)** i.e. Staff, Health, Sustainability, Crime and Disorder)
  - None
- 9. Background papers used in preparing the report (including their location on the Council's website or identification whether any are exempt or protected by copyright):
  - None
- 10. Appendices to the report
  - Appendix 1 Schedule of Proposed Fees and Charges for 2018/19
  - Appendix 2 Schedule of Fees and Charges no longer applicable

#### **Report Author:**

**Andrew Austin** 

Commercial Manager

Commercial Services and Commissioning



# APPENDIX 1

Name of fee or Charge Children's Services	Statutory/ Discretionary Charge	VAT Status 17/18	Charge excl. VAT 2017/18	VAT Amount 2017/18	Charge incl. VAT 2017/18	VAT Status 18/19	Charge excl. VAT 2018/19	VAT Amount 2018/19		ge incl. VAT 2018/19
Children's Care and Targeted Outcomes - Children with disabilities - Summer Play Scheme - Per day, per child (If funding is secured then the charge will reduce)	D	0	f 17.00	£ -	f 17.00	0	£ 17.00	£ -	£	17.00
Learning and Universal Outcomes - After School Club - Holiday Club - Per day	D	E	£ 36.50	£ -	£ 36.50	E	£ 36.50	£ -	£	36.50
Learning and Universal Outcomes - Grangewaters - Celebration Groups (Up to 10 participants) - 14-18 years old (1.5 hours)	D	E	£ 140.00	£ -	f 140.00	E	£ 147.00	£ -	£	147.00
Learning and Universal Outcomes - Grangewaters - Celebration Groups (Up to 10 participants) - 14-18 years old (3 hours)	D	E	£ 255.00	£ -	£ 255.00	E	£ 268.00	£ -	£	268.00
Learning and Universal Outcomes - Grangewaters - Celebration Groups (Up to 10 participants) - Under 14 years old (1.5 hours)	D	E	f 140.00	£ -	f 140.00	E	£ 147.00	£ -	£	147.00
Learning and Universal Outcomes - Grangewaters - Celebration Groups (Up to 10 participants) - Under 14 years old (3 hours)	D	Е	£ 255.00	£ -	£ 255.00	Е	£ 268.00	£ -	£	268.00
Learning and Universal Outcomes - Grangewaters - Club Use of Site - Grangewaters Angling Club	D	E	f 6,180.00	£ -	£ 6,180.00	E	£ 6,489.00	£ -	£	6,489.00
Learning and Universal Outcomes - Grangewaters - Club Use of Site - Grangewaters Working Newfoundlands (Per dog, per visit)	D	E	£ 5.00	£ -	£ 5.00	Е	£ 5.25	£ -	£	5.25
Learning and Universal Outcomes - Grangewaters - Club Use of Site - Leonberger Dog Training Club (Per dog, per visit)	D	E	£ 5.00	£ -	£ 5.00	Е	£ 5.25	£ -	£	5.25
Learning and Universal Outcomes - Grangewaters - Club Use of Site - Thurrock Angling Club	D	E	f 9,010.00	£ -	£ 9,010.00	E	£ 9,460.00	£ -	£	9,460.00
Learning and Universal Outcomes - Grangewaters - Club Use of Site - Thurrock Motorboat & Waterski Club (Per visit)	D	E	£ 190.00	£ -	f 190.00	Е	f 199.00	£ -	£	199.00
Learning and Universal Outcomes - Grangewaters - Corporate Groups - Activity duration (1.5 hours)	D	E	£ 52.00	£ -	£ 52.00	Е	£ 54.50	£ -	£	54.50
Learning and Universal Outcomes - Grangewaters - Corporate Groups - Activity duration (3 hours)	D	Е	£ 90.00	£ -	£ 90.00	E	£ 94.50	£ -	£	94.50
Learning and Universal Outcomes - Grangewaters - Corporate Groups - Activity duration (4.5 hours)	D	Е	£ 125.00	£ -	f 125.00	E	£ 131.00	£ -	£	131.00
Learning and Universal Outcomes - Grangewaters - Corporate Groups - Activity duration (6 hours)	D	Е	£ 155.00	£ -	f 155.00	E	£ 163.00	£ -	£	163.00
Learning and Universal Outcomes - Grangewaters - Day visits (Groups aged 19 and over, excluding corporate bookings) - Up to 10 people (Full day, 4 sessions)	D	Е	£ 387.00	£ -	£ 387.00	E	£ 406.00	£ -	£	406.00
Learn And Universal Outcomes - Grangewaters - Day visits (Groups aged 19 and over, excluding corporate bookings) - Up to 10 people (Half day, 2 sessions)	D	Е	£ 210.00	£ -	£ 210.00	E	£ 221.00	£ -	£	221.00
Learning and Universal Outcomes - Grangewaters - Day visits (Groups aged 19 and over, excluding corporate bookings) - Up to 10 people (Single session)	D	E	f 115.00	£ -	f 115.00	E	£ 121.00	£ -	£	121.00
Learning and Universal Outcomes - Grangewaters - Day visits (Groups up to and including 18 years) - Up to 10 people (Single session)	D	Е	£ 115.00	£ -	f 115.00	Е	£ 121.00	£ -	£	121.00
Learning and Universal Outcomes - Grangewaters - Day visits (Groups up to and including 18 years) - Up to 10 people (Full day, 4 sessions)	D	Е	£ 387.00	£ -	£ 387.00	E	£ 406.00	£ -	£	406.00
Learning and Universal Outcomes - Grangewaters - Day visits (Groups up to and including 18 years) - Up to 10 people (Half day, 2 sessions)	D	E	£ 210.00	£ -	£ 210.00	E	£ 221.00	£ -	£	221.00
Learning and Universal Outcomes - Duke of Edinburgh's Award Expedition packages (per person per day)	D	Е	£ 40.00	£ -	£ 40.00	Е	£ 40.00	£ -	£	40.00
Learning and Universal Outcomes - Grangewaters - Family Groups - Up to 2 adults and 2 children (Full day, 4 sessions)	D	Е	£ 290.00	£ -	£ 290.00	Е	£ 305.00	£ -	£	305.00
Learning and Universal Outcomes - Grangewaters - Family Groups - Up to 2 adults and 2 children (Half day, 2 sessions)	D	E	£ 165.00	£ -	£ 165.00	Е	£ 173.00	£ -	£	173.00
Learning and Universal Outcomes - Grangewaters - Family Groups - Up to 2 adults and 2 children (Single session)	D	Е	£ 90.00	£ -	£ 90.00	Е	£ 94.50	£ -	£	94.50
Learning and Universal Outcomes - Grangewaters - Family Groups - Up to 2 adults and 4 children (Full day, 4 sessions)	D	Е	£ 300.00	£ -	£ 300.00	Е	£ 315.00	£ -	£	315.00
Learning and Universal Outcomes - Grangewaters - Family Groups - Up to 2 adults and 4 children (Half day, 2 sessions)	D	E	£ 180.00	£ -	f 180.00	Е	f 189.00	£ -	£	189.00
Learning and Universal Outcomes - Grangewaters - Family Groups - Up to 2 adults and 4 children (Single session)	D	E	£ 105.00	£ -	f 105.00	E	£ 110.00	£ -	£	110.00
Learning and Universal Outcomes - Grangewaters Outdoor Education Centre - Accommodation only (per person per night)	D	Е	f 16.00	£ -	f 16.00	Е	£ 17.00	£ -	£	17.00
Learning and Universal Outcomes - Grangewaters Outdoor Education Centre - Residential Visits (Up to and including 18 years old) - Full Board (2 days, 1 night)	D	E	£ 130.00	£ -	f 130.00	E	£ 137.00	£ -	£	137.00
Learning and Universal Outcomes - Grangewaters Outdoor Education Centre - Residential Visits (Up to and including 18 years old) - Full Board (3 days, 2 night)	D	E	£ 201.00	£ -	£ 201.00	E	£ 211.00	£ -	£	211.00
Learning and Universal Outcomes - Grangewaters Outdoor Education Centre - Residential Visits (Up to and including 18 years old) - Full Board (4 days, 3 night)	D	Е	£ 275.00	£ -	£ 275.00	Е	£ 289.00	£ -	£	289.00
Learning and Universal Outcomes - Grangewaters Outdoor Education Centre - Residential Visits (Up to and including 18 years old) - Full Board (5 days, 4 night)	D	E	£ 345.00	£ -	£ 345.00	E	£ 362.00	£ -	£	362.00
Learning and Universal Outcomes - Grangewaters Outdoor Education Centre - Residential Visits (Up to and including 18 years old) - Self catering (2 days, 1 night)	D	E	£ 90.00	£ -	£ 90.00	E	£ 94.50	£ -	£	94.50
Learning and Universal Outcomes - Grangewaters Outdoor Education Centre - Residential Visits (Up to and including 18 years old) - Self catering (3 days, 2 night)	D	E	f 140.00	£ -	£ 140.00	E	£ 147.00	£ -	£	147.00

Learning and Universal Outcomes - Grangewaters Outdoor Education Centre - Residential Visits (Up to and including 18 years old) - Self catering (4 days, 3 night)	D	E	f 196.00 f -	£ 196.0	00 E	£ 206.00	£ -	£	206.00
Learning and Universal Outcomes - Grangewaters Outdoor Education Centre - Residential Visits (Up to and including 18 years old) - Self catering (5 days, 4 night)	D	E	f 245.00 f -	£ 245.0	00 E	£ 257.00	£ -	£	257.00
Learning and Universal Outcomes - Grangewaters Outdoor Education Centre - Residential Visits (Up to and including 19 years old) - Camping - Per person per night	D	E	f 5.00 f -	£ 5.0	00 E	£ 5.25	£ -	£	5.25
Learning and Universal Outcomes - Grangewaters Outdoor Education Centre - Residential Visits (Up to and including 19 years old) - Full Board (2 days, 1 night)	D	E	f 130.00 f -	£ 130.0	00 E	£ 137.00	£ -	£	137.00
Learning and Universal Outcomes - Grangewaters Outdoor Education Centre - Residential Visits (Up to and including 19 years old) - Full Board (3 days, 2 night)	D	E	f 201.00 f -	£ 201.0	00 E	£ 211.00	£ -	£	211.00
Learning and Universal Outcomes - Grangewaters Outdoor Education Centre - Residential Visits (Up to and including 19 years old) - Full Board (4 days, 3 night)	D	E	f 275.00 f -	£ 275.0	00 E	£ 289.00	£ -	£	289.00
Learning and Universal Outcomes - Grangewaters Outdoor Education Centre - Residential Visits (Up to and including 19 years old) - Full Board (5 days, 4 night)	D	E	f 345.00 f -	£ 345.0	00 E	£ 362.00	£ -	£	362.00
Learning and Universal Outcomes - Grangewaters Outdoor Education Centre - Residential Visits (Up to and including 19 years old) - Self catering (2 days, 1 night)	D	E	f 90.00 f -	£ 90.0	00 E	£ 94.50	£ -	£	94.50
Learning and Universal Outcomes - Grangewaters Outdoor Education Centre - Residential Visits (Up to and including 19 years old) - Self catering (3 days, 2 night)	D	E	f 140.00 f -	f 140.0	00 E	£ 147.00	£ -	£	147.00
Learning and Universal Outcomes - Grangewaters Outdoor Education Centre - Residential Visits (Up to and including 19 years old) - Self catering (4 days, 3 night)	D	Е	f 196.00 f -	f 196.0	00 E	£ 205.00	£ -	£	205.00
Learning and Universal Outcomes - Grangewaters Outdoor Education Centre - Residential Visits (Up to and including 19 years old) - Self catering (5 days, 4 night)	D	Е	f 245.00 f -	£ 245.0	00 E	£ 257.00	£ -	£	257.00
Learning and Universal Outcomes - Nursery Places - Hourly rate	D	Е	f 5.00 f -	£ 5.0	00 E	£ 5.50	£ -	£	5.50
Learning and Universal Outcomes - Nursery Places - Babies 8am - 1pm or 1pm -6pm -per day	D	Е	f 23.75 f -	£ 23.5	75 E	£ 25.00	£ -	£	25.00
Learning and Universal Outcomes - Nursery Places - Babies 8am - 1pm or 1pm -6pm -per week	D	Е	f 128.75 f -	£ 128.	75 E	£ 125.00	£ -	£	125.00
Learning and Universal Outcomes - Nursery Places - Babies Full placement costs 8am to 6.15pm- per day	D	Е	f 46.35 f -	£ 46.3	85 E	£ 50.00	£ -	£	50.00
Learning and Universal Outcomes - Nursery Places - Babies Full placement costs 8am to 6.15pm- per week	D	E	f 231.75 f -	£ 231.	75 E	£ 239.00	£ -	£	239.00
Learning and Universal Outcomes - Nursery Places - 2-3- year-olds 8am - 1pm or 1pm -6pm -per day	D	E	f 25.75 f -	£ 25.	75 E	£ 26.50	£ -	£	26.50
Learning and Universal Outcomes - Nursery Places - 2-3- year-olds 8am - 1pm or 1pm -6pm -per week	D	E	f 128.75 f -	£ 128.	75 E	£ 133.00	£ -	£	133.00
Learning and Universal Outcomes - Nursery Places - 2-3 year-olds Full placement costs per week	D	E	£223-230 £ -	£223-230	E	£230-240	£ -	£2	230-240
Learning and Universal Outcomes - Nursery Places - 2-3 year-olds Full placement costs per day	D	E	f 44.30 f -	£ 44.3	80 E	£ 47.50	£ -	£	47.50
Learning and Universal Outcomes - Nursery Places - cooked lunch each	D	E	f 3.00 f -	£ 3.0	00 E	£ 3.15	£ -	£	3.15
Learning and Universal Outcomes - Nursery Places- After school club per week	D	Е	f 75.00 f -	£ 75.0	00 E	£ 77.00	£ -	£	77.00
Learning and Universal Outcomes - Nursery Places - After school club per day	D	Е	f 15.00 f -	£ 15.0	00 E	£ 15.50	£ -	£	15.50
Learning and Universal Outcomes - Nursery Places -Holiday club per day	D	E	f 35.00 f -	£ 35.0	00 E	£ 36.00	£ -	£	36.00
Learning and Universal Outcomes - Nursery Places -Holiday club per week	D	E	f 175.00 f -	£ 175.0	00 E	£ 180.00	£ -	£	180.00
Learning and Universal Outcomes - Nursery Places -non- core hours premium hourly rate	D	Е	f 6.50 f -	£ 6.!	60 E	£ 7.50	£ -	£	7.50
Learning and Universal Outcomes - Nursery Places - 3-5- year-olds 8am - 1pm or 1pm -6pm -per day	D	E	£ 25.75 £ -	£ 25.	75 E	£ 26.50	£ -	£	26.50
Learning and Universal Outcomes - Nursery Places - 3-5 - year-olds 8am - 1pm or 1pm -6pm -per week	D	E	f 128.75 f -	f 128.	75 E	f 133.00	£ -	£	133.00
Learning and Universal Outcomes - Nursery Places - 3-5 year-olds Full placement costs per week	D	E	£223-230 £ -	£223-230	E	£230-£240	£ -	£2	230-£240
Learning and Universal Outcomes - Nursery Places - 3-5 year-olds Full placement costs per day	D	E	f 44.30 f -	£ 44.3	80 E	£ 47.50	£ -	£	47.50
Music Services - Loan of Musical Instruments (Ranged fee dependent on instrument) Individual and small group tuition (fee may vary based on duration/numbers)	D D	E E	£10-£21     £     -       £30 (variable)     £     -	£10-£21 £30 (variable)	E E	£10-£21 £30 (variable)	f -		(variable)

# APPENDIX 2

Name of fee or Charge Children's Services	Statutory/ Discretionary Charge	VAT Status 17/18	Charge excl. \ 2017/18	/AT	VAT Amount 2017/18	Charge incl. VAT 2017/18	VAT Status 18/19	Charge excl. VAT 2018/19	VAT Amount 2018/19	Charge incl. VAT 2018/19
Learning and Universal Outcomes - Private Tuition - First Person (1.5 hours)	D	E	£ 4	7.00 £	-	£ 47.00	E		£ -	£ -
Learning and Universal Outcomes - Private Tuition - First Person (3 hours)	D	E	£ 8	0.00 £	-	£ 80.00	E		£ -	£ -
Learning and Universal Outcomes - Private Tuition - First Person (4.5 hours)	D	Е	£ 10	5.00 £	-	£ 105.00	E		£ -	£ -
Learning and Universal Outcomes - Private Tuition - Per additional person (1.5 hours)	D	Е	£ 2	6.00 £	-	£ 26.00	E		£ -	£ -
Learning and Universal Outcomes - Private Tuition - Per additional person (3 hours)	D	Е	£ 4	2.00 £	-	£ 42.00	E		£ -	£ -
Learning and Universal Outcomes - Private Tuition - Per additional person (4.5 hours)	D	Е	£ 5	7.00 £	-	£ 57.00	E		£ -	£ -
Learning and Universal Outcomes - Thurrock Play Service - Per session	D	Е	£ 1	6.00 £	-	£ 16.00	Е		£ -	£ -

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12 December 2017	ITEM: 13									
Children's Services Overview and Scrutiny Committee										
Children's Social Care Performance										
Wards and communities affected:	Key Decision:									
All	Non-Key									
Report of: Iqbal Vaza, Strategic Lead, Intelligence	Performance Quality and	d Business								
Accountable Assistant Director: She Care and Targeted Outcomes	ila Murphy, Assistant Dir	ector of Children's								
Accountable Director: Rory Patterson, Corporate Director of Children's Services										
This report is Public										

# **Executive Summary**

Thurrock has experienced a high level of demand placed on its statutory social care service for children. Considerable work has been undertaken by the department in managing this demand through improving its early intervention service and managing the front door (MASH) more effectively. There has been a reduction in the number contacts being converted into referrals; easing the demand pressure of children becoming looked after and children being placed on a child protection plan.

The number of children becoming looked after has reduced and this is explained by a reduction in new cases coming into the system and more cases being closed than the previous year. Children on a child protection plan has also seen a reduction in new cases but the number being closed is lower than previous year, in turn the child protection rate has only slightly reduced.

An area of focus is care leavers in education, employment and training. Performance is below eastern region average. Work is being undertaken to improve this position for the next quarter.

Three children have been adopted in year to date, however a number of children are in the process of being adopted. The department is aiming to have at least 11 children adopted by March 2017

### 1. Recommendation(s)

- 1.1 Children's overview and scrutiny to note and provide comments on the new performance management framework has been introduced by the DCS following the recommendation from Ofsted
- 1.2 Children's overview and scrutiny to note and provide comments on the areas of improvement in children's social care, work undertaken to manage demand for statutory social care services, and highlight areas of further investigation for deep dive studies.

### 2. Introduction and Background

- 2.1 This report provides a summary of children's social care performance. It highlights key demand indicators such as number of contacts, trend analyses, benchmarking data and key performance indicators.
- 2.2 Thurrock has a considerable number of performance information and data analyses that is produced to meet internal and external reporting requirements. It is essential that one version of performance information is used by the whole system; from case workers to the senior management team. The data in this report is from the latest performance digest (September 2017 position) and regional benchmarking data (September 2017), which has been presented to social care SMT and DCS Performance Group.

### 3. Benchmarking

- 3.1 Thurrock Council is part of the eastern region, which is made up of 11 local authorities in the east of England. Every quarter local authorities in the region submit data and monitor regional trends and benchmark their local position against the eastern region average.
- 3.2 Thurrock children's social care has a high level of activity (see appendix 1) in comparison to the eastern region. With the exception of contacts all key activity indicators are above the eastern region average. However Thurrock has steadily reduced its contact and referral rate over the past 18 months and has also reduced its S47 enquiries and initial child protection conferences.

Chart 1

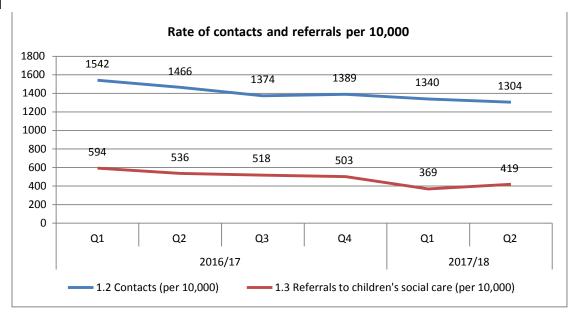
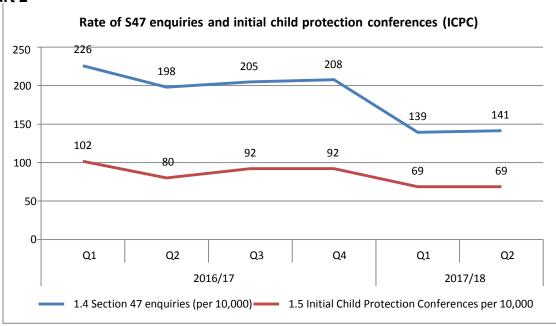
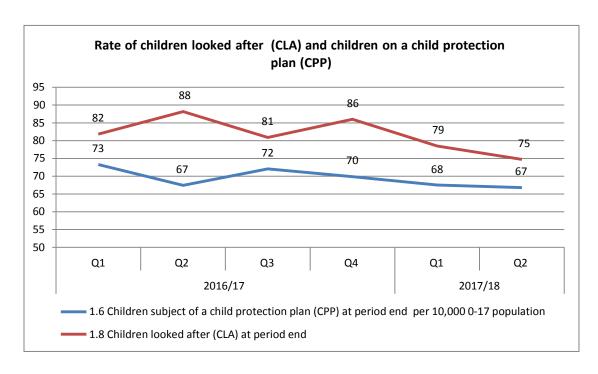


Chart 2



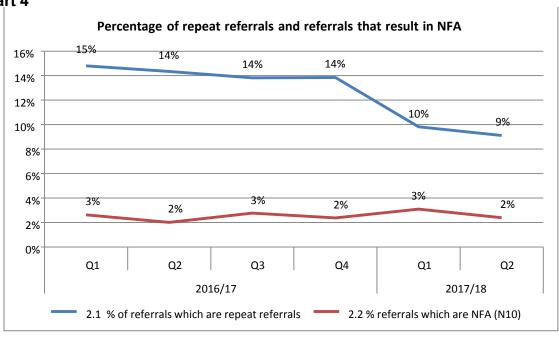
3.3 Rate of children looked after and (CLA) and children on a child protection plan (CPP) has also reduced. This is a good position for Thurrock and reflects the work undertaken over the past 18 months, by the service to manage its demand effectively.

#### Chart 3



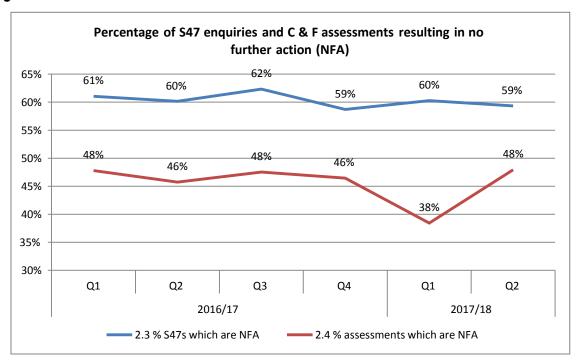
3.4 A high percentage of referrals resulting in NFA and repeat referrals would be a concern. Thurrock has a stable rate of NFA and its repeat referral rate (9%) is below the eastern region average of 21%. This is a good position.

Chart 4



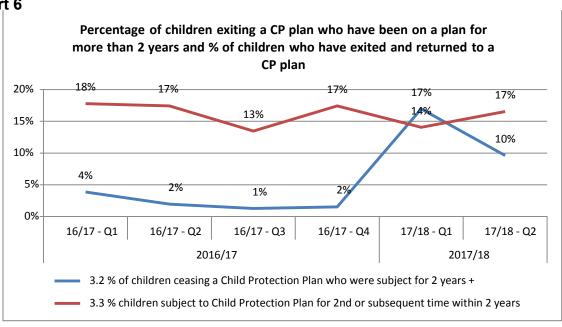
3.5 Thurrock has a higher than average percentage of S47 enquiries and C & F assessments compared to the eastern region. S47 enquiries are 15% points higher and C & F assessments are 12% points higher than the eastern region average.

Chart 5



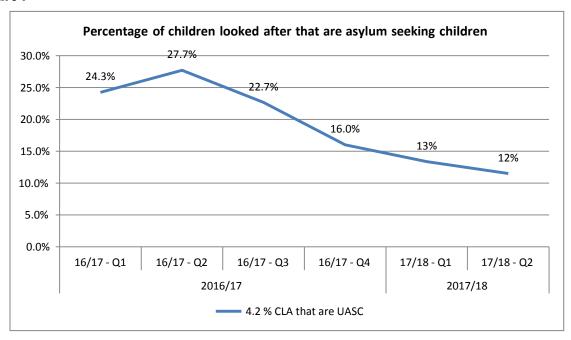
3.6 The percentage of children exiting a child protection plan has increased and the percentage that have exited a CP plan and coming back into the system has remained stable. This indicates work being undertaken to reduce the length of time children remain on a child protection plan.

Chart 6



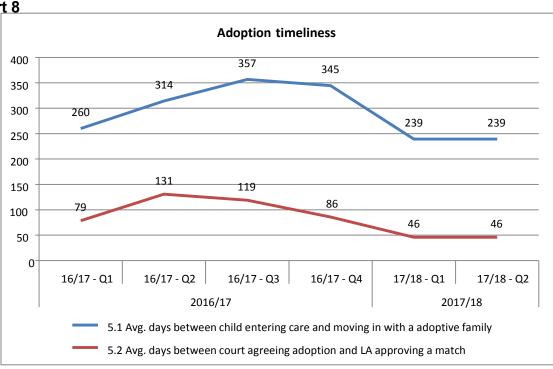
3.7 The percentage of asylum seeking children has reduced to 12%. The eastern region average is 7.2%.

#### Chart 7



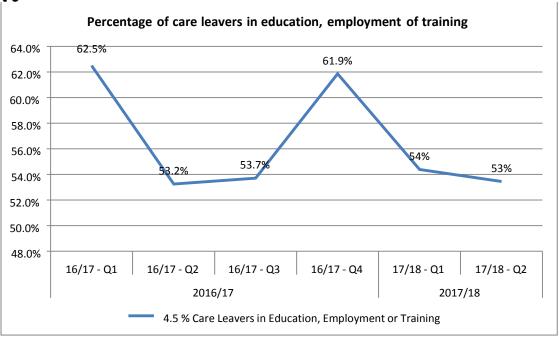
3.8 Thurrock has performed well against its adoption timeliness measures; it is one of the best performing in the eastern region. However the number of children being adopted is at 3% against an eastern region average of 15%.





3.9 Thurrock has just over half of its children leaving care that are in education, employment of training. The current position of 53% is one its lowest performing quarters. The eastern region average is 60%.

#### Chart 9

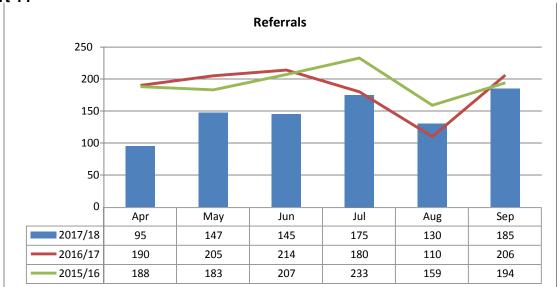


### 3.10 **Demand activity**

This section highlights some of the key measures that monitor demand. The measures are compared against the previous financial years (FY). This indicates when trends in demand change significantly and allows for better planning of resources.

The number of referrals has peaked in September 2017 to 185. This follows a similar trend line to previous financial years. The year to date figure is 877, which is below previous financial years (16/17-1105, 15/16-1164). This indicates a lower conversion rate from contact to referral stage. In April 2016, 2 out of every 5 (40%) contacts were converted into referrals. This figure has now reduced to 1 in 3 (33%). This is good performance.

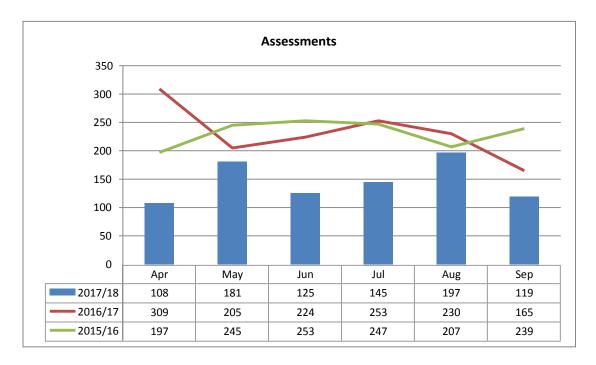
Chart 11



3.11 The number of assessments has reduced to 119 in September 17. This follows a similar trend line to the previous financial year. The year to date figure is 875, which is considerably lower than previous financial years (16/17

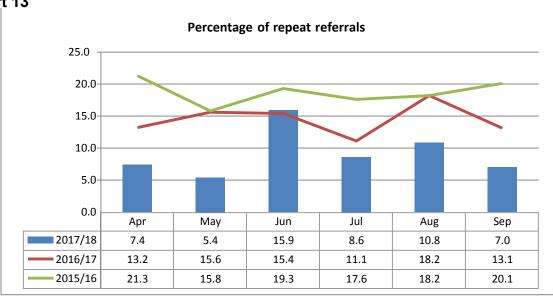
**– 1386, 15/16 – 1388).** 

#### Chart 12



3.12 Percentage of repeat referrals has reduced in September 2017 to 7%. This below previous financial years and indicates the referral process is working effectively.



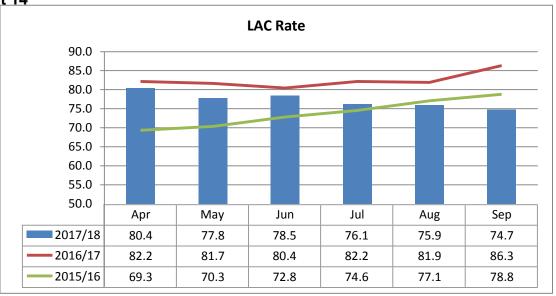


# 3.13 Looked After Children (LAC)

The total number of LAC at 30th September 2017 was 313 compared to 353 at 30th September 2016. The number of LAC has fallen by 40 and for the same period the number of asylum seeking children has fallen by 56. The graph below shows the rate of LAC per month since April 2017 compared to previous years. The rate of LAC has reduced from 86.3 in Sep 16 to 74.7 in

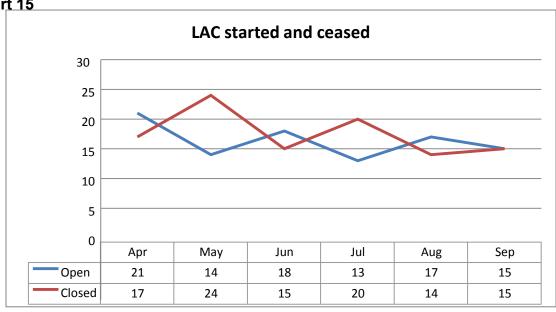
Sep 17. This is still above the latest national rate for LAC (at 31/03/2017) of 62 per 10,000 and statistical neighbours at 66 per 10,000





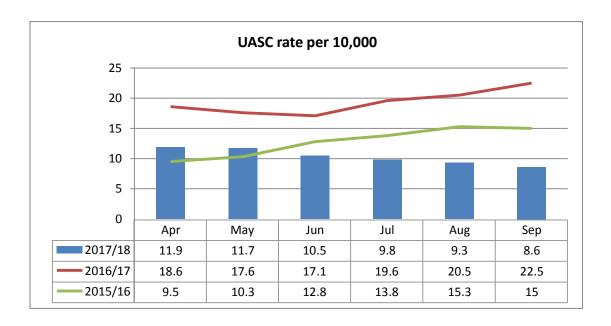
3.14 Thurrock's year to date figure for new cases is 98, which is a reduction of 15 compared to the previous year (113). Thurrock has also closed 15 more cases this year in comparison to the previous year. To date a total of 105 have left care.

Chart 15



3.15 The graph below shows how Thurrock's rates of asylum seeking children numbers have been reducing. The current rate is 8.6 compared to 22.5 last year.

#### Chart 16



#### 3.16 Looked after children placements

Of the 313 looked after children, 125 are currently placed in Thurrock. There has been a focus to increase the percentage of placements within Thurrock. This is cost effective and ensures children are closer to their families and community where they also have access to good schools and other local services. The current position of 40% is an improvement compared to the same period last year where 32% where placed in borough.

The number of LAC cases at the end of September who are under 16 and have been LAC for 30 months or more was 95. Out of these 95 children, 71% have been in long term placements compared to 67% for the same period in 2016. This shows an improvement in long term stability of placements.

Table 1

Short term stability Proportion of LAC in 3 or more placements since 01-Apr-2017	3.8%
Long term stability Percentage of children Under 16 for more than 2.5 years and in current placement for at least 2 years	71%

#### 3.17 Care leaver status and accommodation

The percentage of care leavers in education employment or training (EET) is 53.4%, which is a decrease from April 2017 where 62% were in EET. The percentage of care leavers in suitable accommodation has reduced to 75.9%, which is a decrease of 20% from April 2017.

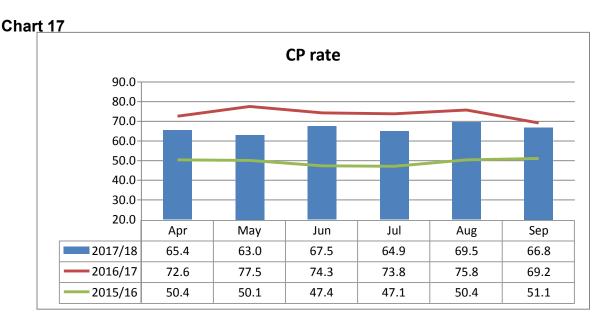
Status	Apr	May	Jun	Jul	Aug	Sep
EET (%)	61.9	57.9	54.4	57.0	56.8	53.4
NEET (%)	33.3	26.3	26.3	20.3	21.1	21.6
Unknown (%)	0.0	2.6	3.5	5.1	5.3	6.0
Missing Data (%)	4.8	13.2	15.8	17.7	16.8	19.0

Accommodation	Apr	May	Jun	Jul	Aug	Sep
Suitable (%)	95.2	86.8	82.5	78.5	78.9	75.9
Unsuitable (%)	0.0	0.0	0.0	0.0	0.0	0.0
Unknown (%)	0.0	0.0	1.8	3.8	4.2	5.2
Missing Data (%)	4.8	13.2	15.8	17.7	16.8	19.0

### 3.18 Children on a child protection plan (CPP)

The rate of child protection plans has remained steady since April 2017. The rate has reduced in comparison to the same period last year (Sep 16: 69 to Sep 17:67). However this is still, significantly higher than the 2016 national average of 43 and statistical neighbour average of 51 per 10,000 children.

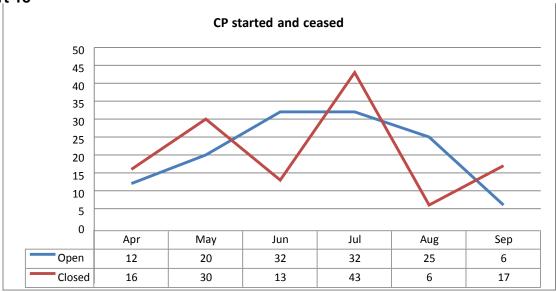
The number of children who are on a child protection plan for a second or subsequent time has reduced from 24 to 21 (compared to the same period last year). This is good performance.



Year to date figure shows 127 child protection plans were started in comparison to 152 last year. This is a reduction of 25 child protection plans.

The number of children ceasing to be subject to a child protection plan year to date is 125. This is less than the 158 for the same period last year.

Chart 18



### 3.19 Child protection reviews

Out of the 38 children protection plan reviews completed in September 17, one was completed out of timescale. Thurrock has reduced the amount of children on a child protection plan for 2 to 3 years and no longer has children on a plan for more than 3 years.

### 3.20 CPP category of need

There is a national focus on 'neglect'. Ofsted are currently conducting thematic inspections with a deep dive study into 'neglect'. As highlighted earlier these inspections are referred to as Joint Targeted Area Inspections.

Thurrock has seen an increase in the number of 'neglect' cases. The current position for September 2017 is 58%. Senior managers in social care are reviewing this trend and considering how to support families more effectively where there are concerns about childhood neglect.

### 3.21 Missing children

At the end of Sep 2017 there were 6 cases of children going missing from their placement and at the same point in 2016 we had 2 cases, representing an increase of 4 children recorded as missing from placement. The increase in recording of missing episodes is a result of better recording practices and training being delivered to carers and social workers.

### 3.22 Adoption and fostering

Three children have been adopted as at 30th September 2017. However, 6 children are placed with adopters, and it is expected that the families will complete the adoption process by the end of financial year. Furthermore, three children are matched with prospective adopters but still waiting to move in with their permanent families due to legal challenges.

Thurrock's projection for end of year adoption is still 11 with the proviso that the legal challenges would be concluded by end of November. However there are issues in relation to non-availability of judges. If these cases are not concluded by end of November, 9 children would be adopted this financial year.

The total number of approved foster carers is 92. The total number of inhouse foster placements occupied is 129.

- 4. Issues, Options and Analysis of Options
  - None
- 5. Reasons for Recommendation
- 5.1 Children's Overview and Scrutiny to note and comment on current performance position
- 6. Consultation (including Overview and Scrutiny, if applicable)
  - None
- 7. Impact on corporate policies, priorities, performance and community impact
  - None
- 8. Implications
- 8.1 Financial

Implications verified by: Nilufa Begum

**Management Accountant** 

No Financial Implications

8.2 Legal

Implications verified by: Lindsey Marks

Principal Solicitor Children's Safeguarding

No Legal Implications

### 8.3 **Diversity and Equality**

Implications verified by: Natalie Warren

Community, Development and Equalities

Manager

There are no direct implications as a result of this report, although the overall monitoring of performance does have the potential to positively or negatively impact

- 8.4 **Other implications** (where significant) i.e. Staff, Health, Sustainability, Crime and Disorder)
  - None
- **9. Background papers used in preparing the report** (including their location on the Council's website or identification whether any are exempt or protected by copyright):
  - None
- 10. Appendices to the report
  - Appendix 1 Eastern Region benchmarking

### **Report Author:**

Iqbal Vaza

Strategic Lead, Performance Quality and Business Intelligence

Strategy, Communications and Customer Service



# Appendix 1

		2016/17	5/17		201	2017/18	FD Ava	Compared to	Dolarity
Indicator	Ø	07	03	Q4	Q1	02	16/17	Eastern Region	Ć III
1.1 Common Assessment Framework completed	392	566	218	195	121	147	149	Lower than ER	Bigger is Better
1.2 Contacts (per 10,000)	1542	1466	1374	1389	1340	1304	1595	Lower than ER	Smaller is Better
1.3 Referrals to children's social care (per 10,000)	594	929	518	603	369	419	375	Higher than ER	Smaller is Better
1.4 Section 47 enquiries (per 10,000)	226	198	205	208	139	141	94	Higher than ER	Smaller is Better
1.5 Initial Child Protection Conferences per 10,000	102	80	92	92	69	69	45	Higher than ER	Smaller is Better
1.6 Children subject of a child protection plan (CPP) at period end per 10,000 0-17 population	73	29	72	70	89	29	31	Higher than ER	Smaller is Better
1.7c Assessments completed in the period	726	9/9	627	604	395	419	388	Higher than ER	Smaller is Better
1.8 Children looked after (CLA) at period end	82	88	81	98	79	<u> 52</u>	09	Higher than ER	Smaller is Better
1.9 Number of children in need at point in time (excluding CLA and children subject to CPP)	163	156	150	145	132	133	137	Lower than ER	Smaller is Better
2.1 % of referrals which are repeat referrals	15%	14%	14%	14%	10%	%6	21%	Lower than ER	Smaller is Better
2.2 % referrals which are NFA (N10)	3%	2%	3%	7%	3%	7%	%/	Lower than ER	Smaller is Better
2.3 % S47s which are NFA	61%	%09	62%	%6 <del>5</del>	%09	%69	<b>45</b> %	Higher than ER	Smaller is Better
2.4 % assessments which are NFA	48%	46%	48%	46%	38%	48%	<b>%9</b> E	Higher than ER	Smaller is Better
2.5c % of single assessments completed in 45	95%	93%	93%	94%	%96	93%	84%	Higher than ER	Bigger is Better
(A): 6 Initial Child Protection Conferences completed (A): 6 Initial Child Protection Conferences completed (A): 7 Initial Child Protection Conferences (A): 7 Initial Child Protection Conferences (A): 7 Initial Child Protection Conferences (A): 7 Initial Child Protection Child	%09	%29	61%	%59	42%	%59	%02	Lower than ER	Bigger is Better
2.7 % of children on a child protection plan seen	71%	74%	%0/	83%			%11		Bigger is Better
68 CLA who had an Initial Health Assessment	N/A	N/A	N/A	N/A			0		Biager is Better
within 20 working days (28 calendar days) of									200
3.1 % of children subject to Child Protection Plan	2.3%	1.4%	3.1%	3.5%	1.1%	0.4%	1.9%	Lower than ER	Smaller is Better
3.2 % of children ceasing a Child Protection Plan who were subject for 2 years +	4%	2%	1%	2%	17%	10%	3%	Higher than ER	Smaller is Better
3.3 % children subject to Child Protection Plan for	18%	17%	13%	17%	14%	17%	11%	Higher than ER	Smaller is Better
3.4 % children started to be CLA who had been	4%	4%	3%	%6	5%	6%	%6	I ower than FR	Smaller is Better
CLAwithin previous 12 months	2	2	2	2/4	2	800	8		
4.1 Children who had three or more placements in the year [Definition: old NI62]	3.3%	4.6%	10.1%	7.4%	4%	%8	8.6%	Lower than ER	Smaller is Better
4.2 % CLA that are UASC	24.3%	27.7%	22.7%	16.0%	13%	12%	7.2%	Higher than ER	Bigger is Better
4.3 % of under 18 population that are asylum	0.5%	0.5%	0.2%	0.1%	%0	%0	%0.0	Higher than ER	Bigger is Better
4.4 CLA Attendance	%8.99	85.9%	83.2%	76.1%	%9/	%58	83.8%	Higher than ER	Bigger is Better
4.5 % Care Leavers in Education, Employment or	62.5%	53.2%	23.7%	61.9%	54%	%89	%2'69	Lower than ER	Bigger is Better
<ol><li>5.1 Avg. days between child entering care and moving in with a adoptive family</li></ol>	260	314	357	345	239	239	431	Lower than ER	Smaller is Better
5.2 Avg. days between court agreeing adoption and LA approving a match	62	131	119	98	46	46	190	Lower than ER	Smaller is Better
5.3 % leaving care who are adopted	4%	%9	%/	%8	%9	3%	15%	Lower than ER	Bigger is Better
5.4 % LAC adopted in year placed within 12	100%	100%	100%	100%	100%	100%	%9/	Higher than ER	Bigger is Better



12 December 2017		ITEM: 14
Children's Services Overvi	ew and Scrutiny (	Committee
Ofsted Inspection Action P	lan - Update	
Wards and communities affected: Key Decision:  All Non-Key		
Report of: Sheila Murphy, Assistant Director for Children's Care and Targeted Outcomes		
Accountable Assistant Director: She Care and Targeted Outcomes	eila Murphy, Assistant Dir	ector for Children's
Accountable Director: Rory Pattersor	n, Corporate Director for	Children's Services
This report is Public		

### **Executive Summary**

This covering report provides an update on the progress against the Ofsted Inspection Action Plan.

- 1. Recommendation(s)
- 1.1 That Children's Overview and Scrutiny note and provide comment on the current progress and direction of travel in completing the required actions from the Ofsted Action Plan.
- 2. Introduction and Background
- 2.1 All local authorities in England are currently inspected under the Single Inspection Framework (SIF) over a three-year cycle. The Children's Safeguarding Board is inspected at the same time. The Ofsted inspection of Thurrock services for children in need of help and protection, children looked after and care leavers took place between 22.2.16 17.3.16.
- 2.2 In response to the recommendations of the Ofsted Report the department completed an action plan detailing what work would be undertaken to address the areas of improvement. The improvement plan is currently being refreshed to acknowledge actions that have been completed and to keep a focus on further improvements required going forward. The refreshed improvement plan and action plan will be presented to the next overview and scrutiny committee.

### 3. Issues, Options and Analysis of Options

- 3.1 Services to children, young people and families in Thurrock were judged to 'Require Improvement' by Ofsted. The inspectors stated in their report that 'children and young people were found to be safe during this inspection, with none identified who were at immediate risk of significant harm without plans and services being in place to reduce these risks and to meet their needs'.
- 3.2 Ofsted made 16 recommendations in relation to practice improvements that were required in Thurrock. Other key areas of concern included:
- 3.3 The instability of the social care workforce. The service was dependent on a high proportion of agency social workers, although it was acknowledged that a range of creative ideas had been implemented to improve recruitment; there has been a significant improvement made in this area, particularly in the recruitment of permanent Team Managers in the Children and Families Assessment Team (CFAT) and the Family Support Teams (FST). There has been an increase in the permanent recruitment of Social Workers in CFAT, FST and the Team for Disabled Children, who no longer have any agency staff members. The number of agency social workers has reduced from 58 to 42 and permanent recruitment is ongoing.
- 3.4 The service for children looked after was not consistent and too many children became looked after on an emergency basis. A new service has been established to strengthen our approach to early intervention and prevention. Previous audits have suggested that the number of emergency admissions has decreased. However this area of activity will continue to be monitored to ensure that progress continues to be made. A review of the impact of our Brighter Futures Prevention Service will be undertaken later this year to examine the impact of the service.
- 3.5 More needed to be done to increase the number of in-house foster carers as too many children and young people were placed out of the borough; The outcome of IMPOWER audit and review has informed a new recruitment strategy. It is estimated that by March 2018, 12 new families would be added to the fostering portfolio. Currently, more children are now placed with inhouse foster carers than Independent Fostering Agencies (IFA). A greater proportion of children are being placed within Thurrock but more needs to be done to improve in this area. A business case is being developed to 'invest to save' with a dedicated recruitment team to target additional recruitment of foster carers. A new fostering recruitment drive has been launched in October, with a new set of publicity material with the strap line 'Make a Difference'. The event in Grays town centre was very well attended and we will be monitoring in the coming months, how many fostering households we recruit from this event. There will also be a fostering recruitment presence at the shop in Lakeside for the Give a Gift event.
- 3.6 Management oversight needed to be improved and regular supervision needed to be in place. The service has in place reporting mechanisms to

report on the regularity of supervision within required timescales (supervision to take place monthly), this information is scrutinised at the monthly performance meetings chaired by the Assistant Director, with all Service Managers in attendance. Remedial action is taken as required following these meetings. A programme of monthly audits are in place and the audit template has a section on management oversight and supervision for each case audited. Current performance indicates that more work needs to be undertaken to improve the quality of management oversight. Further work is being undertaken to clarify expected management standards and to drive performance to be consistently good. A Team Managers' monthly performance report has been introduced since September and there is a section for the managers to report on monthly supervision requirements with opportunity to set out improvements in place within each team.

- 3.7 The organisation's use of management information and quality assurance was poor and this impedes improvement; Social Care managers have advised and supported the data team to provide a performance data digest and that is regularly scrutinised by the Senior Management Team and the Corporate Director of Children's Services on a monthly basis to drive up performance. There is a Quality Assurance Framework for auditing cases and using the learning from these, with quality as its main focus. However, whilst there has been some investment into ensuring that there is a full suite of data available to managers and that there is regular monthly audit activity taking place, there is still a need to imbed this fully into practice.
- 3.8 Thurrock had its first concurrent fostering to adopt placement in April 2017. The second concurrent fostering to adopt placement has recently taken place. The permanency planning for these children has taken place prior to birth. Further work is being done to streamline the pathways of children in care to increase the number of adoptions and reduce the number of children, below 5 years old, leaving care with Special Guardianship Orders (SGO's).
- 3.9 A project is being started to target looked after children whereby SGO's (and adoption) could be used to provide permanency for those children who have been in foster care for a period of time. This will have the effect of achieving permanence for children and reducing the number of children looked after.
- 3.10 The improvement Board continues to meet monthly to ensure that all of the recommendations and other areas for improvement have been implemented. The Board is chaired by the Corporate Director of Children's Services.
- 3.11 Ofsted is introducing a new inspection framework from January 2018, the Inspection of Local Authority Children's Services (ILACS). Those authorities who were judged Requires Improvement will receive a standard inspection (2 weeks duration) once in a 3 year period and up to 2 focused visits in-between inspections. The Ofsted focused visits will be of a particular area of service or cohort of children. A narrative letter will be published following a focused visit and these visits will inform Ofsted's decision about when to inspect a local

authority. Additionally, there will be an annual conversation with Ofsted and social care departments will be expected to submit an annual self- evaluation which must evidence improvement. While this is discretionary, failure to do so could trigger a full inspection of the service.

3.12 Effective progress continues to be made across all areas of the plan and additional input is being provided to address those areas that require this to remain on track. For example, the Signs of Safety training is being rolled out to all staff, this will focus on a strengths based approach to working with families that will drive up assessment quality and provide a consistent framework of intervention. There is still a strong focus on analysing and understanding our data in relation to missing children and Child Sexual Exploitation (CSE) and we continue to utilise additional resources for these tasks to ensure that Return Home interviews and CSE risk assessments are completed in a timely way. The quality and timeliness of these continue to improve.

#### 4. Consultation

- None
- 5. Impact on corporate policies, priorities, performance and community impact
- 5.1 The completed action plan will allow the council to meet and improve upon its core statutory functions in the delivery of services for children in need of help and protection, children looked after and care leavers.
- 6. Implications
- 6.1 Financial

Implications verified by: Nilufa Begum

**Management Accountant** 

There are no financial implications

6.2 Legal

Implications verified by: Lindsey Marks

Principal Solicitor for Children's Safeguarding

There are no Legal implications

6.3 **Diversity and Equality** 

Implications verified by: Rebecca Price

**Community Development Officer** 

Whilst there are no direct implications from this report, the work to implement the Ofsted Inspection Action Plan will strengthen our ability to meet and improve the delivery of services for children in need of help and protection; children looked after and care leavers

- 6.4 **Other implications** (where significant) i.e. Staff, Health, Sustainability, Crime and Disorder)
  - None
- 7. Background papers used in preparing the report (including their location on the Council's website or identification whether any are exempt or protected by copyright):
  - Ofsted Single Framework Inspection Report dated 24.5.16
- 8. Appendices
  - None

### **Report Author:**

Sheila Murphy
Assistant Director for Children's Care and Targeted Outcomes
Children's Services



## Children's Services Overview and Scrutiny Committee Work Programme 2017/18

Dates of Meetings: 11 July 2017, 10 October 2017, 12 December 2017 and 13 February 2018

Topic	Lead Officer	
11 July 2017		
Youth Cabinet Report	Michelle Lucas	
Ofsted / peer review – Progress report		
Looked after Children (tbc)		
Education Transport	Sue Green	
Placement Commissioning	Sue Green	
10 Octo	ober 2017	
LSCB Feedback	Alan Cotgrove	
Youth Cabinet Update	Pat Kielty	
2016/17 Annual Complaints and Representations Report	Tina Martin	
Schools Performance	Roger Edwardson	
Peer Review Special Educational Needs and Disabilities Support across the Local Area	Malcolm Taylor	
Children's Social Care Performance	Iqbal Vaza	
Ofsted Inspection Action Plan – Update	Sheila Murphy	

12 December 2017		
LSCB Update	Alan Cotgrove	
Youth Cabinet Update	Pat Kielty	
Emotional Wellbeing and Mental Health Service Update	NELFT	
Annual Public Health Report	Tim Elwell-Sutton	
Adoption and Permanence	Andrews Osei / Sheila Murphy	
Care Leaver Housing	Rory Patterson	
Alternative Provision	Rory Patterson	
Fees & Charges Pricing Strategy 2018/2019	Michele Lucas / Sheila Murphy	
Social Care Performance	Iqbal Vaza	
Social Care Update on Post Ofsted Action Plan	Sheila Murphy	
13 February 2018		
LSCB Update	Alan Cotgrove	
Youth Cabinet Update	Pat Kielty	
Children Missing Education	Malcolm Taylor	
Fostering Recruitment	Andrews Osei / Sheila Murphy	
Brighter Futures Service	Clare Moore	
Social Care Performance	Iqbal Vaza	
Full SEN Review and Update on Action Plan	Malcolm Taylor	
Short Breaks and Support Services for Disabled Children	Sue Green	
Schools Performance – update on GCSE results data (briefing note of 1 – 2 pages only)	Roger Edwardson	

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